

# Mountaineer Advising Planner 2020-2021



Your guide to advising and campus resources



**Academic Advising and Orientation Center  
University College**

# advising planner

**2020-2021**



**Your guide to advising and campus resources**

**Appalachian**  
STATE UNIVERSITY

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Appalachian State University is committed to equality of educational opportunity and does not discriminate against applicants, students, or employees on the basis of race, color, national origin, religion, gender, age, disability, or sexual orientation. Appalachian also actively promotes diversity among students and employees.

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Watch for

**INFORMATION  
FOR TRANSFER  
STUDENTS**

throughout the  
Planner.

The Academic Advising and Orientation Center is a unit within Appalachian's University College. University College consists of the University's integrated general education curriculum, academic support services, and co-curricular programming—all designed to support the work of students both inside and outside of the classroom.



Get Yosef Ready to  
Be a Mountaineer!  
*your guide to working  
with your advisor*

# Where can I find academic help?

*These services are available at no additional cost to undergraduates.*

## **Academic Strategy Instruction** | [studentlearningcenter.appstate.edu/study-strategies](https://studentlearningcenter.appstate.edu/study-strategies)

Academic Strategy Instruction provides strategies for academic success to all undergraduates at Appalachian State through elective classes, peer academic coaching, individual consultations, standardized test preparation and online support.

246 D. D. Dougherty

(828) 262-3044

## **Academic Success Workshops (Office of Student Success)** | [studentsuccess.appstate.edu/students](https://studentsuccess.appstate.edu/students)

These 90-minute workshops offer tips and resources for remaining in or regaining good academic standing.

238 I.G. Greer

(828) 262-6987

## **As-U-R** | [studentlearningcenter.appstate.edu/as-u-r](https://studentlearningcenter.appstate.edu/as-u-r)

As-U-R is a program focused on supporting students with executive function challenges (EFCs). Skills related to academic success such as organization, planning and setting priorities, getting started and completing tasks, monitoring progress on tasks, and decision-making are referred to as executive function skills. As-U-R support includes intensive weekly academic mentoring/coaching, access to drop-in or appointment-based support, seminar-style courses, and learning assistance technology.

213 A Edwin Duncan

(828) 262-6332

## **Library Research Assistance** | [library.appstate.edu/gethelp/rap](https://library.appstate.edu/gethelp/rap)

The Research Advisory Program (RAP) provides students the opportunity to meet with a librarian for in-depth reference assistance to identify appropriate sources for a research topic.

Library Reference Desk, Belk Library and Information Commons

(828) 262-2818

## **Services for Students with Disabilities** | [odr.appstate.edu](https://odr.appstate.edu)

The Office of Disability Resources (ODR) is the designated office to assist eligible students, faculty, staff and visitors with disabilities by determining access needs and coordinating academic adjustments or workplace accommodations in accordance with the Americans with Disabilities Act (ADA) and the Rehabilitation Act (Section 504).

Suite 112 Anne Belk

(828) 262-3056

## **Student Support Services (SSS)** | [studentlearningcenter.appstate.edu/sss](https://studentlearningcenter.appstate.edu/sss)

The Student Support Services program provides services to low income and/or first generation college students. Services include long-term academic and personal advising, early assessment of academic progress, priority tutoring, a mentoring program for first-year students, as well as help with course selection, four year planning, financial aid assistance and financial literacy, career exploration and development including post graduate planning, and a scholarship program for first-year students and sophomores who qualify for the federal Pell Grant.

224 D. D. Dougherty

(828) 262-2291

## **University Tutorial Services (UTS)** | [studentlearningcenter.appstate.edu/tutoring-services](https://studentlearningcenter.appstate.edu/tutoring-services)

208 D. D. Dougherty

(828) 262-3060

### **Learning Labs** | [studentlearningcenter.appstate.edu/tutoring-services/learning-labs](https://studentlearningcenter.appstate.edu/tutoring-services/learning-labs)

UTS also offers a number of campus drop-in Learning Lab settings where students receive free tutorial assistance without an appointment. Learning Labs are available for chemistry, math, physics, biology, computer science, geology, and College of Business courses.

### **LEAD Tutoring** | [studentlearningcenter.appstate.edu/tutoring-services/lead-tutoring-schedules](https://studentlearningcenter.appstate.edu/tutoring-services/lead-tutoring-schedules)

LEAD Tutoring provides collaborative learning review sessions for challenging courses such as chemistry.

### **Small Group Tutoring** | [studentlearningcenter.appstate.edu/tutoring-services/small-group-tutoring](https://studentlearningcenter.appstate.edu/tutoring-services/small-group-tutoring)

Small group tutoring is available for most introductory and some specialty courses, depending on demand. Students can choose in-person or online tutoring options.

## **University Writing Center** | [writingcenter.appstate.edu](https://writingcenter.appstate.edu)

The University Writing Center offers assistance to plan, improve, and revise written work.

204 Belk Library and Information Commons

(828) 262-3144



*D.D. Dougherty Hall is named after one of the University's founders and used to be the library building. It now houses the Academic Advising Center and the Student Learning Center.*

# Using Your Mountaineer Advising Planner

This *Mountaineer Advising Planner* is for your use as a supplemental resource throughout your first year at Appalachian and beyond. The first few pages will help you organize your advising information and experiences. The rest of the *Planner* is divided into segments designed to acquaint you with the academic policies and campus resources, as well as to assist you in planning your semesters at Appalachian, both inside and outside the classroom.

Please be sure to bring your *Mountaineer Advising Planner* with you when you meet with your academic advisor. You will use this planner, as well as information you gather throughout Orientation, to assist you and your advisor in developing your educational plan.

## Student and Advisor Responsibilities

The main goal of advising is your academic success, and your advisor is committed to that goal. However, you are responsible for your education. Your advisor is just that—an advisor; he or she is an important resource for your academic success, but you need to determine your goals and learn the requirements that must be met to achieve your goals.

### **As a student admitted to Appalachian State University, I will**

- Enroll in appropriate courses as indicated by test results and academic requirements.
- Consult with my advisor at least once per semester before registering.
- Come prepared for my academic advising appointment.
- Become familiar with Appalachian's policies and procedures and understand my major, minor, and the requirements to graduate.
- Check my Appalachian email frequently for messages from my advisor.
- Make and keep appointments or call to change or cancel an appointment.
- Attend class and talk to my instructors if I have any questions or concerns.
- Make decisions concerning careers, choice of majors, and selection of courses.
- Take responsibility for my decisions.
- Learn about and use campus resources.
- Declare my major when I am eligible to do so.
- Let my family know, in a timely manner, what's going on with me.

### **In return, my academic advisor will**

- Confer with me about course selection for General Education and my major.
- Answer questions regarding University requirements, policies, and procedures when I can't find the answers on my own.
- Refer me to University resources that can help me.
- Help me explore courses, majors, career plans, and alternatives.
- Encourage my individual, academic, and personal development.
- Keep appointments or call or e-mail to change or cancel an appointment.
- Provide accurate and specific information.
- Listen to me.
- Communicate with my family, if necessary, in an appropriate way (see FERPA).

# Your Required Advising Appointment

## Be Prepared When You Meet with Your Advisor

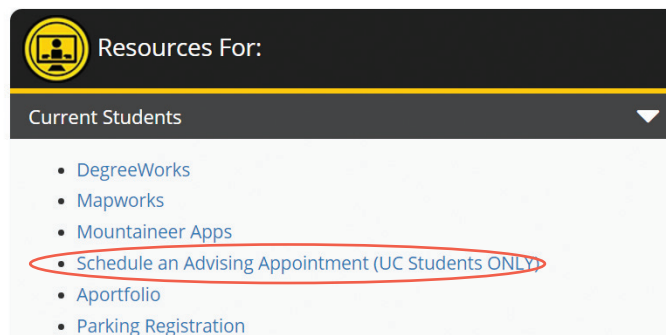
- ❑ Use this *Advising Planner* to review your General Education requirements.
- ❑ To obtain a Program of Study for your major, visit [bulletin.appstate.edu](http://bulletin.appstate.edu). Click on the Undergraduate Bulletin that corresponds with your catalog year. In most cases, your catalog year is the academic year in which you started at Appalachian. Once you have opened your Undergraduate Bulletin, click on Programs of Study to find the requirements for your major. Also check out the Four Year Guide for your major at [fouryearguides.appstate.edu](http://fouryearguides.appstate.edu).
- ❑ Compare Gen Ed requirements and major requirements: Do some of your Gen Ed classes also count toward your major? Check DegreeWorks for a thorough breakdown of what classes you still need and of how your current and completed classes are being applied to Gen Ed, your major/minor/concentration, or electives.
- ❑ Create a list of 5-6 courses you want to take. List alternates in case your first choices are not available. Jot down any questions that come to mind so you can ask your advisor during your advising appointment. Coming to your advising appointment prepared lets you and your advisor get some real work done together!

DegreeWorks is an online tool you will use to track your progress towards graduation. Log in through [appalnet.appstate.edu](http://appalnet.appstate.edu) or directly at [dw.appstate.edu](http://dw.appstate.edu).

## AppalNet



Log in to AppalNet Self Service



To schedule an appointment with a University College advisor, go to [appalnet.appstate.edu](http://appalnet.appstate.edu) and click on “Schedule an Advising Appointment.” You can also call the Academic Advising Center at 828-262-2167 for help scheduling an appointment.

## Who has required advising?

1. All new students must be advised regardless of how many hours they transfer to Appalachian.
2. Continuing students who have fewer than 30 earned hours, undeclared students with 60 or more earned hours and students who are on academic probation also have required advising.

Students with required advising must get an Alternative PIN (or PIN) from their advisor before they can register for the next term.

Your academic advisor may not be the same advisor you work with during Orientation. You will receive notification, if there is a change, of your new academic advisor's name soon after the start of your first semester. Your advisor's name will also be listed on DegreeWorks. Visit [advising.appstate.edu](http://advising.appstate.edu) to find out more about advising in University College.

# Getting Credit Where Credit Is Due

## **Petitioning Transfer Elective Credit**

Credits transfer differently from each institution. You should carefully review your Transfer Coursework Evaluation by selecting the “Class History” link on your DegreeWorks audit worksheet. A student may petition to have any course designated as Elective credit equated to a specific Appalachian course by initiating the Transfer Coursework Petition process. Please visit the Office of Transfer Services website for information on the petition process: [transfer.appstate.edu/current-students/petitioning-credit-visiting-coursework-unc-online](https://transfer.appstate.edu/current-students/petitioning-credit-visiting-coursework-unc-online).

## **Advanced Placement Examination Credit Policy (AP)**

Each AP Exam is given an overall grade of 1, 2, 3, 4, or 5, with 5 indicating a student who is extremely well qualified to receive college credit and/or advanced placement. Appalachian does not accept any scores lower than “3.” Please visit our Credit by Examination site for more information on receiving college credit for AP examinations: [transfer.appstate.edu/node/443](https://transfer.appstate.edu/node/443).

## **International Baccalaureate Credit**

The International Baccalaureate Organization’s Diploma Program is a demanding two year, pre-university course of study that leads to examinations. It is designed for highly motivated secondary school students aged 16 to 19. Similar to Advanced Placement (AP) examinations, students enrolled in the International Baccalaureate (IB) Diploma Program can earn credit hours or advanced placement in college courses.

Appalachian’s IB Credit Policy undergoes a continual process of evaluation and as a result, the courses and credits received for each subject exam may change. For more information, you should consult [transfer.appstate.edu/node/443](https://transfer.appstate.edu/node/443).

## **Military Credit**

Appalachian grants up to eight semester hours of military science credit to most veterans. The University may grant specific course credit for completion of certain types of military schools and for some CLEP work. To obtain an application, students should call (828) 262-6820. Veterans must provide a copy of their Joint Services Transcript for review. For more information, visit [transfer.appstate.edu/prospective-students/transferring-credits/military-credit](https://transfer.appstate.edu/prospective-students/transferring-credits/military-credit).

## **Cambridge International AS & A Levels**

Appalachian grants some credit for students who complete Cambridge International AS & A Levels. For the complete credit policy and course equivalencies, visit [transfer.appstate.edu/node/443](https://transfer.appstate.edu/node/443).

Are you an Early College High School student? If so, be sure to discuss your transcript thoroughly with your advisor and start working immediately on your academic plan for your next few semesters.



# Placement Testing

## Accessing Placement Testing

[orientation.appstate.edu/testing](http://orientation.appstate.edu/testing)

## Language Placement Tests

The French, German, and Spanish placement tests are online tests. Each exam contains questions on grammar, vocabulary, and reading comprehension. The online test (Part 1) takes 20-30 minutes to complete. Depending on your score, you may also be asked to do a writing sample (Part 2), which takes an additional 20-30 minutes. We expect you to do your own work on this exam.

### You need the exam if:

- you took French, German, or Spanish previously and you're considering taking this language at Appalachian.
- you took the placement test previously, but allowed nine months or more to elapse without enrolling in a French, German, or Spanish course.
- you are a transfer student who has taken courses in French, German, or Spanish at another institution. Students with at least 3 hours of transfer credits in a language may register for the next level of the course without a placement test score, but are encouraged to take the placement test to ensure an accurate placement.

### You do NOT need the exam if:

- you have no prior experience studying a language. Students without prior experience in a language may register for the beginning course in that language (SNH 1010, FRE 1010, or GER 1010) without having taken the placement test.
- you do not plan on studying French, German, or Spanish because they are not required for your major program of study.

Students with previous experience in Arabic, Chinese, Japanese, Portuguese, or Russian who do **not** think they belong in a beginning class should contact one of the professors at this link for assessment: [orientation.appstate.edu/language-placement](http://orientation.appstate.edu/language-placement).

## Directed Self-Placement for Rhetoric and Composition

We believe that you know your own abilities as a writer more fully than we do; thus, you will decide how you will begin your study of writing at Appalachian.

During this session at Orientation, students will receive more information on selecting their writing courses within Appalachian's Vertical Writing Model, which requires students to earn credit for at least one writing course during each of their four years at Appalachian. Rhetoric and Composition (RC) 1000 fulfills the first-year writing requirement, but some students elect to take RC 2000 concurrently with RC 1000 to help build the foundation needed for success in future writing courses. Students who feel they are strong writers may attempt a Challenge Essay to earn credit for their first-year writing course.

Finally, students will discuss their choice of writing courses with their academic advisor if they still have questions. Faculty members of the Rhetoric and Composition Program will also be available for consultation with students and/or advisors following the session.

[compositionprogram.appstate.edu/students/directed-self-placement](http://compositionprogram.appstate.edu/students/directed-self-placement)

*Not sure if you need to take a foreign language? Go to [bulletin.appstate.edu](http://bulletin.appstate.edu). Then click on the Undergraduate Bulletin that corresponds with your catalog year. Once you have opened your Undergraduate Bulletin, click on Programs of Study to find the requirements for your major.*

Studying another language enhances your appreciation of other cultures and opens up more opportunities for studying abroad.

# Placement Testing continued

## Math Placement Test

Take this test if you scored below 550 on your SAT Math test or below 22 on your ACT Math test. You are allowed to take this test only **once**.

**Students with AP Credit:** You DO NOT need to take the test if Appalachian has awarded you AP math credit.

**Transfer Students:** You DO NOT need to take the test if Appalachian is awarding you college level transfer math credit. If you have fewer than 4 hours of college level math credit, talk to your advisor about what additional math you should take.

### What if I don't pass the Math Placement Test?

You will be prompted to take MAT 0010, Developmental Math; you should confer with your academic advisor to be sure. This course teaches basic algebra skills and must be taken by students who do not pass the Math Placement Test.

MAT 0010 DOES NOT count for credit toward graduation or classification; however, it is a graded course and is included in your grade point average. An additional mathematics course is needed to complete the General Education Quantitative Literacy requirement. You may not take any other Quantitative Literacy or Science Inquiry courses until you pass MAT 0010.

## Calculus Readiness Test

Take this test if you are planning to pursue a major that requires Calculus With Analytic Geometry I (MAT 1110). You should consult your major program of study ([bulletin.appstate.edu](http://bulletin.appstate.edu)) to determine if your intended major(s) require Calculus I (MAT 1110).

**Students with AP Credit:** You DO NOT need to take the test if you have earned Calculus I (MAT 1110) AP credit. If you are currently taking AP Calculus, you should take the Calculus Readiness Test anyway. If you score a 3 or higher on your AP test, the AP credit will override the placement test score.

**Transfer Students:** You DO NOT need to take the test if you have college transfer credit for Precalculus (MAT 1025) or Calculus I (MAT 1110).

### What if I don't pass the Calculus Readiness Test?

Students who do not pass the Calculus Readiness Test can take Precalculus (MAT 1025). This course will not complete the Quantitative Literacy requirement for General Education; however, it is a prep course for Calculus I (MAT 1110).

Another option for students who do not pass the Calculus Readiness Test is the ALEKS course. ALEKS is an adaptive learning software which allows students who come close to passing the test to refresh their skills and move into Calculus I (MAT 1110) without having to spend a whole semester taking Precalculus (MAT 1025). Ask your advisor about the ALEKS course.

## Chemistry Placement (Toledo Test)

The Toledo Test is a placement exam designed to evaluate how well a student is prepared for college-level introductory chemistry. There are 20 math questions that cover math skills up to and including college level algebra. If you are required to take the test, your advisor will let you know and you will take it at Orientation.

INFORMATION  
FOR TRANSFER  
STUDENTS

If you have a documented disability, you may request testing accommodations for your placement tests. For details, call the Office of Disability Resources at (828) 262-3056 or visit [odr.appstate.edu](http://odr.appstate.edu).

# Avoid These Rookie Mistakes!

1. Different sections of the same course may meet at the same time but in different rooms—pay attention to your course section number (the three-digit number after the course number) and the room where it meets as well as the time it meets.
2. The Dougherty family founded Appalachian, so there are a lot of buildings named after them—B. B. Dougherty, D. D. Dougherty, and L. S. Dougherty. Pay attention so you make it to the correct one!
3. There are also three buildings on campus that are, or used to be, libraries. The Belk Library and Information Commons is the current library. Anne Belk is the old library, but is now a classroom building. D. D. Dougherty is the old old library, but now houses University College Academic Advising as well as Tutoring Services and the Student Learning Center.
4. When you see the letter “R” on your schedule, that means Thursday and you should go to class that day! “U” means Sunday, but luckily there aren’t many classes that meet on the weekend!
5. Chemistry labs usually list two meeting locations. One room is used for pre-lab instruction and the other room is the actual lab. Check your email and your AsULearn for notification from your lab instructor about which room you should go to first.
6. If you try to register for a class and the system won’t let you, make sure it’s offered on the Main Campus (MC) and not at an off-campus location (EX). Only Honors students will be able to register for course sections starting with 4. (4XX).
7. Don’t forget your AppCard when you leave your residence hall. The doors lock automatically and your AppCard is your key back in!
8. Be careful about taking academic advice from parents, siblings, friends, or random strangers. The Gen Ed and major curricula change frequently and are not the same as when Uncle Frank was a Mountaineer back in the day! Always get your advisor’s input!

Remember to check your Appalachian email frequently. You will miss important information if you don’t!



# Quick Guide to Academic Regulations & Policies

Even though you have access to an advisor to help you, it is your responsibility to understand and complete your graduation requirements in accordance with the University's policies. Understanding the following policies can help you get to graduation on time. Consult the *Undergraduate Bulletin*, the *Mountaineer Advising Planner*, or your advisor if you need clarification. **This list is not meant to be exhaustive—see the *Undergraduate Bulletin* for additional important policies.** [bulletin.appstate.edu](http://bulletin.appstate.edu)

## 0.0 GPA Policy

Any full-time student enrolled in his or her first semester who earns a 0.0 GPA will be academically suspended. He/she may return under one of the Forgiveness Policies (see p. 19).

## Academic Probation

If you fail to maintain the required cumulative 2.0 GPA, you will be placed on academic probation. You then have two regular semesters in which to regain good academic standing before you are suspended (see pp. 18 and 19). (Exception: see 0.0 GPA Policy above.)

## Academic Standing and Satisfactory Academic Progress

You need to maintain a cumulative 2.0 GPA to remain in good academic standing at Appalachian (see p. 18). In addition, you must earn at least 67% of the hours you attempt or you will receive an alert that you aren't making satisfactory academic progress. These are two totally separate policies, but trouble with one can lead to trouble with the other. Keep in mind, you may need an even higher GPA for your major.

## Dropping Courses and Replacing Grades

You 4 career drops and 4 grade replacements the whole time you're at Appalachian. Drops must be used before the deadline published on the Academic Calendar for each semester (see [registrar.appstate.edu](http://registrar.appstate.edu)). See pp. 40 and 42 for more on these policies.

## Mandatory Major Declaration

You must declare your major by the time you have 60 earned hours or you won't be able to register until you meet with your advisor. The earliest you can declare is when you have 30 earned hours, a 2.0 GPA (or the minimum GPA required for your major), credit for RC 1000, and UCO 1200 completed or in progress (see p. 23). You can declare your major by logging into AppalNet Self Service. Go to "Student" and then "Student Records."

## NC Residency Determination

To qualify for in-state tuition rates, students must prove that they are NC residents by filling out a form through the NC Residency Service. For more information, visit [ncresidency.cfnc.org/residencyInfo/](http://ncresidency.cfnc.org/residencyInfo/).

## Required Advising

All students with fewer than 30 earned hours have required advising. New transfers have required advising their first semester regardless of how many hours they have if they have not declared their major. Any student on academic probation will have required advising regardless of earned hours. Any undeclared student who has 60 or more earned hours will also have required advising regardless of GPA (see p. 2). Once a student has officially declared a major (see p. 23), departments and colleges may have different guidelines for required advising.

## Withdrawal Policy

Students who find it necessary to withdraw (i.e., discontinue all classes) for the current term or a future term should visit [registrar.appstate.edu/resources/policies/academic-policies/withdrawal-policy](http://registrar.appstate.edu/resources/policies/academic-policies/withdrawal-policy) for more information on the withdrawal process.





# What Does it Take to Be a Mountaineer?

*understanding your  
degree requirements*

# Where can I find help understanding my degree requirements?

*These services are available at no additional cost to undergraduates.*

## **Academic Advising Center, University College | [advising.appstate.edu](http://advising.appstate.edu)**

Academic Advising supports students who have not yet declared a major in the identification and achievement of their educational goals. An advisor is an important resource for academic success but students are ultimately responsible for their educational plans.

101 D. D. Dougherty

(828) 262-2167

## **Academic Departments & Colleges | [studentsuccess.appstate.edu/faculty-staff/advising-resources-faculty-and-staff](http://studentsuccess.appstate.edu/faculty-staff/advising-resources-faculty-and-staff)**

Once you officially declare your major, you will be advised directly in your College or academic department. Make sure you know how to find academic advising resources for your specific major.

## **DegreeWorks Online Degree Audit System | [dw.appstate.edu](http://dw.appstate.edu)**

DegreeWorks is a comprehensive, easy-to-use, web-based academic advising and degree audit tool that helps students and their advisors successfully navigate curriculum requirements.

## **Four Year Guides | [fouryearguides.appstate.edu](http://fouryearguides.appstate.edu)**

This website contains information about how to sequence each major to finish your degree within four years or sooner if you are transferring credit to Appalachian. The guides are only meant to be examples—you will need to adapt your major's four year guide to fit your plans and your transfer credits!

## **General Education Office | [generaleducation.appstate.edu](http://generaleducation.appstate.edu)**

Your liberal arts education at Appalachian begins with the General Education Program. About one-third of the courses you will take during your college years will be General Education courses from across the university. Their website assists you with understanding the General Education requirements and course options.

250 Anne Belk

(828) 262-2028

## **Office of Transfer Services (OTS) | [transfer.appstate.edu](http://transfer.appstate.edu)**

The Office of Transfer Services ensures that the credit evaluation process for students is seamless and student friendly; they answer questions regarding the transfer of credit and help students prepare to transfer to Appalachian. They also provide engagement opportunities and retention support once students transfer to Appalachian.

130 John E. Thomas Building (JET)

(828) 262-7877

## **Programs of Study | [bulletin.appstate.edu](http://bulletin.appstate.edu)**

(See *Undergraduate Bulletin* below.)

## **Undergraduate Bulletin | [bulletin.appstate.edu](http://bulletin.appstate.edu)**

This online reference is your user's manual for college, helping you understand university requirements, course descriptions, and policies. Click on the Undergraduate Bulletin that corresponds with your catalog year. In most cases, your catalog year is the academic year in which you started at Appalachian. Once you have opened your Undergraduate Bulletin, click on Programs of Study to find the requirements for your major.



*Use the resources on this page to help you navigate the requirements for your degree program!*

# Bachelor's Degree Requirements

Academic departments at Appalachian are organized into six degree-granting colleges: the College of Arts and Sciences, the College of Fine and Applied Arts, the Hayes School of Music, the Beaver College of Health Sciences, the Reich College of Education, and the Walker College of Business.

Appalachian offers several types of Bachelor's degrees, but the two most common are the Bachelor of Arts (BA) and the Bachelor of Science (BS). A major difference between the two is that all BA degrees require a foreign language and a minor in another subject. BS degrees typically do not require a foreign language (there are a few exceptions), and they usually require a career-oriented concentration. Always consult the Program of Study for the major and degree you are interested in earning to find out the exact requirements. You can access these online ([bulletin.appstate.edu](http://bulletin.appstate.edu)). Remember that you need to take an average of 15-16 hours of coursework each semester in order to earn the 120-126 hours required to graduate in four years!

## Understanding the Different Parts of your Bachelor's Degree:

### General Education

These courses form the broad foundation of your academic program. General Education includes 44 hours of interdisciplinary courses in a variety of areas in the arts, humanities, social sciences, natural sciences, and mathematical sciences.

### Major

These courses provide you with in-depth knowledge in at least one field of study. The number of major-specific requirements for a degree can vary widely (from 30 to over 70 hours), although the total number of hours required for a degree is still 120-126. The Program of Study for your major will give you a breakdown of how many hours are required for each part of your specific degree.

### Minor

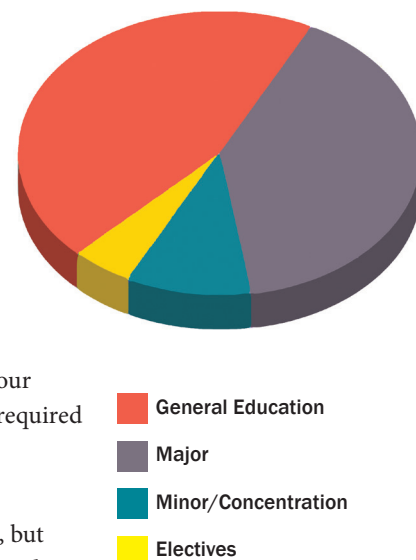
All Bachelor of Arts degrees require a minor as well as a few Bachelor of Science degrees. If a minor is required, it will always be indicated on your major Program of Study. A minor is typically about 18 hours of coursework in a particular subject. For a list of minors offered by Appalachian and what courses to take to complete them, visit [bulletin.appstate.edu](http://bulletin.appstate.edu).

### Concentration

Some majors require a concentration, a grouping of courses from several disciplines with a specific career-oriented focus. Sometimes you can choose the courses in your concentration (in consultation with an advisor in your major area) and sometimes they are already determined for you. Always check your Program of Study to find out what you need to do if you have a required concentration.

### Free Electives

These are courses that do not fit into any of the above categories, but they help you earn the minimum number of hours you need to graduate. You can take virtually any class as an elective, but some majors require you to take some of your free electives at the 3000-4000 level. Sometimes AP or transfer credits may count as electives if they do not fit into the major or General Education requirements. The number of required free electives will vary widely depending on your major, so examine your Program of Study and DegreeWorks carefully.





# The General Education Program

A college education does more than train students for a career. It helps them develop intellectual skills that will enhance their professional, civic, and personal lives for years to come. Students will learn how to analyze the world around them from different perspectives, how to communicate their ideas and understand the ideas of others, how to solve problems, and how to apply their knowledge to real-world projects. Employers repeatedly tell us that they value these skills in employees as much as, if not more than, skills specific to their field.

This approach to learning is called “liberal education.” In this usage, the word *liberal* refers to the ancient Roman word meaning “free, unrestricted.” A liberal education is designed to introduce students to new ways of understanding and interacting with their world so they can think more freely and develop abilities to their fullest potential.

Liberal education at Appalachian begins with the General Education Program. About one-third of the courses taken during the college years will be General Education courses from across the University. In these courses, students will encounter new perspectives on important subjects and explore connections between different areas of study. The General Education Program is designed to help students achieve four goals:

1. Thinking Critically and Creatively
2. Communicating Effectively
3. Making Local to Global Connections
4. Understanding Responsibilities of Community Membership

## Components of the General Education Program

### First Year Seminar: 3 Semester Hours

Appalachian’s First Year Seminar (UCO 1200) introduces students to the General Education program and the rigor of academic study at the university level. Each First Year Seminar focuses on a different topic; topics can be found online ([firstyearseminar.appstate.edu/course-offerings](https://firstyearseminar.appstate.edu/course-offerings)).

### Writing Across the Curriculum: 6 Semester Hours (Within General Education)

During your four years at Appalachian State University, you will receive instruction and experience in writing at every level, beginning with an introductory course your first year and concluding with a capstone in your major during your senior year.

#### The Vertical Writing Model

**Year 1:** RC 1000, Expository Writing: Complete within your first two semesters

**Year 2:** RC 2001, Introduction to Writing Across the Curriculum (WAC): Complete within Sophomore year

**Year 3:** Writing in the Discipline (WID) course in your major

**Year 4:** Senior capstone experience course in your major

First Year Seminar is optional for those students who: 1. graduated from high school more than one year prior to entering Appalachian; 2. are classified as transfer students by Admissions; AND 3. have earned 30 or more semester hours at one or more other institutions prior to entering Appalachian. Credit by exam, university placement credit, credit for life experience or military experience, and courses taken at Appalachian are excluded from the 30 s.h.

# Components of the General Education Program

You can also find out more about General Education at [generaleducation.apstate.edu](http://generaleducation.apstate.edu).

## **Quantitative Literacy: 4 Semester Hours**

Quantitative Literacy courses, typically math or statistics courses, help you develop your ability to use numbers and mathematical functions as part of the reasoning process. When choosing your Quantitative Literacy course, it is important to check your major Program of Study to see which course is appropriate. If you are undecided about your major, wait to take your Quantitative Literacy course until you have decided on a major.

## **Wellness Literacy: 2 Semester Hours**

You may take one of the 2- or 3-hour courses listed on the checksheet in this section or you may take two 1-hour Physical Activity (PE) courses that each include a required online wellness unit.

## **Science Inquiry: 8 Semester Hours**

Students should choose one Science Inquiry theme and complete eight hours in their chosen theme. Please speak with your advisor if you have transferred in any science credit. When choosing your Science Inquiry theme, it is important to check your major Program of Study to see which course is appropriate.

## **Integrative Learning Experience (ILE): 9 Semester Hours**

Each student must choose one theme and complete three courses from at least two different disciplines within that theme. Double-check your major program of study for courses that may count in both the ILE and your major.

## **Liberal Studies Experience (LSE): 12 Semester Hours**

Each student must choose twelve hours of courses from at least three disciplines. Double-check your major program of study for courses that may count in both the LSE and your major.

## **Designations: 3 Hours Each Within the ILE and LSE**

Within the 21 hours you take in the ILE and LSE, you must take at least 3 hours of coursework in each of the following areas: Fine Arts (FA), Historical Studies (HS), Literary Studies (LS), and Social Science (SS).



**FIRST YEAR SEMINAR**

\_\_\_UCO 1200, HON 1515, or WRC 1103 (3 of 6 s.h. will count here) or \_\_\_UCO MET\* (0 s.h.)

\*open to students who: 1. graduated from high school more than one year prior to entering Appalachian; 2. are classified as transfer students by Admissions; AND 3. have earned 30 or more semester hours at one or more postsecondary institutions prior to entering Appalachian. Credit by exam, university placement credit, and credit for life or military experience are excluded from the 30 s.h. Students using this option will have 41 s.h. of General Education.

**WRITING ACROSS THE CURRICULUM (6 s.h. required)**

\_\_\_R C 1000, LLC 1000, or WRC 1103 (3 of 6 s.h. will count here)

\_\_\_R C 2001 or WRC 2001

**MAJOR REQUIREMENTS (hours count in major requirements)**

\_\_\_Junior Writing in the Discipline ("WID" on major Program of Study)

\_\_\_Senior Capstone Experience ("CAP" on major Program of Study)

**WELLNESS LITERACY (2 s.h. required)**

**Choose from the following:**

1 s.h. courses: \_\_\_, \_\_\_P E 1530-1549, P E 1700-1877

2 s.h. courses: \_\_\_DAN 1405, 1410, 1420, 1430, 2405, 2410, 2420, or 2430, \_\_\_HPE 1000, \_\_\_MSL 1101, \_\_\_P H 1105, \_\_\_SSU 2280, 2480, 2580, or 4580

3 s.h. courses (additional hour may count as elective): \_\_\_DAN 4460, \_\_\_HPE 4320, \_\_\_NUT 2202, \_\_\_P E 1718

**QUANTITATIVE LITERACY (4 s.h. required)**

**4 s.h. courses** (These courses fully complete this requirement.):

\_\_\_C S 2435, \_\_\_MAT 1010, \_\_\_MAT 1020, \_\_\_MAT 1110, \_\_\_STT 2820, \_\_\_WRC 1010

**3 s.h. courses** (These courses count toward, but do not fully complete, this requirement.):

\_\_\_ECO 2100, \_\_\_ECO 2200, \_\_\_MAT 1035, \_\_\_STT 1810, \_\_\_STT 2810, \_\_\_STT 3820

**1 s.h. courses** (for students who transfer 3 s.h. of QL coursework): \_\_\_MAT 1005, \_\_\_STT 1805

*If you have transferred 3 hours of QL coursework, please check with your advisor to see if your intended major requires a course which can count for the final QL hour.*

**SCIENCE INQUIRY requires 8 semester hours from one theme (underlined). Courses in themes marked with an \* must be taken sequentially. Check the course descriptions for any pre- and/or co-requisites.**

**Biology in Society:** BIO \_\_\_1201, \_\_\_1202, and \_\_\_1203 or (for transfer credit) BIO \_\_\_1201/1204 and \_\_\_1202/1205

**The Blue Planet:** GES \_\_\_1104 and \_\_\_1105

\* **Chemistry Connections to Our Changing World:** CHE \_\_\_1101/1110 and \_\_\_1102/1120

**Global Environmental Change:** choose 2 from: \_\_\_BIO 1103, \_\_\_GHY 1011, \_\_\_GHY 1012, \_\_\_GES 1103, \_\_\_GES 1104

\* **How Things Work:** PHY \_\_\_1101 and \_\_\_1102

**Life, Earth and Evolution:** \_\_\_ANT 1430 and \_\_\_GES 1102

\* **The Physics of Our Technological World:** PHY \_\_\_1103 and \_\_\_1104

**Physics of Self Expression:** choose 2 from: PHY \_\_\_1101, \_\_\_1812, and \_\_\_1814

\* **Physics with Calculus:** PHY \_\_\_1150 and \_\_\_1151

**Restless Planet: Earth, Environment and Evolution:** choose 2 from: GES \_\_\_1101, \_\_\_1102, \_\_\_1103

\* **Voyages Through the Cosmos:** AST \_\_\_1001 and \_\_\_1002

**NOTE:** A 1 hour lab option **may** be available for students who have transferred in a 3 hour science lecture course. Please contact the Office of General Education at (828) 262-2028 or [gened@appstate.edu](mailto:gened@appstate.edu) for more information.

**DESIGNATIONS (3 s.h. of each required); may be taken in Integrative Learning Experience or Liberal Studies Experience:**

\_\_\_ Fine Arts (FA), \_\_\_ Historical Studies (HS), \_\_\_ Literary Studies (LS), \_\_\_ Social Science (SS)

**INTEGRATIVE LEARNING EXPERIENCE: Complete 9 semester hours from a single theme. Students must take courses from at least two discipline prefixes in the chosen theme with the exceptions of "Appalachian Mountains: Community, Culture, and Land" and "Experiencing Inquiry: How to Ask Questions."**

- American Culture: Past and Present:** \_\_\_ANT 2235 (SS), \_\_\_COM 3130, \_\_\_ENG 2120 (LS), \_\_\_HIS 2525 (HS), \_\_\_IDS 2000, \_\_\_REL 3110, \_\_\_S W 2020 (SS)
- Appalachian Mountains: Community, Culture, and Land:** \_\_\_A S/MUS 2016 (FA), \_\_\_A S 2200 (LS), \_\_\_A S/GES 2301, \_\_\_A S 2411 (SS), \_\_\_A S 3000, \_\_\_HIS 3726 (HS), \_\_\_SOC 3710 (SS)
- Cultivating Creative Expression:** \_\_\_ART 2022 (FA), \_\_\_ENG 2360 (LS), \_\_\_MUS 2022 (FA), \_\_\_THR 2022 (FA)
- Experiencing Inquiry: How to Ask Questions:** \_\_\_WRC 2201 (LS), \_\_\_WRC 2202 (HS), \_\_\_WRC 3000 (SS), \_\_\_WRC 3203 (FA)
- Expressions of Culture:** \_\_\_COM 2124 (SS), \_\_\_DAN 2020 (FA), \_\_\_DAN 2030 (FA), \_\_\_HIS/IDS 3340 (HS), \_\_\_LLC 2050, \_\_\_THR 2020 (FA)
- From Empire to Globalization:** \_\_\_ANT 1415 (SS), \_\_\_ANT 2340 (SS), \_\_\_ENG 2040 (LS), \_\_\_GWS 2525, \_\_\_GLS 2000, \_\_\_HIS 1400 (HS), \_\_\_P S 2120
- How We Know What We Know About the Past: Method, Evidence, Knowledge:** \_\_\_ANT 1420 (SS), \_\_\_ANT 1425 (SS), \_\_\_GES 1842, \_\_\_HIS 2312 (HS), \_\_\_HIS 2320 (HS), \_\_\_LLC 2045 (LS)
- How We Tell Stories:** \_\_\_C I/ITC 2010, \_\_\_ENG 2170, \_\_\_IDS 2211, \_\_\_LLC 2025 (LS), \_\_\_PHL 1502, \_\_\_REL 2020 (LS), \_\_\_THR 2005 (FA), \_\_\_THR 3640 (FA)
- The Human-Animal Bond:** \_\_\_ENG 2430 (LS), \_\_\_ENG/S D 3715 (LS), \_\_\_GLS 3580, \_\_\_HIS 2150 (HS), \_\_\_PHL 2010, \_\_\_WRC 2100
- Imagination, Innovation, and Meaning:** \_\_\_ANT 2440 (SS), \_\_\_DAN 2010 (FA), \_\_\_HIS 1110 (HS), \_\_\_MUS 2018 (FA), \_\_\_PHL 2013, \_\_\_THR 2010 (FA)
- Intersections: Race, Class, and Gender:** \_\_\_ANT 2420 (SS), \_\_\_ENG 2130 (LS), \_\_\_GWS 2421, \_\_\_MUS 2023 (FA), \_\_\_PHL 3050, \_\_\_P S 3410, \_\_\_SOC 2050 (SS), \_\_\_S W 2615
- Las Américas:** \_\_\_ANT 2300 (SS), \_\_\_GHY 3014 (SS), \_\_\_GLS 3020 (HS), \_\_\_HIS 2301 (HS), \_\_\_HIS 2302 (HS), \_\_\_LLC 2040 (LS), \_\_\_REL 3100, \_\_\_WRC 2400 (FA)
- Revolutions: Social and Political:** \_\_\_ART 2019 (FA), \_\_\_HIS 1501 (HS), \_\_\_HIS 2340 (HS), \_\_\_MUS 2015 (FA), \_\_\_PHL 3030, \_\_\_SOC 1100 (SS), \_\_\_THR 2017 (FA)
- Social Relations Across Contexts:** \_\_\_COM 2121, \_\_\_HIS 1120 (HS), \_\_\_PSY 2100, \_\_\_PSY 2213 (SS), \_\_\_SOC 1110 (SS)
- Sustainability and Global Resources:** \_\_\_FCS 2110, \_\_\_FER 1000, \_\_\_GHY 1010, \_\_\_IDS 3010, \_\_\_PHL 2015, \_\_\_PHY 1830, \_\_\_S D 2400, \_\_\_TEC 2029 (SS)
- War and Peace:** \_\_\_ANT 2222 (SS), \_\_\_GLS/JHP 2350, \_\_\_HIS/JHP 2300, \_\_\_HIS 3158(HS), \_\_\_HIS 3823 (HS), \_\_\_P S 4225 (SS), \_\_\_REL 3170, \_\_\_SOC 3800 (SS)

**LIBERAL STUDIES EXPERIENCE: Complete 12 semester hours from at least three discipline prefixes.**

- Anthropology (ANT):** \_\_\_2100 (SS), \_\_\_2400 (SS), \_\_\_2430 (SS), \_\_\_2700 (SS), \_\_\_2800 (SS)
- Appalachian Studies (A S):** \_\_\_2020, \_\_\_2025
- Apparel Design and Merchandising (ADM):** \_\_\_1000 (SS)
- Arabic (ARB):** \_\_\_1050
- Art (ART):** \_\_\_2011 (FA), \_\_\_2016 (FA)
- Art History (ARH):** \_\_\_2030 (FA), \_\_\_2130 (FA)
- Astronomy (AST):** \_\_\_1050
- Career and Technical Education (CTE):** \_\_\_1590
- Chinese (CHN):** \_\_\_1050
- Commercial Photography (PHO):** \_\_\_2032
- Communication (COM):** \_\_\_2105, \_\_\_3300, \_\_\_3315
- Criminal Justice (C J):** \_\_\_3450 (SS)
- Curriculum & Instruction (C I):** \_\_\_C I/R M 2000
- Dance (DAN):** \_\_\_1431 (FA), \_\_\_2800 (FA), \_\_\_3430 (FA), \_\_\_3435 (FA), \_\_\_3445 (FA)
- Economics (ECO):** \_\_\_2030 (SS), \_\_\_2040 (SS), \_\_\_2620 (SS)
- English (ENG):** \_\_\_1500, \_\_\_2030 (LS), \_\_\_2050 (LS), \_\_\_2060 (LS), \_\_\_2070 (LS), \_\_\_2175, \_\_\_2190 (LS), \_\_\_2350 (LS), \_\_\_ENG/JHP 3712 (LS)
- Family & Child Studies (FCS):** \_\_\_2103 (SS), \_\_\_2111
- Finance (FIN):** \_\_\_2860
- French (FRE):** \_\_\_1050 OR \_\_\_1060 (3 of 6 s.h. count in General Education)
- Gender, Women's, and Sexuality Studies (GWS):** \_\_\_2600
- Geography (GHY):** \_\_\_1020 (SS), \_\_\_1040 (SS)
- German (GER):** \_\_\_1050 OR \_\_\_1060 (3 of 6 s.h. count in General Education)
- History (HIS):** \_\_\_1101 (HS), \_\_\_1102 (HS), \_\_\_1130, \_\_\_1200 (HS), \_\_\_1700, \_\_\_HIS/WRC 3210, \_\_\_3350 (HS), \_\_\_3728 (HS)
- Honors College (HON)** (restricted to HON students): \_\_\_2515, \_\_\_3515
- Industrial Design (IND):** \_\_\_2012 (FA)
- Interdisciplinary Studies (IDS):** \_\_\_IDS/WRC 2204, \_\_\_3025, \_\_\_3250
- Interior Design (INT):** \_\_\_1300 (FA)
- Japanese (JPN):** \_\_\_1050
- Judaic, Holocaust, and Peace Studies (JHP):** \_\_\_JHP/REL 2110 (HS), \_\_\_JHP/ENG 3712 (LS)
- Languages, Literatures, and Cultures (LLC):** \_\_\_LLC/WRC 2030, \_\_\_3430 (LS)
- Latin (LAT):** \_\_\_1050
- Music (MUS):** \_\_\_2011 (FA), \_\_\_2014 (FA), \_\_\_2052, \_\_\_2611 (HS) (2 s.h.), \_\_\_2612 (HS) (2 s.h.), \_\_\_2613, \_\_\_2616 (FA), \_\_\_3611 (HS) (2 s.h.)
- Nutrition (NUT):** \_\_\_2351 (SS)
- Philosophy (PHL):** \_\_\_1000, \_\_\_1100, \_\_\_1501, \_\_\_1503, \_\_\_2000, \_\_\_3000 (HS), \_\_\_3013, \_\_\_3015, \_\_\_3020, \_\_\_3200 (HS), \_\_\_3550, \_\_\_3600
- Physics (PHY):** \_\_\_1600
- Planning (PLN):** \_\_\_2410 (SS)
- Political Science (P S):** \_\_\_1100 (SS), \_\_\_1200 (SS), \_\_\_2130 (SS)
- Portuguese (POR):** \_\_\_1050
- Psychology (PSY):** \_\_\_1200 (SS), \_\_\_3010
- Public Health (P H):** \_\_\_2000 (SS)
- Recreation Management (R M):** \_\_\_R M/C I 2000, \_\_\_2100 (SS), \_\_\_2140 (HS)
- Religious Studies (REL):** \_\_\_1010 (LS), \_\_\_1100 (SS), \_\_\_1110, \_\_\_1115, \_\_\_1120, \_\_\_1700, \_\_\_2010 (LS), \_\_\_2030 (LS), \_\_\_REL/JHP 2110 (HS), \_\_\_2120 (HS), \_\_\_2130, \_\_\_2150 (HS), \_\_\_2180
- Russian (RSN):** \_\_\_1050
- Sociology (SOC):** \_\_\_1000 (SS), \_\_\_2020 (SS), \_\_\_2850 (SS), \_\_\_3100 (SS)
- Somatic Sustainability (SSU):** \_\_\_2460
- Spanish (SNH):** \_\_\_1050 OR \_\_\_1060 (3 of 6 s.h. count in General Education)
- Technology (TEC):** \_\_\_2601
- Theatre (THR):** \_\_\_2025 (FA), \_\_\_2030 (FA), \_\_\_2300 (FA), \_\_\_2610 (FA), \_\_\_3730 (FA)
- Watauga Residential College (WRC):** \_\_\_1104 (6 s.h.) (Restricted to WRC students), \_\_\_WRC/LLC 2030, \_\_\_WRC/IDS 2204, \_\_\_2403 (LS), \_\_\_2405, \_\_\_WRC/HIS 3210, \_\_\_3401 (LS), \_\_\_3403 (FA), \_\_\_3665 (LS)

# Resources for Academic Planning

## The Undergraduate Bulletin

The Undergraduate Bulletin (also called the Undergraduate Catalog or General Bulletin) is available exclusively online! It can answer almost any question you have about prerequisites, majors, minors, General Education, course descriptions, and more. To find the Bulletin online, go to [bulletin.appstate.edu](http://bulletin.appstate.edu), then click on the Undergraduate Bulletin that corresponds with your catalog year. In most cases, your catalog year is the academic year in which you started at Appalachian. Once you have opened your Undergraduate Bulletin, click on Programs of Study to find the requirements for your major. This catalog will provide you with details on courses including whether it is typically offered during a specific semester, what the course entails, and what prerequisites you need in order to take the course.

## Programs of Study (POS)

Your major Program of Study is one of the most important tools you will use in planning your classes each semester. The POS is the faculty-approved document that spells out the courses you are required to take for a particular major. Programs of Study vary, but they typically outline how many hours you will take for Gen Ed, the major, a foreign language (if required), a minor or concentration, and free electives. Get familiar with your POS and ask your advisor if you have any questions about it. Remember to always use the Bulletin and Program of Study that correspond with your catalog year—that's the academic year in which you started at Appalachian.

Remember to always use the Bulletin and Program of Study that correspond to your catalog year—that's the academic year in which you started at Appalachian!

The screenshot shows the Appalachian State University website. At the top is the university logo and a search bar. Below the logo is a navigation menu with links for Current Students, Parents & Family, Faculty & Staff, Alumni, and Community. A secondary menu includes A-Z, AsU Learn, AppalNet, Library, and Employment. The main navigation bar features links for About, Visit, Admissions, Academics, Campus Life, and Why Choose Us. The page content is for the 2019-2020 Undergraduate Bulletin, specifically the Programs of Study section. On the left, there is a sidebar with a Bulletin Search box and a list of navigation links: Bulletin Home, Colleges & Departments, Programs of Study, Courses, The University, Academic Affairs, Student Life, Student Financial Aid, Expenses, Enrollment Management, Academic Regulations, The Undergraduate Program, Honors College, University College, and The College of Arts and Sciences. The main content area lists various majors and concentrations, such as Accounting (BSBA), Actuarial Science (BS), Anthropology (with various concentrations), Apparel Design & Merchandising (BS), Art and Visual Culture (with various concentrations), Art Education (K-12) (BFA), Athletic Training (BS), Biology (with various concentrations), and Building Sciences (with various concentrations).

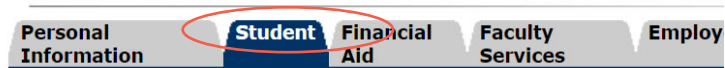
# Resources for Academic Planning continued

## DegreeWorks

DegreeWorks is an important online tool you will use to track your progress towards graduation. Although you'll still need to use your Advising Planner, the Undergraduate Bulletin, and your Program of Study, DegreeWorks offers some interactive features that you will want to take advantage of like a GPA calculator and a "What If" option that lets you compare requirements for different majors. Your advisor will also make notes in DegreeWorks that you can access later. For more information about DegreeWorks and to access tutorials, visit [degreeworks.appstate.edu](http://degreeworks.appstate.edu). You can login through [appalnet.appstate.edu](http://appalnet.appstate.edu) by clicking the DegreeWorks link or by going to [dw.appstate.edu](http://dw.appstate.edu).

## Choosing your General Education Themes

In order for DegreeWorks to work best for you, you need to choose your General Education Integrative Learning Experience (ILE) theme and your Science Inquiry theme in AppalNet Self Service. It's easy! Login to AppalNet Self Service; then choose the "Student" tab and look for the "General Education Theme Selection" option. You can always change your selections later if necessary. DegreeWorks is a valuable tool, but remember it is not an official graduation audit or an official transcript.



## Student Services

### Registration

Check your registration status and view permits; Add or drop classes; Display your class s

### Student Records

View your holds; Display your grades and transcripts.

### Student Accounts

View your account balance, make credit/debit card payments, view schedule cancellations

### Scholarship Opportunities

Scholarship Opportunities at Appalachian State University.

### Parent Access

Authorize access to Parents and Guardians to view your transcript or view and pay your st

### Final Grades

View your final grades.

### Printable Student Schedule

Printer-friendly version of your student schedule

### National Student Clearinghouse

Print your Enrollment Verification from the National Student Clearinghouse. (Your browser must have cookies and javascript enabled.)

### Student Learning Center

Student Learning Center for main campus and distance education students.

### Office of Disability Resources

Information for seeking reasonable accommodations due to a disability

### Health Insurance Waiver Status

View your health insurance waiver status

### Parking Registration System

Register for Parking Permits; View Citations; Manage Appeals.

### General Education Theme Selection

Select your General Education themes to assist with advising and degree audit planning.

If you received any college transfer credit, check DegreeWorks to see if any of this credit completes General Education requirements.

# Resources for Academic Planning

## continued

Starting your own academic plan is a great way to make sure you can graduate on time. Here are some tips for planning your time at Appalachian:

- Review your major's Program of Study ([bulletin.appstate.edu](http://bulletin.appstate.edu)).
- Use your major's Four Year Guide ([fouryearguides.appstate.edu](http://fouryearguides.appstate.edu)) to start creating your personalized FYG!
- If you know your major, you can take a combination of major and General Education courses.
- If you aren't sure of your major, focus on taking General Education classes in your first semester.
- The math you will take may depend on your major. See your POS for math requirements. If you are unsure of your major, discuss math options with your advisor.
- It is recommended for students who need both UCO 1200 and RC 1000 to take one of these courses in their first semester and one in their second semester.
- Deciding on your major early is key to finishing in four years! Take advantage of the campus resources that can help you make the decision (see p. 21).

Some of the factors that might increase your length of time to graduation are:

- Taking fewer hours than advised per semester;
- Changing majors;
- Dropping, failing, or repeating courses;
- Taking unnecessary or inappropriate courses;
- Transferring from one institution to another;
- Adding a second major or minor;
- Delaying entry into specific degree-granting programs;
- Withdrawing from school for a semester or more;
- Entering Appalachian with an incomplete academic background therefore requiring developmental courses.

**Need help with writing? The University Writing Center (204 Belk Library) can help you at any stage of the writing process from planning to drafting to revising. Call 828-262-3144 to make an appointment.**



# Resources for Academic Planning continued

## Four Year Guides

Four year guides ([fouryearguides.appstate.edu](http://fouryearguides.appstate.edu)) are meant as examples of how a degree can be completed in four years. Individual guides will be developed for each student in consultation with the academic advisor. Prior credit, course availability and student needs must be considered in developing your individual guide. By using a Four Year Guide, your major Program of Study, and DegreeWorks, you can begin to map out your first few semesters at Appalachian.

Semester One: [15-16 Credit Hours]				
Courses	Hours	Min. Grade	GPA	Notes
RC 1000 OR UCO 1200				Take in either first or second semester
Semester Two: [15-16 Credit Hours]				
RC 1000 OR UCO 1200				Take in either first or second semester
Semester Three : [15-16 Credit Hours]				
RC 2001				Take in either third or fourth semester
Semester Four: [15-16 Credit Hours]				



# Academic Standards

## Maintaining Good Academic Standing

To continue at Appalachian in good academic standing, you must maintain a 2.0 or higher cumulative GPA. Students who fall below this standard will be placed on academic probation and will have two regular semesters in which to regain good standing before being academically suspended. (Exception: see 0.0 GPA Policy p. 19.)

## There Are Lots of Reasons to Stay Above “C” Level!

Keep in mind that the more hours you earn, the harder it will be to raise your cumulative GPA if it falls below a 2.0. Some majors at Appalachian require an even higher GPA for admission, and of course employers want to hire students with evidence of strong academic performance, so maintaining a solid GPA is always a good idea. If you plan to go to graduate or professional school, you will likely need a very high GPA. Talk to your advisor if you are concerned about your GPA.

## Making Satisfactory Academic Progress

In addition to maintaining a minimum 2.0 cumulative GPA, students must make satisfactory academic progress by earning at least 67% of the hours they attempt. Attempted hours include credits from courses you took and completed at Appalachian (regardless of the grade earned), courses from which you withdrew or dropped after the drop/add period (the first five days of the semester), courses you repeated at Appalachian and developmental courses (MAT 0010). Students who fail to achieve this ratio will receive an academic probation warning notice at the end of the semester. Failing to make satisfactory academic progress alone does not result in academic suspension, but it does signal that you may soon be in academic difficulty or indicate that you are not on track to graduate in four years. You should always consult with your academic advisor if you are on academic probation for a low GPA. Also consult with your advisor if you are on academic probation warning because of your ratio of earned hours to attempted hours. You can view your grades and cumulative GPA at the end of each semester by looking at your final grade report or your unofficial transcript in AppalNet. DegreeWorks also displays your overall GPA and grades for each class you have completed.

## Academic Probation and Suspension

To continue at Appalachian in good academic standing or to return to good standing after being on probation, undergraduate students must maintain a:

1. 2.0 cumulative grade point average
2. 67% ratio or higher of cumulative earned credit hours to cumulative attempted credit hours

If you do not meet the cumulative 2.0 GPA requirement, your grade report will indicate one of the following:

Academic Probation	(First probation semester)
Continued Probation	(Second probation semester)
Suspended	(Suspension from Appalachian)

If you use both of your probation semesters and your grades are still not high enough to meet the academic standards or if you make a 0.0 GPA during your first semester, you will be suspended. If you fail to achieve the 67% ratio of earned to attempted hours, you will receive a warning, which should prompt you to make some changes to avoid future academic difficulty.

*All students must maintain at least a 2.0 GPA to remain in good academic standing; achieving Satisfactory Academic Progress is a separate policy that concerns the number of your attempted hours that you actually earn.*

Your academic standing may impact your eligibility for financial aid. Visit [financialaid.appstate.edu](https://www.appstate.edu/financialaid) for more information.

# Academic Standards continued

## 0.0 GPA in the First Semester Policy

The exception to the two-semester probation policy is that any undergraduate, degree-seeking, full-time student enrolled in his/her first semester (fall or spring) at Appalachian will be academically suspended if he/she receives a GPA of 0.0 (including “I” Incomplete grades) for that semester. Full-time students are defined for these purposes as students who are registered for 12 or more hours at the end of the drop/add period. A student who is suspended under the 0.0 in the first semester policy does NOT receive the two semesters of probation and, upon his/her return, must maintain a 2.0 cumulative GPA or will again be academically suspended.

Students who are academically suspended under either of these policies can return to Appalachian for summer sessions or under one of the Forgiveness policies but should first meet with an academic advisor (Refer to the “Academic Regulations” section of the Undergraduate Bulletin).

## How to Predict my GPA

An online GPA calculator is available in DegreeWorks. See the Term Calculator Tutorial at [degreeworks.appstate.edu](http://degreeworks.appstate.edu).

*You may retake up to four different courses in which the new grade replaces the initial grade in your GPA.*

### INFORMATION FOR TRANSFER STUDENTS

You may transfer appropriate courses to Appalachian if you made at least a C in the course at another institution, but the grades you made there do not affect your GPA here—you will establish your GPA at Appalachian at the end of your first semester. However, your grades at other schools still matter because some majors will consider your grades in courses from other institutions when deciding on admission.



# Academic Standards continued

## Effective Strategies for Students on Academic Probation

- Reflect and Be Proactive**  
Examine the factors that led to your academic situation and reflect on ways to adopt positive behaviors.
- Meet with your academic advisor**  
Develop a plan for academic improvement that might include repeating a course, taking a study skills course, limiting the number of hours in your job, or taking a reduced course load if necessary. In your first semester of probation, you will be required to attend an Academic Success Workshop (ASW) and meet with your academic advisor.
- Utilize the resources on campus**  
Refer to the resources in this Mountaineer Advising Planner and ask your advisor for recommendations on where to get help.
- Use the Grade Forgiveness Policy**  
You may retake up to **four** different courses in which the new grade replaces the initial grade in your GPA. This is the fastest way to improve your grade point average. Discuss retaking courses with your academic advisor; they can help you crunch the numbers to see how many courses you should retake and how soon.
- Attend summer session(s) at Appalachian**  
Summer sessions do not count as probation semesters for GPA purposes. You may always (even if you've been suspended) attend summer sessions at Appalachian to try to improve your grade point average. But take note: consult with your academic advisor before enrolling in summer school to regain good standing because it might not be a good idea in your case. Also note that courses taken at other schools do not affect your grade point average because only hours transfer, not grades. *All courses retaken to replace the initial grade must be retaken at Appalachian.* Even though grades from other schools don't affect your GPA here, some majors at Appalachian do consider all grades from all institutions when determining admission to their program.
- Know important dates and deadlines**  
You may access the Academic Calendar at [registrar.appstate.edu/calendars-schedules](http://registrar.appstate.edu/calendars-schedules). It is important to be familiar with information posted in the academic calendar: last day of drop/add and the final day to use a career drop or withdraw from the University.

*Students are responsible for keeping track of the Academic Calendar each year. Important dates can be found at [registrar.appstate.edu/calendars-schedules](http://registrar.appstate.edu/calendars-schedules).*



## Notes

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# Reach for The Rock!

*planning for your  
major and career*

# Where can I find help choosing my major and career?

*These services are available at no additional cost to undergraduates.*

## **Academic Advising Center, University College** | [advising.appstate.edu](http://advising.appstate.edu)

Your advisor can help you begin to explore majors and choose courses for the next term. Your advisor can also help you by making referrals when you need additional help on campus.  
101 D. D. Dougherty (828) 262-2167

## **Health Professions Advising** | [hpa.appstate.edu](http://hpa.appstate.edu)

The HPA office provides a centralized point of contact for all pre-health profession students regardless of major.  
038 Holmes Convocation Center and 101 Leon Levine Hall of Health Sciences (828) 262-8590

## **Academic Civic Engagement** | [engagement.appstate.edu](http://engagement.appstate.edu)

Appalachian students can get real world experience by signing up for a designated service-learning course. Students can take several service-learning classes to pursue the Civic Engagement Certificate to give their resumes an edge.  
138 Plemmons Student Union, ACT Office (828) 262-2545

## **Academic Departments** | [appstate.edu/academics/majors](http://appstate.edu/academics/majors)

Are you considering multiple majors and not sure how to narrow down your choices? Make an appointment with a department chair or program coordinator to learn more about that major.

## **Career Development Center** (Job research) | [careers.appstate.edu](http://careers.appstate.edu)

The Career Development Center (CDC) offers a variety of career services and professional development including coaching for interviews, resume editing and salary negotiations. The CDC hosts career fairs, part-time and full-time job fairs, internship fairs and graduate school fairs. *Handshake* is Appalachian's online portal for all career services, including making an appointment with the CDC.  
369 John E. Thomas Hall, Career Development Center (828) 262-2180

### **Handshake** | [appstate.joinhandshake.com](http://appstate.joinhandshake.com)

Use *Handshake* to look for jobs, find out about career events, make an appointment and schedule interviews!

### **Career Exploration** | [careerexploration.appstate.edu](http://careerexploration.appstate.edu)

Professionals in the Career Development Center can assist you through a four-step process of self-assessment, information gathering, decision-making, and career planning. Resources include self-directed searches, computer career guidance programs, assessment inventories, and information about majors and careers. Login to [appstate.joinhandshake.com](http://appstate.joinhandshake.com) to make an appointment online.

### **Internships** | [internships.appstate.edu](http://internships.appstate.edu)

An internship combines work and learning in a possible career field, offers on-the-job training, and is a great resume builder.

### **Student Employment** | [studentemployment.appstate.edu](http://studentemployment.appstate.edu)

Appalachian considers work a valuable part of your transformational educational experience. You will gain skills that are aligned with the National Association of Colleges & Employers (NACE) Career Readiness Competencies. Visit *Handshake* to see on and off campus part-time jobs, internships, and Federal Work Study-funded positions.

### **Career Coaches** | [careers.appstate.edu](http://careers.appstate.edu)

Appalachian students have a dedicated Career Coach for their college. Visit the Career Studio to find your Career Coach.



*You don't need a referral to take advantage of University Resources!*

# Choosing Your Major

## It's a Major Decision!

Start searching for your major as soon as you arrive on campus! The first step is to assess your values, interests, work preferences, abilities, and skills. The Career Development Center is here to help you. While your major choice is important, don't confuse choosing a major with choosing a career. Well-educated people with marketable and transferable skills can work successfully in a variety of fields. Keep in mind the following when making this major decision:

### College isn't just job training.

It is a time for you to learn a lot about yourself and the world through a variety of experiences and learning opportunities.

### Employers want to hire well-rounded people.

People who have performed well in college and who can talk knowledgeably and enthusiastically about a variety of subjects are desirable employees. Become actively involved in all of your courses and learn as much as you can. Use part-time jobs, volunteer work, and internships to gain work experience.

### Employers look for transferable skills when hiring new personnel.

University requirements are designed to improve your communication, analytical, and technical skills. Combined with your own talents and strengths, your education gives you a solid foundation on which to build your career.

### Your major should reflect your values as well as your skills.

Take time to reflect on your values and how you will incorporate them in your major and career. For some, values may include job security and pay; for others, values may include independence and creativity. Reflect on what is important to you before deciding.

### Your major may be related to many careers, and your desired career may be attainable with many different majors.

You may change jobs and careers throughout your life. Most people have 7–10 different jobs and just as many different careers, so your major doesn't determine the rest of your life.

### Your major won't just happen!

You must take an active role in making the decision. Have a goal in mind when you plan your classes. Fortunately, there are many resources on campus to help you—check out the ones listed in the rest of this section and on the back of the section tab.



*Make an appointment in Handshake to meet with a Career Development Center Professional who can help you assess your values, interests and skills as part of your process in choosing a major.*

**Handshake**

# Planning for Success

## Have a preferred major AND a parallel major



Create your preferred major plan and a parallel plan for success. Some programs at Appalachian can only admit a limited number of students and therefore have a highly competitive admissions process. Other major programs require a higher than average GPA or a high skill level in a particular subject (e.g., mathematics) in order to succeed in the program. Finally, some careers (e.g., medicine, physical therapy, speech pathology) require a certain undergraduate GPA in order to have a chance of getting into the necessary post-graduate programs. Choosing a parallel major gives you a backup plan if you are unable to gain admission to a particular program or if your interests change.

### Questions to Consider When Choosing Your Preferred Major and Your Parallel Major

- What were your favorite subject areas in high school?
- In which courses did you earn the highest grades?
- What do you do well (organization, creativity, physical activity, communication, etc.)?
- What subjects or skills are normally a struggle for you?
- What kind of work have you pictured yourself doing?
- What classes would you prefer NOT to take in college and why?
- We form impressions about careers based on the people we know. Think of the people in your life. Which of their careers appeal to you and why?
- What kind of work environment would you prefer after you graduate? For example, would you like to work in an office or outdoors? Do you want to work with people or more by yourself? How important is flexibility? Autonomy?

### Narrow It Down

Look at the list of majors at the end of this section. Which majors would fit into your career goals and plans? Cross off any majors you would NOT consider doing. If you are unfamiliar with a major, do some research by going to Career Exploration, reviewing the departmental website, or talking to a professor who teaches in that department. You can view the requirements for any major at [bulletin.appstate.edu](http://bulletin.appstate.edu).

As you develop your plans, talk to your advisor about whether there are courses that can count for both majors, and if possible, work on those courses until you decide for sure which major you want to pursue. Doing so can help you graduate on time.

Consider GPA requirements when making your preferred and parallel plans.

Preferred Major:

Target GPA:

Parallel Major:

Target GPA:

Declare your major as soon as you are eligible! Once you declare, you will be able to work more closely with faculty in your major department.

INFORMATION FOR TRANSFER STUDENTS

# Declaring Your Major

You probably indicated an intended major when you applied for admission to Appalachian, but you must officially declare that major once you meet the minimum requirements for doing so. Generally, most students declare a major at the end of their first year or at the beginning of their sophomore year.

You can declare your major once you have

- earned 30 semester hours
- completed RC 1000 (or equivalent)
- completed or enrolled in UCO 1200\* (or equivalent)
- established at least a 2.0 GPA\*\*

Once you've met these criteria, you can declare your major by filling out the major declaration form in AppalNet Self Service (under your "Student" tab, then "Student Records" then "Declare Your Major.") Your records will then be sent to your college and major department, where you will go for advising until you graduate.

Some majors require that you be admitted to that program before you can declare: Music, Nursing, etc. Talk to with your academic advisor for more information on declaring your major. You should declare your major as soon as you are eligible. If you haven't declared your major by the time you have 60 earned hours, you will be required to see your advisor before you can register for classes.

## Note For Transfer Students

In addition to the above declaration criteria, you must make sure that Admissions has a final transcript from any other school you attended. If you have questions about your transcript, call the Office of Transfer Services at (828) 262-7877.

\*UCO 1200 is waived for transfer students who enter Appalachian with 30 or more earned hours.

\*\* Transfer students can declare a major during their first semester without an established Appalachian GPA if all other requirements are met and no transcripts are pending.

# Handshake





# Start Thinking About Your Career Now!

Don't wait until you walk across the stage to think about your career! Start planning now to gain experience, network with professionals, and build your resume. Drop by the Career Development Center, located in Room 369 of the John E. Thomas Building or make an appointment in Handshake to meet with a Career Development Center professional who can help you find majors and careers that fit with your interests, skills, values, and personality. Use the tips below and on the next page to guide your career planning each year that you are at Appalachian.

## First Year

- MEET regularly with your academic advisor.
- COMPLETE a self-assessment survey in Career Exploration to learn about majors and careers that fit your interests, skills, values, and personality. Make an appointment with a Career Development professional at [appstate.joinhandshake.com](https://appstate.joinhandshake.com).
- SPEAK with academic departments across campus to learn about their majors, minors, and concentrations and find out what graduates in that major are doing now. Visit [appstate.edu/academics/majors](https://appstate.edu/academics/majors).
- ACQUIRE work experience through a part-time job on or off campus. Visit [studentemployment.appstate.edu](https://studentemployment.appstate.edu).
- JOIN a club or organization related to your major. Visit [campusactivities.appstate.edu](https://campusactivities.appstate.edu).
- ATTEND events offered by the Career Development Center. Visit [careers.appstate.edu](https://careers.appstate.edu).
- RESEARCH career titles and job outlooks at [onetonline.org](https://onetonline.org).
- MEET with a Nationally Competitive Scholarships Advisor to learn more about applying for scholarship and fellowship opportunities domestically and abroad [ncs.appstate.edu](https://ncs.appstate.edu).
- VOLUNTEER with a local organization that relates to your interests. Visit [act.appstate.edu](https://act.appstate.edu).
- SCHEDULE an appointment with the Career Development Center to find out more about the resources they offer. Visit [appstate.joinhandshake.com](https://appstate.joinhandshake.com) to make an appointment.

*Already know your major? Schedule an appointment in the Career Development Center with the Career Coach for your college in the Career Development Center. Schedule appointments at [appstate.joinhandshake.com/login.com](https://appstate.joinhandshake.com/login.com).*

**Handshake**



# Start Thinking About Your Career Now! continued

## Second Year

- CONTINUE to meet regularly with your advisor.
- MEET with a professional in the Career Development Center if you are still deciding on your major.
- ATTEND Career Development events: workshops, career fairs, info sessions, and etiquette dinners.
- UTILIZE Handshake to build your profile and link with employers [appstate.joinhandshake.com](http://appstate.joinhandshake.com).
- CREATE a LinkedIn profile and network with fellow students, alumni, and professionals with similar interests.
- COMPLETE informational interviews and job shadowing with professionals in your interest area.
- PURSUE nationally competitive scholarship and fellowship opportunities [ncs.appstate.edu](http://ncs.appstate.edu).

## Third Year

- WORK with your career coach to update and refine your resume and apply to internships.
- UTILIZE Handshake to find internships and attend the Internship Expo held annually in January.
- EXPLORE research opportunities in your major field.
- TAKE on leadership roles in your clubs and organizations.
- JOIN a regional or national professional organization in your field of study.
- ATTEND Career Development events: workshops, career fairs, info sessions, and etiquette dinners.
- ATTEND the Graduate and Professional Schools Fair if you are interested in graduate study.
- PRACTICE your elevator speech and networking skills; learn more about professional attire.
- UPDATE your LinkedIn and Handshake profile to enhance your professional image and continue to connect with professionals in your field.

## Fourth Year

- SCHEDULE an appointment with your career coach to review your resume and discuss your job search strategy.
- UPDATE your resume to include internships, volunteer and leadership experience, involvement and work, and professional organizations.
- IDENTIFY a list of references and professional contacts.
- LEARN and practice interview skills at [appstate.biginterview.com](http://appstate.biginterview.com).
- ATTEND Career Development events.
- RESEARCH company information for your field.
- ATTEND a regional or national professional conference or workshop in your field of study.
- TAKE graduate school admissions test(s) if applicable.
- APPLY for jobs and/or graduate programs.
- FOLLOW UP with a thank you letter to employers after you complete an interview.

**WHAT IS A PORTFOLIO?** A portfolio is an academic website where you can reflect on your learning and design a digital presence for a professional audience. You can post your learning and work experiences, research projects or showcase multimedia work in an online portfolio to show to potential employers or graduate schools. You will continue to have access to your Aportfolio even after you graduate! For more information on Aportfolio and how to get started, visit [aportfolio.appstate.edu](http://aportfolio.appstate.edu).

# Majors at Appalachian

## Beaver College of Health Sciences (828) 262-8145

**Communication Sciences and Disorders BS** \_\_\_\_\_ 262-7182  
**Health & Exercise Science** \_\_\_\_\_ 262-3140  
Exercise Science BS  
Public Health BS  
**Nursing BSN** \_\_\_\_\_ 262-8039  
**Nutrition & Health Care Management** \_\_\_\_\_ 262-8619  
Health Care Management BS  
Nutrition & Foods, Dietetics BS  
Nutrition & Foods, Foodsystems Management BS  
Nutrition & Foods, Nutrition & Wellness BS  
**Recreation Management & Physical Education** \_\_\_\_\_ 262-7808  
Health & Physical Education K-12 BS  
Recreation Management, Commercial Recreation & Tourism Management BS  
Recreation Management, Outdoor Experiential Ed. BS  
Recreation Management, Recreation & Park Management BS  
**Social Work BSW** \_\_\_\_\_ 262-2299  
**College of Arts and Sciences (828) 262-3078**  
**Anthropology** \_\_\_\_\_ 262-2295  
Anthropology BA  
Anthropology BS  
Anthropology, Multidisciplinary BS  
**Biology** \_\_\_\_\_ 262-3025  
Biology BA  
Biology, Cell & Molecular Biology BS  
Biology, Ecology/Evolution/Environmental Biology BS  
Biology, Secondary Education BS  
**Chemistry and Fermentation Sciences** \_\_\_\_\_ 262-3010  
Chemistry BA  
Chemistry, Biochemistry BS  
Chemistry, Certified Chemist BS  
Chemistry, Environmental BS  
Chemistry, Fermentation Sciences BS  
Chemistry Forensic Science BS  
Chemistry, Individually Designed BS  
Chemistry, Marketing & Business BS  
Chemistry, Secondary Education BS  
Fermentation Sciences BS  
**Computer Science BS** \_\_\_\_\_ 262-2370  
**English** \_\_\_\_\_ 262-3098  
English, Creative Writing BA  
English, Film Studies BA  
English, Literary Studies BA  
English, Professional Writing BA  
English, Secondary Education BS  
**Geography & Planning** \_\_\_\_\_ 262-3000  
Community & Regional Planning BS  
Geography BA  
Geography, General Geography BS  
Geography, Geographic Information Systems BS  
**Geological & Environmental Sciences** \_\_\_\_\_ 262-3049  
Environmental Science, Earth Systems Science BS

Environmental Science, Life Science BS  
Geology BA  
Geology BS  
Geology, Earth/Environmental Science, Secondary Education BS  
Geology, Environmental Geology BS  
Geology, Paleontology BS  
Geology, Quantitative Geoscience BS  
**Government & Justice Studies** \_\_\_\_\_ 262-3085  
Criminal Justice BSCJ  
Criminal Justice, International Studies BSCJ  
Political Science BA  
Political Science, American Politics BS  
Political Science, International & Comparative Politics BS  
Political Science, Pre-Professional Legal Studies BS  
Political Science, Public Administration/ Public Management BS  
Political Science, Public Administration/ Town Administrator, City County Management (TACCM) Concentration BS  
**History** \_\_\_\_\_ 262-2282  
History BA  
History, Applied & Public BS  
History, Multidisciplinary BS  
History, Social Studies Education BS  
**Interdisciplinary Studies** \_\_\_\_\_ 262-3177  
Gender, Women's, & Sexuality Studies BA  
Global Studies BA  
IDS Individually Designed BA  
IDS Individually Designed BS  
**Languages, Literatures and Cultures** \_\_\_\_\_ 262-3095  
East Asian Languages and Cultures BA  
German BA  
French & Francophone Studies BA  
French & Francophone Studies Ed. K-12 BS  
Spanish and Hispanic Studies BA  
Spanish Education K-12 BS  
**Mathematical Sciences** \_\_\_\_\_ 262-3050  
Actuarial Science BS  
Mathematics BA  
Mathematics, Business BS  
Mathematics, Computation BS  
Mathematics, General Mathematics BS  
Mathematics, Life Sciences BS  
Mathematics, Physical Sciences BS  
Mathematics, Secondary Education BS  
Mathematics, Statistics BS  
**Philosophy & Religion** \_\_\_\_\_ 262-3089  
Philosophy BA  
Religious Studies BA  
**Physics** \_\_\_\_\_ 262-3090  
Physics BA  
Physics, Applied Physics BS  
Physics, Secondary Education BS  
**Psychology** \_\_\_\_\_ 262-2272  
Psychology BA  
Psychology, Business BS  
Psychology, Educational Studies BS  
Psychology, Health Studies BS  
Psychology, Human Services BS

Psychology, Natural Science BS  
Psychology, Social Science BS  
Psychology, Sustainability BS  
**Sociology** \_\_\_\_\_ 262-2293  
Sociology BA  
Sociology, Applied Research Methods BS  
Sociology, Criminology, Deviance and Law BS  
Sociology, Families and Intimate Relationships BS  
Sociology, Individually Designed BS  
Sociology, Social Inequalities BS  
Sociology, Sociology of Health & Aging BS  
**College of Fine and Applied Arts (828) 262-7129**  
**Applied Design** \_\_\_\_\_ 262-7333  
Apparel Design & Merchandising BS  
Industrial Design, Furniture Design BS  
Industrial Design, Product Design BS  
Interior Design BS  
**Art** \_\_\_\_\_ 262-2220  
Art Education K-12 BFA  
Art & Visual Culture, Art History BA  
Art & Visual Culture, Art Management BA  
Art & Visual Culture, Studio Art BA  
Commercial Photography BS  
Graphic Communications Management, Cross Media Production BS  
Graphic Communications Management, Print, Packaging and Production BS  
Graphic Design, BFA  
Studio Art BFA  
**Communication** \_\_\_\_\_ 262-2221  
Communication, Advertising BS  
Communication, Electronic Media/ Broadcasting BS  
Communication Studies BS  
Communication, Journalism BS  
Communication, Public Relations BS  
**Sustainable Development** \_\_\_\_\_ 262-6926  
Sustainable Development BA  
Sustainable Development, Agroecology & Sustainable Agriculture BS  
Sustainable Development, Community, Regional & Global Development BS  
Sustainable Development, Environmental Studies BS  
**Sustainable Technology & the Built Environment** \_\_\_\_\_ 262-3110  
Sustainable Technology BS  
Building Science, Architectural Technology & Design BS  
Building Science, Construction Management BS  
Building Science, Sustainable Building Systems BS  
**Theatre & Dance** \_\_\_\_\_ 262-3028  
Dance Studies BA  
General Theatre BA  
Performance BA  
Theatre Design/Technology BA  
Theatre Education BA  
**Hayes School of Music (828) 262-3020**  
Choral Music Education K-12 BM

General Music Education K-12 BM  
Instrumental Music Education K-12 BM  
Music Industry Studies BS  
Music Performance, Composition & Theory BM  
Music Performance, Instrument BM  
Music Performance, Sacred Music BM  
Music Performance, Vocal BM  
Music Therapy BM

## Reich College of Education (828) 262-2232

**Curriculum and Instruction** \_\_\_\_\_ 262-2224  
Career & Technical Education:  
Agriculture Education BS  
Career & Technical Education: Business, Finance, & Information Technology BS  
Career & Technical Education: Business, Marketing, & Entrepreneurship BS  
Career & Technical Education: Family & Consumer Sciences BS  
Career & Technical Education: Technology, Engineering, & Design BS  
Career & Technical Education: Trade & Industry BS  
Career & Technical Education: Workforce Leadership & Development BS  
Elementary Education BS  
Middle Grades Language Arts & Math BS  
Middle Grades Language Arts & Science BS  
Middle Grades Language Arts & Social Studies BS  
Middle Grades Math & Science BS  
Middle Grades Math & Social Studies BS  
Middle Grades Science & Social Studies BS  
**Family & Child Studies** \_\_\_\_\_ 262-3120  
Child Development, Family & Child Studies BS  
Child Development, Birth-Kindergarten BS  
**Reading & Special Education** \_\_\_\_\_ 262-2182  
Special Education, General Curriculum, K-12 BS  
Special Education, Adapted Curriculum, K-12 BS

## Walker College of Business (828) 262-2057

**Accounting BSBA** \_\_\_\_\_ 262-2036  
**Computer Information Systems BSBA** \_\_\_\_\_ 262-2034  
**Economics BSBA** \_\_\_\_\_ 262-2148  
General Economics BA  
Environmental Economics & Policy BA  
International Economics BA  
Regional Economic Development BA  
**Finance & Banking BSBA** \_\_\_\_\_ 262-4030  
Risk Management & Insurance BSBA  
**Management BSBA** \_\_\_\_\_ 262-2163  
Hospitality & Tourism Management BSBA  
**International Business BSBA**  
**Marketing and Supply Chain Management** \_\_\_\_\_ 262-2145  
Digital Marketing BSBA  
Marketing, General Marketing Concentration BSBA  
Marketing, Sales Concentration BSBA  
Supply Chain Management BSBA



# Get Your Hands Dirty

*your guide to leadership, service,  
sustainability, diversity, the arts  
and engagement*

Mountaineers:

Welcome to Appalachian State University! We are excited that you have joined our community and look forward to the many contributions you will make to our campus.

As you begin this journey, you join us from various locations around our great state, country and world. Your experiences throughout your life make up your story, and define where you have been, and assist in determining where you want to go. Here at Appalachian, your story is important as we strive for inclusion, tolerance and respect for all members of society regardless of race, sexual orientation, religion or thought. Our goal is to have a campus community that is welcoming to all and hostile to none. This spirit is reflected best in our recently adopted Strategic Plan, and states:

*"We promote a spirit of inclusion that inspires students, faculty, and staff to form relationships extending well beyond graduation. Our students think critically, communicate effectively, make local to global connections, and understand the responsibilities of community engagement. We embrace our obligation to help create healthy, just, and sustainable societies by equipping our students to live with knowledge, compassion, dedication, humility, and dignity."*

In this journey you will be challenged academically, socially, and in many other ways as a student. We are here to support this journey as you find your voice, learn and grow as a member of our community. I believe that a key to having the deep experience we want you to have is to be open to new ideas, perspectives, and learning new skills. This is your time to start a new chapter in your life and as a community we look forward to working on these goals together. Again, welcome and we are so glad that you are part of the Black and Gold community.

With Appalachian Pride,



J.J. Brown  
Vice Chancellor for Student Affairs



# Get Involved: **Leadership**

*“We bring people together in inspiring ways. The transformational Appalachian experience develops individuals who are eager to acquire and create knowledge, to grow holistically, to act with passion and determination, to embrace diversity and difference, and to become contributing members of society.”* —from the Appalachian State University Mission Statement

Plemmons Student Union averages over 10,000 patrons every day and is the home to more than 400 student-led organizations.

● **Department of Student Engagement and Leadership** [engageandlead.appstate.edu](http://engageandlead.appstate.edu) | Enrich your Appalachian State experience as an active contributor to the vibrant campus community. The four foundational areas of the Department of Student Engagement & Leadership are Leadership Development, Campus Activities, Plemmons Student Union, and A.C.T. (Appalachian and the Community Together). These areas offer programs and facilities that give students opportunities to get involved and stay successful.

231 Plemmons Student Union

(828) 262-3032

● **Leadership Development** [leadership.appstate.edu](http://leadership.appstate.edu) | Whether you are looking to minor in leadership or simply sharpen your skills as a leader, the Leadership Development Program provides opportunities for students to develop themselves as active leaders on campus and beyond.

244 Plemmons Student Union

(828) 262-6252

● **Campus Activities** [campusactivities.appstate.edu](http://campusactivities.appstate.edu) | Explore new hobbies, build friendships, and gain transformational experiences! Get involved in one or more of over 400 clubs, organizations, and learning opportunities offered through the Office of Campus Activities! Campus Activities is also home to Fraternity and Sorority Life as well as our campus programming board APPS.

244 Plemmons Student Union

(828) 262-6252

● **Appalachian Popular Programming Society (APPS)** [apps.appstate.edu](http://apps.appstate.edu) | This student-run organization selects, plans, and presents popular, cultural, educational, and social co-curricular programming for Appalachian students, including concerts, plays, movies, festivals, activities, and more!

233 Plemmons Student Union

(828) 262-6252

● **AppSync** [appsync.appstate.edu](http://appsync.appstate.edu) | This resource is the online portal for all student involvement opportunities from clubs and organizations to jobs and events on campus. All students are given an account with their username and password to explore the co-curricular possibilities that App has to offer. The app is available in the Apple App Store and Google Play Store.

219 Plemmons Student Union

(828) 262-7382



*“Often when people think of leadership on a college campus they think of being president of a club or organization or getting accepted into an elite organization. But leadership often starts with service, and there are plenty of opportunities to serve others here at Appalachian. Service can look like going on ASE with a group of your peers, or giving back to the local elementary school children in the area. Your service to and for others will almost always lead you to the plentiful leadership positions here on Appalachian’s campus.”*

—Nia Robinson, Middle Grades Education major

**WELCOME TO APP: What is it?** Welcome To App is a multi-day welcome festival for incoming students at Appalachian. This event features a number of exciting opportunities for students to have fun, learn more about the University, and find ways to get involved with the Appalachian Community.

# Get Involved: **Service**

*“Learning takes place within formal and informal instructional settings with dedicated faculty members, in co-curricular programs that enrich classroom experience, in interdisciplinary educational formats and through outreach to local community and beyond. Appalachian cultivates diverse and vibrant arts that enrich the cultural and intellectual climate of the campus and region.”*  
—from the Appalachian State University Mission Statement

## ● **Appalachian and Community Together (ACT)** [act.appstate.edu](http://act.appstate.edu)

The ACT office provides service experiences as opportunities to connect and engage with others to build authentic relationships, to stimulate critical thinking and skill building, and to recognize individual impact and responsibility within our local and global community. The ACT Office is the place to come collaborate, talk, and organize with other students about how to address our concerns of the world. The ACT student leader team is a meaningful resource to help you connect with the community and they serve as potential collaborators for those who want to make a difference.  
138 Plemmons Student Union (828)-262-2545

● **Academic Civic Engagement** [engagement.appstate.edu](http://engagement.appstate.edu) | Connect your coursework with the local community. Numerous classes have a service component to help students meet the needs of the local community, learn course content, and consider the role of citizenship within one’s major. Upon graduation, course participants have the opportunity to apply for the Civic Engagement Certificate which will recognize recipients for completing a significant number of service-learning courses and demonstrating an outstanding commitment to civic leadership and social responsibility throughout their collegiate career.

● **Alternative Service Experience** [ase.appstate.edu](http://ase.appstate.edu) | Are you interested in taking your education beyond the classroom? Consider an Alternative Service Experience and explore a variety of social issues while working with communities across the globe. Whether a domestic program on the Gulf Coast or an international program south of the equator, use your time during fall, winter, or spring break to create deeper connections between your classroom work and the communities of the world.

● **Leadership and Community Outreach** [act.appstate.edu](http://act.appstate.edu) | ACT organizes large-scale service events that connect students to the local community and nonprofit partners. ACT’s large-scale events, including the MLK Challenge, Homecoming Blood Drive, Dance Marathon, and Don’t Throw it Away, are opportunities to do direct service with a community nonprofit partner. Students can join the planning committees for these events or simply show up and serve.

● **Internship Office** [internships.appstate.edu](http://internships.appstate.edu) | An internship combines work and learning in a possible career field, offers on-the-job training, and is a great resumé builder. While searching for and applying to internships, the Internship Office is available to offer helpful guidance and support along the way.  
369 John E. Thomas Hall (828) 262-2180

*“Never forget that justice is what love looks like in public.”*

—Cornel West



*“I wanted to get involved in ACT because I wanted to get closer with the school and the surrounding community. To me, it is really important to give back to areas that we live in, especially when we’re in college. Although we’re only here for four years, we have the potential to make a huge lasting impact on the town and county we temporarily call home. Through ACT and other service organizations, students learn so much about our world and broaden their horizons beyond the campus.”*

— Lucas Saacks, Exercise Science major

**WELCOME TO APP: Club Expo** Appalachian State hosts Club Expo at the beginning of every semester to provide students the opportunity to learn about the 400+ clubs and organizations on campus. Whatever your interests, be it Quidditch, knitting, service, intramural sports, online gaming, social justice and minority issues, or student government, Club Expo will give you a chance to find your place in the Appalachian Community!

# Get Involved: Sustainability

Do you want to be a bigger part of sustainability at Appalachian? The OOS has so many ways to be involved – student Sustainability Ambassadors, volunteer Eco-Reps from each residence hall, and volunteer opportunities every day. Join the sustainability Google Group for a weekly email about volunteer opportunities, or come by the office to talk to us about how your skills and interests can help Appalachian be more sustainable!

“When one tugs at a single thing in nature, he finds it attached to the rest of the world.”

—John Muir

- **The Office of Sustainability [sustain.appstate.edu](https://sustain.appstate.edu)** | The OOS is the best place at Appalachian State to learn about sustainable initiatives on campus. The OOS is active on social media as well, so be sure to follow sustainAppalachian on Instagram; @sustainapp on Twitter; and sustainAppalachian on Facebook for up-to-date information about events and ways to get involved.  
Basement Level of East Hall (828) 262-2659
- **Zero Waste [sustain.appstate.edu/initiatives/zerowaste/](https://sustain.appstate.edu/initiatives/zerowaste/)** | Zero Waste is a campus wide effort to reduce what goes into the landfill through purchasing decisions, recycling, and composting efforts. Look for the black (landfill), blue (recycling), and green (compost) bins on campus and do your part to help Appalachian achieve Zero Waste goals. And be sure to look for the Zero Waste zones at Mountaineer football games!
- **Food Resource Hub & Free Store [sustain.appstate.edu/initiatives/food-pantry/](https://sustain.appstate.edu/initiatives/food-pantry/)** | Any students or Appalachian family members who have food or goods needs are invited to visit the food hub. The main location is in the OOS, and offers non-perishable staples as well as fresh bread and seasonal, local fruits and vegetables, as available. The Free Store is a place where you can come shop for clothes, school supplies, and things for your room or apartment, and donate gently used items as well.
- **Green Appal Certification [sustain.appstate.edu/initiatives/residence-hall-certification/](https://sustain.appstate.edu/initiatives/residence-hall-certification/)** | A partnership between the OOS and University Housing, Green Appal is a program where students voluntarily participate to show their commitment to sustainability in their residence hall rooms.
- **Carbon Neutral Commuter [sustain.appstate.edu/initiatives/commuter/](https://sustain.appstate.edu/initiatives/commuter/)** | Bringing a car with you to Boone? Offset the carbon you produce commuting between campus and home for just \$8 per year. This addition to your parking pass can be purchased at any time through the office of Parking and Traffic.



“Sustainable Development promotes the protection of our environment, future generations and the biodiversity of our planet. For me, striving for sustainability offers hope for a future where all organisms can thrive together. Sustainable Development is important to me because the beauty and biodiversity of this planet is far more powerful than profit. I got involved on campus through Fiji, then branched out to Appalachian and the Community Together, then I joined ClimACT and now I’ve started a new club on campus... Free Tibet App State!”

—Justin Marks, Sustainable Development major

**WELCOME TO APP: The Big Sale** Appalachian and the Community Together (ACT) hosts an annual sale just before the beginning of the fall semester in mid-August. By selling donations of unwanted residence hall items collected at the end of the previous school year, the Big Sale at Legends (our on-campus night club) encourages students to purchase gently used items that were diverted from landfills. The proceeds of this event benefit a local organization or nonprofit!



# Get Involved: Diversity

*Intercultural Student Affairs aspires to offer leadership, advocacy, and serve as a resource to all Appalachian State University constituents and residents of Northwest North Carolina in matters concerning diversity. Intercultural Student Affairs also aspires to contribute to a campus-wide conversation that advances the University's commitment to an inclusive learning environment for everyone.*

- **Intercultural Student Affairs** [multicultural.appstate.edu](http://multicultural.appstate.edu) | The Office of Intercultural Student Affairs contributes to the academic mission of Appalachian State University by providing marginalized and underrepresented students with mentoring, advocacy, community, and identity affirmation; as well as by offering multiple and varied learning opportunities for all Appalachian students to develop an appreciation for diversity.  
255 Plemmons Student Union (828) 262-6158
- **Henderson Springs LGBT Center** [lgbt.appstate.edu](http://lgbt.appstate.edu) | Operated by dedicated student volunteers, the Henderson Springs LGBT Center provides resources, support, and information for members of lesbian, gay, bisexual, transgender, queer, questioning, intersex, and ally communities.  
108 Plemmons Student Union (828) 262-8566
- **Multicultural Center** [multiculturalcenter.appstate.edu](http://multiculturalcenter.appstate.edu) | The Multicultural Center serves as a connection point for Appalachian's multicultural clubs. Staffed by students, the Center promotes diversity and inclusion through educational and social programming that is open to all students.  
112 Plemmons Student Union (828) 262-7276
- **Women's Center** [womenscenter.appstate.edu](http://womenscenter.appstate.edu) | The Women's Center is run by volunteers and is committed to educating the community, eliminating gender discrimination, promoting equity, and empowering women and girls.  
110 Plemmons Student Union (828) 262-6744
- **International Education and Development** [international.appstate.edu](http://international.appstate.edu) | The Office of International Education and Development supports students in developing awareness, knowledge, appreciation, and respect of cultural differences in both domestic and international contexts.  
321 Plemmons Student Union (828) 262-2046
- **Student Veteran Services** [militarystudents.appstate.edu](http://militarystudents.appstate.edu) | Student Veteran Services is committed to the educational success of service-members, veterans, and their dependents.  
251 Plemmons Student Union (828) 262-2722

*"I, too, am America."*

*—Langston Hughes*

Intercultural competence includes being self-aware, having knowledge of difference and being able to interact across differences.



*"Diversity encompasses a multitude of identities and experiences that are crucial to one's understanding of self, their education, and their peers. Appalachian provides many opportunities and resources for students to develop an openness to cultural differences and inclusion (i.e. Intercultural Student Affairs, Clubs & Organizations, Residential Learning Communities, etc.). Everyone can find their home away from home here at Appalachian State University."*

*— Kelsey Lam, Psychology major*

**WHY IS DIVERSITY IMPORTANT?** Appalachian considers it an essential public service to recruit, retain, and graduate a diverse student body that is able to apply innovative solutions to the complex cultural, economic, social, environmental, and political challenges of a global society.

# Get Involved: **Global Learning**

*Students will engage in diverse experiences at home and abroad to increase their knowledge of global issues, regions and cultures, improve their intercultural skills, and develop attitudes that cultivate global citizenship.*

*"I am forever grateful for the Gilman Scholarship for helping me embark on an incredible opportunity to shadow medical personnel abroad in Zambia while learning and building important relationships with others that will last a lifetime!*

*—Carly Peggs,  
summer 2018  
recipient*

## **Be an engaged global citizen!**

- **Study Abroad 101** [international.appstate.edu](http://international.appstate.edu) | Appalachian offers numerous opportunities for students to study abroad while meeting their academic goals through faculty-led programs, exchange and affiliate programs, international internships, independent studies, international student teaching, and international service. For students planning to study abroad, the Office of International Education and Development offers in-person and online workshops to cover information about upcoming trips, costs, and application processes.
- **Participate in an international or domestic service experience.** [ase.appstate.edu](http://ase.appstate.edu) | Whether a domestic program on the Gulf Coast or an international program south of the equator, use your time during fall, winter, and spring break to create deeper connections between your classroom work and the communities of the world.
- **Apply for a nationally competitive scholarship or fellowship to learn languages, teach, study abroad, conduct research, or pursue other creative endeavors.** [ncs.appstate.edu](http://ncs.appstate.edu) | Meet with a Nationally Competitive Scholarships Advisor to learn more about awards you could be eligible for that connect directly to your future goals. Learn how you could get funded to pursue your passions.
- **Earn a Global Connections Certificate.** [globalstudies.appstate.edu/global-connections-certificate](http://globalstudies.appstate.edu/global-connections-certificate) | The Global Connections Certificate is administered through the Global Studies program and is available to all Appalachian undergraduate students. The certificate includes 15-21 hours of course work, study abroad, and at least 40 hours of community service.



*"Learning doesn't just happen in classrooms and studying abroad is the perfect example of that. Being overseas is an amazing educational opportunity that more students should take advantage of before they graduate. I was able to enhance my language skills, eat amazing food, and experience a culture unlike my own. Going abroad has allowed me to continue to chase my dreams while helping me find my way. If you're curious about study abroad opportunities, the best place to start is the Office of International Education and Development. There you'll be able to explore endless possibilities for you to see the world!*

*—Monique Geter, Global Studies major*

**DON'T WAIT!** Start planning an international experience during your first semester at Appalachian. Attend a Study Abroad 101 Workshop to learn more about available programs and opportunities. Then meet with an OIED advisor to talk about your academic needs, personal goals, and the application process. Visit [international.appstate.edu](http://international.appstate.edu); from the Quick Links block, click on Education Abroad Advising to get started.

# Get Involved: Arts & Humanities

Need a release from the classroom stress? Looking for creative inspiration? Grab a friend and join us for an event, performance, exhibition, or workshop — you can find something almost every day of the year. Learn more at [appstate.edu/arts](http://appstate.edu/arts).

## ● The Arts at Appalachian

- 600+ arts and humanities events on campus annually
- 6 free student workshops each week at the Turchin Center
- 14 exhibition and performance venues on campus
- 10 departments offer degree tracks in arts or humanities
- 80 students are employed annually within the arts and humanities
- 20+ countries recently featured in arts and humanities programming, including Mexico, Australia, New Zealand, United Kingdom, Brazil, Cuba, Ukraine, Germany, Israel, Chile, Spain, Russia, Poland, South Africa, and France

● **College of Fine and Applied Arts (FAA)** [faa.appstate.edu](http://faa.appstate.edu) | FAA is home to HOW Space, a collaborative community venue hosting arts programming, events, and more, and it is affiliated with three on-campus galleries. Additionally, the Department of Theatre and Dance offers approximately 10 productions annually, the Department of Art presents multiple guest artist exhibitions along with student work each year and the Department of Applied Design hosts the Apparel Design and Merchandising Showcase featuring student collections every April.

● **College of Arts and Sciences (CAS)** [cas.appstate.edu](http://cas.appstate.edu) | CAS is home to the Hughlene Bostian Frank Visiting Writers Series that brings creative writers of national renown to the Appalachian community each semester. The Department of Languages, Literatures, and Cultures within CAS hosts the annual International Speaker series which brings international speakers and authors to campus. The annual Humanities Council Symposium and Brown Bag Lunch series provide interdisciplinary opportunities promoting the importance of the humanities. CAS is also home to the Appalachian Journal, a multi-disciplinary, peer-reviewed quarterly dealing with the region of the Appalachian Mountains.

● **Hayes School of Music** [music.appstate.edu](http://music.appstate.edu) | The Hayes School of Music enrolls over 500 students pursuing careers in music education, sound recording technology, music therapy, sacred music, composition, music business, music merchandising, performance, and many academic fields of music. They also host over 190 concerts each year performed by students, ensembles, faculty, and guest artists.



*“Art is something that makes you breathe with a different kind of happiness.”*

—Anni Albers

## The Turchin Center for the Visual Arts [tcva.appstate.edu](http://tcva.appstate.edu)

The Turchin Center hosts 12 changing exhibitions annually, featuring contemporary art of regional, national, and international artists. ARTtalks are led by artists, scholars, and practitioners and “First Fridays” are festive evening events held in conjunction with the Boone Art Crawl. Free student workshops are offered Monday - Friday and the Rosen Outdoor Sculpture Exhibition features juried sculptures on campus.

**SCHAEFER CENTER FOR THE PERFORMING ARTS** [theschaefercenter.org](http://theschaefercenter.org) | The Schaefer Center is a state-of-the-art, 1,655-seat venue managed by the Office of Arts & Cultural Programs. Over 150 events are scheduled there annually, including performances by visiting artists from across the region and globe, who appear as part of An Appalachian Summer Festival and “The Schaefer Center Presents...” performing arts series. Discounted student tickets are offered year-round!



# Get Involved: **Go Play!**

*Boone has over two million acres of wild, rugged, and undeveloped land at its doorstep. It will take a lifetime to experience it all, so you better get started now. If you prefer indoor adventure, Appalachian has plenty of opportunities for that as well.*

- **Club and Intramural Sports** [urec.appstate.edu](http://urec.appstate.edu) | The Club Sports Program allows students to play a sport they love against other regional colleges and universities while the Intramural program allows students to play on teams against other Appalachian students.  
150 Bodenheimer Dr., Student Recreation Center (SRC) (828) 262-2100
- **Group Fitness** [fitness.appstate.edu](http://fitness.appstate.edu) | Group Fitness offers over 50 classes per week ranging from yoga to spin to cardio dance and more. Group classes are a great way to meet people while developing life long wellness habits.  
(828) 262-2100
- **Outdoor Programs** [op.appstate.edu](http://op.appstate.edu) | Outdoor Programs introduces students, no matter what level of experience, to various outdoor opportunities such as rock climbing, whitewater rafting, kayaking, hiking, and climbing. Students can also earn certifications such as Wilderness First Aid and Leave No Trace. Outdoor Programs also sponsors events such as Banff Mountain Film Festival, the Appalachian Mountain Photography Competition, and various service opportunities.  
150 Bodenheimer Dr., Student Recreation Center (SRC) (828) 262-4077
- **Recreation Facilities** [urec.appstate.edu](http://urec.appstate.edu) | Three on-campus fitness centers are available to students (student ID required for entry). The Quinn Center, Mount Mitchell Life Fitness Center, and the Student Recreation Center offer various types of equipment and fitness classes.  
(828) 262-2100



*“Outdoor Programs at Appalachian State University allows me to gain experience leading trips in the great outdoors. Outdoor Programs offers a variety of trips for all levels of outdoor enthusiast. Some of my favorite trips to lead are whitewater rafting/kayaking, caving, and stand up paddle boarding. Outdoor Programs also offers hiking, climbing, canoeing, sea kayaking and much more. If you are an individual seeking outdoor experiences and others like yourself, Outdoor Programs is the perfect place for you.”*

*— Rueben Urdiales, Recreation Management major*

**WELCOME TO APP: UREC Fest** UREC Fest, a long-established Welcome To App event, is a great time to learn about recreation opportunities at Appalachian. Also, look for more info about groups that can help you get active at Club Expo!

# Get Involved: **Transfer Students**

*We hope that you're at Orientation because you plan to become a permanent part of the Appalachian family. The transition to a new school can be difficult, but studies show that transfer students who become involved have better graduation rates. You are also likely to enjoy your time here even more if you get involved!*

- **Office of Transfer Services** [transfer.appstate.edu](http://transfer.appstate.edu) | The Office of Transfer Services provides the knowledge and resources necessary to empower students through their Appalachian State journey by advocating and collaborating to build the bridges necessary for student transition, integration, and success.  
130 John E. Thomas Hall (828) 262-7877
- **Jump Start Appalachian** [jumpstart.appstate.edu](http://jumpstart.appstate.edu) | Jump Start Appalachian is a transfer student transition and support program that helps students find the answers and resources they need to successfully transfer to Appalachian State. Jump Start Appalachian assists students before, during, and after their transfer to Appalachian. Email [jumpstart@appstate.edu](mailto:jumpstart@appstate.edu) for more information.  
130 John E. Thomas Hall (828) 262-7877
- **Tau Sigma National Transfer Honor Society** [tausigma.appstate.edu](http://tausigma.appstate.edu) | Tau Sigma is a national academic honor society designed specifically to "recognize and promote the academic excellence and involvement of transfer students." The Gamma Nu Chapter of Tau Sigma at Appalachian State University recognizes the academic achievement of the most outstanding transfer students each semester and strives to help our University better serve the transfer population. Tau Sigma members are a great resource made available to serve current and future Appalachian transfer students.  
130 John E. Thomas Hall (828) 262-7877
- **Transfer Student Organization** | The Transfer Student Organization aims to bring transfers together in a constructive and educational environment. It's a great way to meet other transfer students and get involved on campus and in the community. Find more information by searching for Transfer Student Organization on AppSync.

Check out [offcampus.appstate.edu](http://offcampus.appstate.edu) for information on finding off-campus housing, the legal aspects of renting, and how to connect with the wider Boone community.



*"I transferred from Caldwell Community College in the Fall of 2018. As a transfer student, I have had a very positive experience! I am involved in the Transfer Student Mentors and the Transfer Student Organization here at App State. My biggest piece of advice is to get involved! Find a club, organization, or just find a group of friends to hangout with. Anything that gets you out of your residence hall or apartment and interacting with other people. Best of luck to you in your college journey and welcome to the Mountaineer family!"*

*- Sarah Estes, Social Work major*

**TRANSFER INVOLVEMENT** We want to see you on campus! Studies show that students who get involved in co-curricular activities like clubs, service, and leadership are more likely to do well in other aspects of college life. Even though you may live off campus, we encourage you to become a part of campus life.

# Appalachian Cares

## Staying Safe and Well on Campus

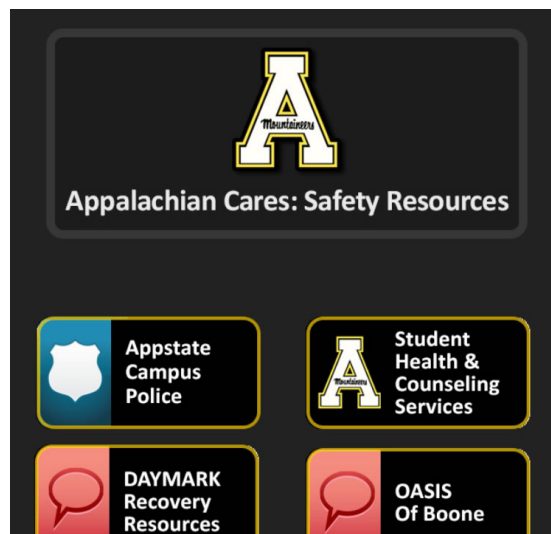
One thing students love about college is their newfound freedom in a less structured environment. Your first year in college is a wonderful time of increasing responsibility and growth, but that new freedom can also be stressful. You may need some help adjusting to your new responsibilities. Make sure you know about campus resources that can help you deal with these ups and downs. Visit [appcares.appstate.edu](http://appcares.appstate.edu) for a full listing of helpful resources and to download the Appalachian Cares app.

If you or someone you know is thinking about suicide, help is available. During business hours, contact Counseling and Psychological Services at **(828) 262-3180** and let them know you have an emergency.

After hours, on weekends, or during breaks, you may call Counseling and Psychological Services and select the option to speak to the counselor on call.

The National Suicide Prevention Lifeline is also available 24/7 by phone at 1-800-273-TALK[8255].

- **Appalachian Cares** [appcares.appstate.edu](http://appcares.appstate.edu) | The Appalachian Cares website is a clearinghouse for all the resources available to support students' safety, health, and wellness on campus.  
224 Anne Belk Hall (828) 262-6156
- **Counseling & Psychological Services** [counseling.appstate.edu](http://counseling.appstate.edu) | Counseling & Psychological Services provides students with a chance to meet with a mental health professional to determine the best course of treatment for a variety of issues. The Counseling & Psychological Services offers individual and group counseling as well as workshops on many topics and has walk-in hours for students in crisis.  
1st Floor, Miles Annas Building (828) 262-3180
- **Dean of Students** [deanofstudents.appstate.edu](http://deanofstudents.appstate.edu) | The Office of the Dean of Students can provide tailored resources and assistance to help students along their collegiate journey. The Dean's office seeks to connect students to the resources they need.  
324 Plemmons Student Union (828) 262-8284
- **Health Services** [healthservices.appstate.edu](http://healthservices.appstate.edu) | Student Health Services exists to meet the health needs of students at Appalachian State University. Services include appointments, a walk-in clinic, laboratory services, x-ray, an injury clinic, and pharmacy services.  
2nd floor, Miles Annas Building (828) 262-3100
- **Office of Title IX Compliance** [titleix.appstate.edu](http://titleix.appstate.edu) | The Office of Title IX Compliance helps to ensure that students, employees and campus visitors are treated with dignity and fairness. The Office of Title IX Compliance staff investigate complaints about harassment and discrimination, provide workshops and training on responsible human relations, and sponsor the Open Door program which honors every person's contributions to the community.  
123 I.G. Greer Hall (828) 262-2144
- **Wellness & Prevention Services** [wellness.appstate.edu](http://wellness.appstate.edu) | Learn healthy stress management methods and approaches to prevent psychological and physical problems due to stress. The Wellness Center focuses on encouraging good nutrition, exercise, and restful sleep; they also provide alcohol and drug assistance programs through individual and group counseling.  
1st Floor, Miles Annas Building (828) 262-3148



You can download the Appalachian Cares app at [appcares.appstate.edu](http://appcares.appstate.edu). It gives you fast and easy access to information about campus resources!

# Appalachian Cares continued

## Staying Safe and Well on Campus

- **The Office of Student Conduct** [studentconduct.appstate.edu](http://studentconduct.appstate.edu) | The mission of the Office of Student Conduct is to educate students about community standards, promote student learning and accountability, and facilitate the development of thoughtful and responsible individuals.
- **Know the Code: Code of Student Conduct & Academic Integrity Code** [studentconduct.appstate.edu](http://studentconduct.appstate.edu) & [academicintegrity.appstate.edu](http://academicintegrity.appstate.edu) | It is your responsibility to review and abide by Appalachian State University policies and procedures. Knowing the Code is important to your success at Appalachian.
- **Interpersonal Violence and Sexual Misconduct** [ipv.appstate.edu](http://ipv.appstate.edu) | Your safety is extremely important to us. Use the above website to learn what constitutes sexual misconduct; find out how to report sexual misconduct (sexual assault), relationship violence and stalking; discover campus and community resources; get the support you need; learn about Appalachian State University policies about Interpersonal Violence (IPV).
- **The Amnesty Policy** [studentconduct.appstate.edu](http://studentconduct.appstate.edu) | The Amnesty Policy encourages students to seek assistance from a University official or emergency personnel when they are faced with medical emergencies that involve underage drinking or drug use. This policy will provide an opportunity for an intervention that will not result in a disciplinary record from the Office of Student Conduct for students who seek assistance on their own behalf or on behalf of others. It applies to victims/complainants of interpersonal violence who were drinking underage or using drugs at the time of the incident and organizations hosting an event when a representative seeks assistance and remains on scene.
- **Know the Signs of Alcohol Poisoning** [wellness.appstate.edu](http://wellness.appstate.edu) | If any of these symptoms are present, roll the person on their side, stay with them and call 911 immediately.
  - Person is known to have consumed large quantities of alcohol.
  - Person is passed out and cannot be awakened.
  - Person has cold, clammy, or bluish skin color.
  - Person has slow or irregular breaths (less than 8 breaths per minute or more than 10 seconds in between breaths).
  - Person is vomiting (when alert or passed out).

*“Take care of yourself. Take care of each other. Take care of this place.”*

*—Unknown*

IT'S  UP TO ME  
US



Appalpedia  
*your guide to university  
resources and policies*



# Where can I find answers to financial questions?

## Appalachian Resources

### Financial Aid | [financialaid.appstate.edu](http://financialaid.appstate.edu)

The Financial Aid Office administers financial assistance programs for students. Their website lists a great deal of information as well as forms and deadlines.  
265 John E. Thomas Building (JET) (828) 262-2190

### Scholarships | [scholarships.appstate.edu](http://scholarships.appstate.edu)

Scholarships are available from many sources. This website lists Appalachian scholarships for first-year students, transfers, and continuing students as well as outside, need-based, and additional scholarships. It also includes deadlines for some scholarships. Students can also check with their major department to see if funding is available.  
134 John E. Thomas Building (JET) (828) 262-8453

### Student Accounts | [studentaccounts.appstate.edu](http://studentaccounts.appstate.edu)

The Student Accounts Office coordinates and maintains all aspects of a student's financial account, including the billing of tuition and fees. The website shares information on billing dates, cost of attendance, and the billing process.  
215 John E. Thomas Building (JET) (828) 262-2113

### Student Employment | [studentemployment.appstate.edu](http://studentemployment.appstate.edu)

Part-time job opportunities for students on and off campus are publicized through this office. Visit *Handshake* to see on and off campus part-time jobs, internships, and Federal Work Study-funded positions. There is also a listerv for students looking for odd jobs.  
369 John E. Thomas Building (JET), Career Development Center (828) 262-4099

### College Foundation of North Carolina | [cfnc.org](http://cfnc.org)

CFNC.org is a free service of the state of North Carolina that helps students plan, apply, and pay for college. Their website also contains information about how to understand financial aid, find scholarships, explore careers, and access other helpful resources.

### Federal Student Aid | [studentaid.ed.gov](http://studentaid.ed.gov)

This office is part of the U.S. Department of Education, the largest provider of financial aid in the country. Their website includes information about different types of aid, who can get aid, and how to apply for aid. Other resources include how to explore careers and manage student loans.

### Free Application for Federal Student Aid (FAFSA) | [fafsa.gov](http://fafsa.gov)

In order to be eligible for Federal, State, and Institutional financial aid, students must complete a FAFSA. The FAFSA is available starting on October 1st and students must complete a new FAFSA for each academic year.

## How will I get my bill each semester?

**Appalachian does not send paper bills!** An electronic statement for students registered for classes is normally issued prior to each semester (July/November). The statement will outline how much you owe. Emails notifying you of your account statement are sent to your Appalachian email address and to any additional designated email addresses that you authorize.

### Set up Authorized User Access

Appalachian State's faculty, staff, and administrators are prohibited from providing student-specific information to parents unless access has been granted. It is critical for you to authorize your parents/guardians or others through the Touchnet Billing and Payment Center if you want them to receive billing information. Emails from Student Accounts will outline how to grant authorized user access.

### Important Dates

Important dates can be found on the calendar tab at [studentaccounts.appstate.edu](http://studentaccounts.appstate.edu). If payment or authorized financial aid has not been posted to your account by the due date, Appalachian may delete your class schedule or charge late fees. Bills may be paid online via the Touchnet Billing and Payment Center. Students can access Touchnet through AppalNet Self Service.

**Living off-campus?** Check out [offcampus.appstate.edu](http://offcampus.appstate.edu) for tips on finding housing, transportation, and emergency information. Off-Campus Student Services also helps sponsor the Student Legal Clinic and helps students become part of the larger Boone community.

# Appalpedia

## Academic Calendar

The academic calendar includes dates concerning schedule cancellation, withdrawal, course drops, University breaks, and exam times, as well as other important deadlines that students are responsible for knowing ([registrar.appstate.edu/calendars-schedules](http://registrar.appstate.edu/calendars-schedules)).

## Academic Integrity

Appalachian State University's Academic Integrity Code is designed to create an atmosphere of trust, respect, fairness, honesty, and responsibility. All members of the Appalachian State University community are responsible for promoting an ethical learning environment. The code can be accessed on the web at [academicintegrity.appstate.edu](http://academicintegrity.appstate.edu) or you may call (828) 262-2704.

**Academic Probation and Suspension**—see Probation and Suspension

## Accelerated Admissions

Interested in being a step ahead of the rest? Visit [graduate.appstate.edu/accelerated-admission](http://graduate.appstate.edu/accelerated-admission) or call (828) 262-2130 to learn more about the Accelerated Admissions program where eligible undergraduate students can enroll in graduate level courses during their senior year. Approved participants can earn up to twelve hours of graduate course credit. Save Time! Save Money! Skip the GRE!

## Adding a course

You may add a full-semester course that has an open seat anytime during the first five days of classes (the drop/add period) of the fall and spring terms. The drop/add period is shorter for half-semester courses and for summer sessions. If a class you need is full and that course offers waitlisting, you can add yourself to the waitlist to potentially reserve a seat and receive notification if a seat opens before the end of drop/add. If a class is full and does not offer waitlisting, you can sit in on the first day and ask the professor for permission to add the course. If the professor agrees, the professor should notify the office of the department in which the course is offered so that the department can enter the permit. You will still need to log into the registration system through AppalNet to add the class.

## Aportfolio

Aportfolio is an academic website where you can reflect on your learning and design a digital presence for a professional audience. You can post your research projects, document your international experience, or showcase multimedia work in an online portfolio to show to potential employers or graduate schools. You will continue to have access to your Aportfolio even after you graduate! For more information on Aportfolio and how to get started, visit [aportfolio.appstate.edu](http://aportfolio.appstate.edu).

## Appalachian Collegiate Recovery Community (CRC)

A Collegiate Recovery Community (CRC) offers support to students who are in recovery; wanting to be in recovery; or those who wish to support others on their recovery journey. This community assists in each individual's unique recovery by preventing relapse, encouraging autonomy, providing support, increasing academic success, and offering a safe space on campus to process, grow, and reflect ([wellness.appstate.edu/pagesmith/112](http://wellness.appstate.edu/pagesmith/112)).

## AppalNet

AppalNet is a landing page for students to have convenient access for campus information and services (e.g. your MountaineerMail Gmail, Advising Appointments, DegreeWorks, etc.). Students can access and update much of their personal student information by logging into AppalNet Self Service from [appalnet.appstate.edu](http://appalnet.appstate.edu). Appalachian's Web Registration System (WRS) for class registration can also be accessed through AppalNet Self Service.

## AppCard—see Identification Cards

## AppState-ALERT Emergency Notification System

AppState-ALERT is Appalachian State University's official emergency messaging system consisting of voice and text alerts, outdoor sirens, computer pop-ups, and web messages. Students can sign up

## ACCELERATED ADMISSIONS

START WITH A  
BACHELOR'S  
- FINISH WITH  
A MASTER'S  
DEGREE!



to receive emergency voice and text messages by visiting [emergency.appstate.edu](http://emergency.appstate.edu). To learn more about the AppState-ALERT system and emergency preparedness, go to [appstatealert.com](http://appstatealert.com).

### **AppState Homepage**

Appalachian's homepage is a tool for finding answers to almost any question you have while you're here. You can link to AppalNet, AsU Learn, the library, and a wealth of other information. Search the homepage for links to the websites of departments and University offices or use the A-Z Index found in the upper right hand corner. You can also check the homepage for announcements about weather-related University closings and the latest AppState news. The homepage is [appstate.edu](http://appstate.edu).

### **AsU Learn**

AsU Learn is the University's official online course management system. It allows instructors to post course information like handouts or videos, make assignments, give quizzes, and hold class discussions. AsU Learn allows students to easily access class information, submit assignments, and communicate with the instructor and other students in the class. To log into AsU Learn, visit [asulearn.appstate.edu](http://asulearn.appstate.edu).

### **BA/BS/BM/BFA/BSBA/BSCJ/BSW/BSN**

These are abbreviations for the degrees offered at Appalachian. They represent the Bachelor of Arts (BA), Bachelor of Science (BS), Bachelor of Music (BM), Bachelor of Fine Arts (BFA), Bachelor of Science in Business Administration (BSBA), Bachelor of Science in Criminal Justice (BSCJ), Bachelor in Social Work (BSW), and Bachelor of Science in Nursing (BSN). There are different requirements for each degree. In addition to major requirements, the Bachelor of Arts degree requires a minor in another subject area and a foreign language through the intermediate level. With the exception of the Bachelor of Science degree in English, Secondary Education and the BSBA in International Business, the Bachelor of Science degrees have no foreign language requirement. Instead of a minor, the BS degree typically requires the completion of a career-oriented concentration.

**Career Development/Career Exploration**—see Blue Tab

### **Chancellor's List**

The Chancellor's List recognizes full-time students who receive a grade-point average of 3.85 or higher in any semester. (Semester hours must earn grade points and credit toward graduation.)

### **Civic Engagement**

Service-learning and community-based research are two forms of civic engagement. Many professors use civic engagement as a way to teach course material. Students connect with the local or international community to meet environmental and human needs as a way to develop an understanding of course content as well as civic responsibility.

### **Classification**

At the end of each semester, students are classified based on the number of credit hours earned. Classification affects your declaration of major, your assigned registration time, your housing and parking assignments, and financial aid, but it does not affect continued enrollment at Appalachian. The classifications are listed below.

<b>FIRST-YEAR</b>	<b>SOPHOMORE</b>	<b>JUNIOR</b>	<b>SENIOR</b>
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0–29 s.h.	30–59	60–89	90+
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### **College-Level Examination Program (CLEP)**

The College-Level Examination Program® (CLEP®) gives you the opportunity to earn college credit for what you already know with qualifying scores on one or more CLEP examinations. These exams test your knowledge of introductory college-level subjects.

Appalachian State University provides credit for successful scores on over 20 CLEP exams. Appalachian's CLEP testing policy can be found at [transfer.appstate.edu/node/433](http://transfer.appstate.edu/node/433). The link provides a list of exams for which credit is granted, the required score, and the equivalent course you would bypass.

*Every degree at Appalachian requires at least 120 and up to 126 hours to complete.*



Some programs may require that students have laptops. Contact your major department for more information.

### **Common Reading Program**

Every year, Appalachian chooses a book that the whole campus can read together. By participating in the program, students engage in a common intellectual activity with other students, faculty, and staff that introduces them to academic life on campus. New students receive a copy of the chosen book at Orientation in the summer so that they have several weeks to read the book before they arrive on campus in fall. During Welcome to App, students will have a chance to discuss the book in small groups led by members of Appalachian's faculty and staff, and students will have assignments and activities relating to the book in some of their classes over the course of the year. During the fall semester, Appalachian will host the author of the book or a speaker associated with the year's book. Many groups in the community also read the book.

### **Computers**

The Appalachian Campus Computer Program is administered by the University Bookstore. You can see recommended systems provided to the University by Apple and Dell through technology partnerships at special educational pricing. Additional information is available at [bookstore.appstate.edu](http://bookstore.appstate.edu).

There are numerous computer labs on campus. A listing of all computer labs, their locations, and software is located at [support.appstate.edu/labs](http://support.appstate.edu/labs). All of the residence halls have access to the Internet through Appalachian's Ethernet system. Additional information can be found at [resnet.appstate.edu](http://resnet.appstate.edu).

For additional information, please contact Technical Support at (828) 262-6266, email [techsupport@appstate.edu](mailto:techsupport@appstate.edu) or consult the website at [support.appstate.edu](http://support.appstate.edu).

### **Co-requisites**

Co-requisites are courses you must take in the same semester, such as Chemistry 1101 (lecture) and Chemistry 1110 (lab). Since you can't take one without the other, be sure to register for both courses at the same time. Always check the Undergraduate Bulletin and/or log into DegreeWorks to find information on which courses require co-requisites.

### **Course Numbers**

What do all the numbers mean? As a general rule, the 1000 and 2000 level courses are first year and sophomore courses, the 3000 level are junior courses, 4000 are senior courses, and 5000 are for graduate students. These are general guidelines. Students sometimes take courses higher than their level of classification if they've met prerequisites.

### **Credit by Exam**

Students who wish to challenge a regularly listed course should consult the appropriate department chairperson. If arrangements can be made, a moderate fee is charged for each examination. If the examination is passed, credit without a grade is noted on the student's transcript.

### **Dean's List**

The Dean's List recognizes students who carry 12-14 hours of coursework and attain a grade point average of 3.45 or higher. A student with 15 hours or more of coursework who attains a grade point average of 3.25 or higher is also recognized for the Dean's List. (Coursework must receive grade points and count toward graduation.)

**Declaring Your Major**—see Major Declaration

**Degrees Offered**—see BA/BS/BM/BFA/BSBA/BSCJ/BSW/BSN

### **DegreeWorks**

DegreeWorks is a web-based tool designed to help students monitor their academic progress towards degree completion. It can be accessed through the student's AppalNet account. Students can view courses they have completed and see what requirements still need to be completed before they can graduate. DegreeWorks also allows students and their advisors to plan courses to be taken in future terms to meet those requirements. For more information about DegreeWorks visit [www.degreeworks.appstate.edu](http://www.degreeworks.appstate.edu).

## Disability Resources

The Office of Disability Resources (ODR) is the designated office to assist eligible students, faculty, staff, and visitors with disabilities by determining access needs and coordinating academic adjustments or workplace accommodations in accordance with the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act (Section 504). Visit [odr.appstate.edu](http://odr.appstate.edu).

## Drop/Add Period

Students may drop courses through the first five days of a fall or spring semester and during the first two days of a five-week summer session. Please note the Drop/Add period is different for 1/2 semester courses. The Drop/Add Period is posted each term on the University Registrar's website under the Detailed Registration Calendar ([registrar.appstate.edu](http://registrar.appstate.edu)). After the designated Drop/Add period, a student will only be allowed to drop a total of **four courses** during his or her undergraduate career at Appalachian.

A course dropped after the Drop/Add Period will use one of your four career drops. The class must be dropped by the end of the ninth week of the regular academic term (or by the last day to drop a class as published in the Summer Schedule of Classes). Exceptions to the Drop/Add Period policy are granted only under extenuating circumstances and require the signatures of the instructor, the chairperson, and the Dean of the college/school in which the course is offered. Students seeking exceptions should go to the Dean's office of the college/school in which the course is offered.

## Dropping a Course

You may drop a course from your schedule after the designated Drop/Add Period up to **four** times, but with careful planning and a willingness to seek out academic assistance, you shouldn't need to drop any courses. Remember, to stay on track to graduate in 4 years, you will need to take 15-16 hours each semester. The following rules apply to dropping courses after the designated Drop/Add Period:

- ◇ If you decide to drop a course, you must officially drop the course or you will receive an F. You may drop a course in AppalNet Self Service or with assistance in the Registrar's Office.
- ◇ The class must be dropped by the end of the ninth week of the regular academic term (or by the last day to drop a class as published in the Summer Schedule of Classes). The last day to drop a class is posted in the Academic Calendar each term ([registrar.appstate.edu/calendars-schedules](http://registrar.appstate.edu/calendars-schedules)).

## Early College

Early College students complete high school while simultaneously earning college credit towards an Associate's degree or credits that will transfer to a four year institution. Currently, North Carolina has over fifty Early College high school programs throughout the state.

## ERA: Early Registration Advising

New students are required to complete ERA before they arrive on campus for Orientation. Early Registration Advising is an online course that helps you become familiar with General Education and your degree requirements and allows you to register for classes before you even step on campus for Orientation. If you did not complete ERA before arriving for Orientation, you will be expected to complete it at Orientation.

## Electives

Free electives are classes that do not fulfill requirements for your General Education, major, minor, or concentration. Some majors or minors include required electives that need to be chosen in consultation with an advisor in the appropriate department. If you're not sure you have room for electives in your degree program, log into DegreeWorks at [dw.appstate.edu](http://dw.appstate.edu) and discuss your options with your advisor before signing up for classes.



**Emergency Notification System**—see AppState-ALERT

### **Express Accounts**

You can establish an Express Account, which is a debit account, to allow you to use your Appalachian ID card in the University Bookstore, all food services and vending areas, and in some campus laundry facilities. There is no fee to open an Express Account. Contact the AppCard Office at (828) 262-6141 or visit [appcard.appstate.edu](http://appcard.appstate.edu) for more information.

### **FERPA**

The Family Educational Rights and Privacy Act (FERPA) of 1974, sometimes known as the Buckley Amendment, mandates that, with the exception of “directory information,” no student data can be released without the written permission of the student. Parent access to information can be granted through an option on your AppalNet account. You may grant your parents/guardians access to some or all of the following types of information: Academic Records, Student Accounts, Financial Aid, Housing, Varsity Athletics, Office of Disability Resources and/or Conduct Records. Visit [registrar.appstate.edu/resources/ferpa/ferpa-students](http://registrar.appstate.edu/resources/ferpa/ferpa-students) for more information.

### **Financial Aid**

Make sure you understand how your financial aid works. Visit [financialaid.appstate.edu](http://financialaid.appstate.edu) to learn more about financial aid. You may also reach out to your financial aid counselor by email ([financialaid@appstate.edu](mailto:financialaid@appstate.edu)) or phone (828-262-2190).

Keep in mind that your financial aid can be affected by academic choices. Dropping below 12 hours, withdrawing, or taking courses that do not meet degree requirements can impact your current and future aid. Failure to attend class can also affect your aid, as can a low GPA or failure to make adequate progress toward a degree. To avoid problems, make sure you understand the terms under which you are receiving aid and please reach out to the Financial Aid Office to understand how changes you make to your schedule will impact your aid or future eligibility for aid.

It is your responsibility to ensure that the courses you are enrolled in are required for your degree program as listed on the appropriate Program of Study. Courses not required for your degree program may not be counted in the enrollment status for financial aid eligibility. If you are registered for courses that do not meet your degree requirements, your financial aid could be adjusted or canceled accordingly.

Military affiliated students who plan to use VA Education Benefits (GI Bill) should contact the Financial Aid Office once they have been accepted to Appalachian and have registered for classes. The Financial Aid Office will help students process the GI Bill paperwork so they can receive benefits.

### **Fixed Tuition**

Fixed Tuition is a program passed by the North Carolina General Assembly that requires tuition rates be fixed for a maximum of 8 consecutive semesters (not including summer sessions) for qualifying NC residents attending any UNC system institution and pursuing their first bachelor's degree. Eligible students enrolled full-time or part-time can receive the Fixed Tuition benefit.

The program is designed as a cohort model. For example, eligible students who enroll for the first time at Appalachian State for Fall 2020 will be charged the tuition rate for Fall 2020 for the next 8 consecutive semesters of their enrollment. Visit [studentaccounts.appstate.edu/tuition-fees/nc-fixed-tuition-guarantee](http://studentaccounts.appstate.edu/tuition-fees/nc-fixed-tuition-guarantee) for more information.

### **Forgiveness Policies**

If students leave Appalachian after experiencing academic difficulty, they may be eligible to return under a forgiveness policy after one or two years without enrolling at Appalachian. Contact the Registrar's Office for information on how to return to Appalachian under a forgiveness policy. See your Undergraduate Bulletin at [bulletin.appstate.edu](http://bulletin.appstate.edu) for complete Academic Regulations information.

## Four Year Guides

The Four Year Guides are meant to serve as examples of how a degree can be completed in four years. Because each student's situation is different, you will probably not be taking courses in exactly the order they are listed on the guide for your major, but you should use the online guides to tailor the degree requirements to meet your own graduation goals. Any AP, IB, or transfer coursework can affect your specific four year plan. Work with your advisor (especially your major advisor after you declare) to adapt the four year guide to your situation. View Four Year Guides at [fouryearguides.appstate.edu](http://fouryearguides.appstate.edu).

## Grade Forgiveness Policy

The first four unique courses that students retake will be automatically processed using grade forgiveness. The initial grade remains on the transcript, but is no longer part of the GPA calculation. Students may elect to exclude one of these first four courses from grade forgiveness if they submit a request by the drop/add deadline in the term in which they are taking that course. See your Undergraduate Bulletin at [bulletin.appstate.edu](http://bulletin.appstate.edu) for complete Academic Regulations information.

## Graduation Requirements

The minimum number of hours required for graduation is 120, although some majors may require up to 126 hours.

In order to achieve a degree from Appalachian, an undergraduate student must complete the following "in residence" requirements.

- ◇ a minimum of eighteen (18) semester hours in the major and (if applicable) nine (9) semester hours in the minor; and,
- ◇ at least 25% of the credit hours required for the degree.
- ◇ in addition to these residency requirements, at least 50 semester hours must be taken at a senior institution (a four-year college). Consult your Undergraduate Bulletin at [bulletin.appstate.edu](http://bulletin.appstate.edu) for more information about graduation requirements.

Courses not considered "in residence" include transfer credit, credit by examination, credit for life experience, credit for military experience, credit while enrolled in a non-degree status, and "institutional" credit.

Walker College of Business majors must complete in residence at least fifty percent of the business coursework required for the BSBA degree.

## Health Services Immunization and Health Insurance Requirements

The UNC System requires that eligible students must have health insurance. Students who do not submit an online waiver for verification of outside health insurance will be automatically enrolled in the UNC system-wide plan and the insurance premium will be added to their student account. For more information, visit [healthservices.appstate.edu](http://healthservices.appstate.edu) and click on "Student Insurance."

North Carolina state law (General Statute 130A-155.1) requires anyone entering college to present a certificate of immunization that documents their compliance with all required immunizations. At Appalachian, we ask that students enter their immunizations and medical history via the MedPortal. Immunization Forms / Documentation should then be uploaded via the MedPortal. Visit [healthservices.appstate.edu/medportal](http://healthservices.appstate.edu/medportal). If you do not have access to a computer to accomplish this task, you may go to Student Health Service and they can assist you with this process by providing computer access.

**Hold**—see Registration Hold

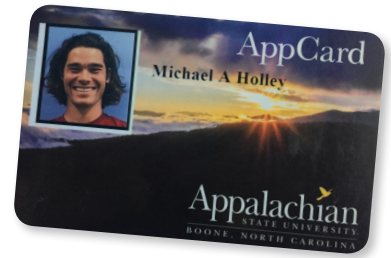
## Housing

For on-campus University Housing information, see pages 48-49. Off-campus housing information can be found at [offcampus.appstate.edu](http://offcampus.appstate.edu).

*Take an average of 15-16 hours each semester if you wish to graduate in four years.*

### Identification Cards (AppCard)

The Appalachian ID card, called the AppCard, provides admission to campus events and fee supported services (use of the library, admittance to athletic events, etc.). In addition to the official identification function of the AppCard, it also manages two separate debit accounts – the Meal Account and the Express Account (see Meal Account and Express Account for further information).



If you run out of money in either of your accounts, you may add to your accounts at any time during the semester. The AppCard Office, located in Trivette Hall, handles all ID card matters including the Meal Account and the Express Account.

You may get your ID card whenever you have time during your Orientation session. ID cards are made on the bottom floor of Trivette Hall, Monday-Friday, 8–5 p.m. The cost of your first card is included in your fees. There is a replacement fee of \$15 if you lose your card. For additional information, contact the AppCard Office, (828) 262-6141 or visit [appcard.appstate.edu](http://appcard.appstate.edu).

### Institutional Credit

Developmental courses, such as MAT 0010, count toward determining full-time status, but they do not count in the hours earned toward graduation. The hours in these courses do not count in determining classification such as first year, sophomore, etc. Some developmental courses are also graded differently; see the Undergraduate Bulletin for a full course description.

### Major Declaration

You may have indicated an intended major when you applied for admission to Appalachian. However, to officially declare your major, you must:

1. Have 30 earned hours
2. Have earned credit for RC 1000 (or equivalent)
3. Have a 2.0 GPA or higher as required by the major (or be a first semester transfer student)
4. Have earned credit for or currently be taking First Year Seminar (UCO 1200 for most students; HON 1515 for Honors students; or WRC 1103 for students in Watauga Residential College)

Transfer students with 30 or more earned hours prior to transferring to Appalachian are not required to take First Year Seminar (UCO 1200).

Note: Transfer or Early College students must make sure that Admissions has received a final copy of all transcripts before they can declare. Some major programs may require a higher GPA or admission before a student can declare that major.

### Meal Accounts

The money in the Meal Account can only be used to purchase food and drink in any of the food facilities and through any of the vending machines located on campus. Additional amounts may be added to your Meal Account throughout the semester. For further information, contact Food Services at (828) 262-6141 or [appcard.appstate.edu](http://appcard.appstate.edu).

### MountaineerApps

MountaineerApps is the Appalachian brand for Google Apps for Education and includes Gmail, Calendar, Drive, Hangouts, Sites, and more. To login to your MountaineerMail, go to [google.com](http://google.com) and login using your [username@appstate.edu](mailto:username@appstate.edu). MountaineerApps is free and includes unlimited email and file storage. For more information about Appalachian's use of Google Apps, go to [gogoogle.appstate.edu](http://gogoogle.appstate.edu).

### Nationally Competitive Scholarships

Nationally Competitive Scholarships ([ncs.appstate.edu](http://ncs.appstate.edu)) advises students throughout the entire application process for competitive fellowships and scholarships. NCS opportunities include external funding to learn languages, teach, study abroad, conduct research, or pursue other creative endeavors.



## **Office of Disability Resources (see Disability Resources)**

### **Office of Transfer Services—see Transfer Services**

#### **Online Courses**

It is a common misconception that online courses are easier than “regular” classes—they are not, in general, at all easier. The truth is that students who tend to rely on having someone available for frequent face-to-face contact are likely to have trouble in the online environment where that kind of interaction is not available. On the other hand, students who are highly self-motivated and independent tend to flourish with the freedom offered by this type of course.

Here are some general rules of thumb for success in online courses:

- ◇ You must be able to motivate yourself to work on a regular schedule;
- ◇ You must take responsibility to focus on your studies without someone looking over your shoulder;
- ◇ You must have access to and familiarity with a reliable, modern computer, either your own or one in a University lab; and
- ◇ You must be comfortable with and proficient in using the Internet for communication and research.

These are not the only considerations, but if you can't truthfully say that you meet these four criteria, an online course may not meet your needs and you may want to consider whether a “regular” class would serve you better.

#### **Parent Access to Student Information**

To grant a FERPA release to your parent(s), guardian(s), or spouse to access your student information, you should log into your AppalNet Self-Service account, click on the Student tab and then click on the Parent Access link. Enter the name of the party to whom you are granting access and create a 6-digit pin for your designee to use to access your information.

#### **Parking**

A valid parking permit is required to be displayed on any vehicle parked on campus. Registration for campus parking permits is accomplished online via AppalNet during the month of July. Students will receive multiple email notifications leading up to the registration period, complete with the schedule and instructions. Eligibility for parking assignments is based on availability of space, and the number of credit hours a student has on file with the Registrar's Office. Since not all students will be able to secure a campus parking permit, it is highly recommended that you attempt to register as soon as the system allows you to do so. Nearly all student parking areas are served by AppalCART. For more information, contact Parking and Transportation at (828) 262-2878, [parking@appstate.edu](mailto:parking@appstate.edu), or [parking.appstate.edu](http://parking.appstate.edu).

#### **Post Office Box on Campus**

Students who live on campus will be assigned a post office box at Appalachian. An E-Mail will be sent to your [appstate.edu](mailto:appstate.edu) e-mail account notifying you when this occurs. You can access your box number through your AppalNet account under the Personal Information tab and then select the Addresses and Phone numbers tab. Your combination will be provided with your box number in AppalNet. You should check your AppState PO box at least twice a week because mail from many campus offices is sent to that address. Students living off campus must opt-in and pay a \$41 per semester fee in order to have a PO box on campus. The post office is located behind the Student Union in the Miles Annas Building. For more information, call (828) 262-2242 or visit [postoffice.appstate.edu](http://postoffice.appstate.edu).

#### **Praxis Core Academic Skills for Educators (Core)**

The Praxis® tests measure teacher candidates' knowledge and skills. The tests are used for licensing and certification processes and include the Praxis® Core. Praxis® Core tests measure academic skills in reading, writing and mathematics. Some students may be exempt from some sections depending on ACT or SAT scores. This process must be completed before students can take some of the key classes to complete their majors in education. Refer to [jamescenter.appstate.edu/advising/testing-information](http://jamescenter.appstate.edu/advising/testing-information).

*All first year students, including transfer students who do not declare their majors right away, have required advising with their University College advisor.*

### **Prerequisites**

A prerequisite is a requirement that must be completed before taking a course. A prerequisite could be a class, a certain grade in a class, or a placement test, for example. Similarly, a co-requisite is a course that must be taken at the same time that you take another class. To find out whether a course has a pre- or co-requisite, look it up online in the Undergraduate Bulletin or DegreeWorks.

### **Probation and Suspension—see pages 18-19**

(See your Undergraduate Bulletin at [bulletin.appstate.edu](http://bulletin.appstate.edu) for complete Academic Regulations information.)

### **Programs of Study**

Each major has a Program of Study that lists all the requirements for earning a degree in that major. Programs of Study are updated every year in the Undergraduate Bulletin. Students should refer to the Program of Study from the academic year that they entered Appalachian. 2020-2021 Programs of Study as well as ones from previous years are archived online at [bulletin.appstate.edu](http://bulletin.appstate.edu). Students are responsible for becoming familiar with their degree requirements!

### **Registrar's Office**

The Registrar's Office serves as the official depository for all academic records, undergraduate and graduate. Here are just a few of the services the Registrar's Office provides: plan and implement registration for classes; compile and maintain academic records; provide official transcripts; certify enrollment status; process official withdrawals from the University; plan and manage the University's Black and Gold Convocation Ceremony; plan and manage the University's commencement ceremonies; process applications for graduation; and process former students who wish to re-enroll. The Registrar's website provides information about registration, calendars, catalogs, and more ([registrar.appstate.edu](http://registrar.appstate.edu)).

### **Registration Hold**

A registration hold may be placed on a student's account to deny access to the Web Registration System (WRS). All holds must be cleared by the appropriate office(s) before access can be granted. You can check your Registration Status through AppalNet Self Service in order to determine if you have any outstanding holds.

**Repeat Policy**—see Grade Forgiveness Policy

### **Required Advising**

All first year students have required advising starting their first semester and until they have 30 earned hours. New transfer students who do not declare their majors right away will also have required advising, regardless of how many hours they transfer in to Appalachian. These students will have to see their University College advisors to get their PINs (personal identification numbers) which will allow them to access the registration system. When students declare, they should contact their major departments to inquire about how advising is done in that department. Students who have not declared by the time they have 60 earned hours will have an advising PIN placed on their accounts that will deny them access to registration until they have seen an advisor to declare or discuss why they have not yet declared. Undeclared students who are on academic probation also have required advising.

### **Satisfactory Academic Progress—see page 18**

(See your Undergraduate Bulletin at [bulletin.appstate.edu](http://bulletin.appstate.edu) for complete Academic Regulations information.)

### **Secondary Advising**

Students who intend to major in chemistry, fermentation science, environmental science, geology, or physics are required by their major department to see an academic advisor in that department prior to early registration for the next semester.

## Semester Hours

A semester hour (s.h.) indicates the number of credits you earn for a particular course and an approximate number of hours you spend in that class each week. We recommend that you take 15-16 semester hours of appropriate coursework each term in order to graduate in four years. Full-time status is 12 hours and the maximum is 18. As a general rule, you should plan to spend two hours of study time outside class for every hour in class. If you take 16 hours and you follow this general rule, you should spend 48 total hours per week on your academic work!

## Sustainable Living Guide

The Appalachian community is living our commitment to sustainability and every citizen is an integral part of this commitment and this community. The daily choices you make matter. Together, 20,000-strong, Appalachian has a major impact on our environment, our local economy, and the health of our community. The sustainable lifestyle depicted in this guide is not a mere suggestion, it represents who we are, Appalachian State Mountaineers, leading by example as engaged citizens. Visit [sustain.appstate.edu](https://sustain.appstate.edu) to learn about all sustainable initiatives on campus.

## Syllabus

A syllabus is an outline or summary of a course of study. Each professor provides a syllabus, usually on the first day of class, which outlines for you the areas of study, required texts, extra items needed for the course, conduct policies, and other policies such as grading and attendance. Be sure to review the syllabus of each of your courses to ensure that you understand what is expected of you.

## Taking Coursework at Another School

Students sometimes attend universities or community colleges in the summer near where they live to earn additional hours towards their degrees. However, before you enroll at another school, you must get approval from the Office of Transfer Services (OTS). The courses you plan to take at the other institution must be approved before you enroll in them to ensure that they will transfer back to Appalachian. Students also cannot be concurrently enrolled at Appalachian and at another school without prior approval. To request permission, go to the Office of Transfer Services website ([transfer.appstate.edu](https://transfer.appstate.edu)), click on "Current Students" and then "Visiting Coursework."

## Technology Support Center

The Technology Support Center is part of Appalachian's IT Support Services and provides computing service, support, and consultation to the students of Appalachian State University. They are located in room 140 Anne Belk Hall. Call (828) 262-6266 or visit [support.appstate.edu](https://support.appstate.edu).

## Textbook Rental

Appalachian operates a textbook rental program that saves you money. The only books you have to purchase are paperbacks or other supplemental texts required by your professors. All rental textbooks may be picked up in the University Bookstore, top floor, at the beginning of each semester. Call (828) 262-3070 or visit [bookstore.appstate.edu](https://bookstore.appstate.edu) and click on "Textbooks."

## Transfer Credit Evaluation

A Transfer Credit Evaluation lists all the courses that you took prior to attending Appalachian and indicates how the courses transfer to the Appalachian curriculum. You may have a transfer credit evaluation that does not include classes in which you are still enrolled or have just finished. If your evaluation still does not include all of your courses, you should contact the Office of Transfer Services at (828) 262-7877. You may need to contact the Registrar at your previous school to request that a final official transcript be sent to Appalachian. You may access the course equivalencies database at [transfer.appstate.edu](https://transfer.appstate.edu). You can view your credit evaluation in AppalNet Self Service.

### INFORMATION FOR TRANSFER STUDENTS

You can view your transfer credits on DegreeWorks. Log in through [appalnet.appstate.edu](https://appalnet.appstate.edu) or directly at [dw.appstate.edu](https://dw.appstate.edu).

**Transfer Credit Restrictions**

Coursework with a “C” or better from a regionally accredited institution that is comparable to the course offerings at Appalachian State University is acceptable as transfer credit. Appalachian accepts credit under the guidelines of the North Carolina Comprehensive Articulation Agreement. For more information, see “Transfer Credit Policy” at [transfer.appstate.edu](http://transfer.appstate.edu).

**Transfer Services**

The goal of the Office of Transfer Services (OTS) is to ensure that the credit evaluation process for transfer students is seamless and student-friendly. They can answer your questions regarding the transfer of credit and can provide you with resources that will aid in your course selection at other institutions. You can contact a Transfer Credit Evaluator at (828) 262-7877.

**Waitlisting**

Some course sections will offer a waitlist option that students can sign up for via AppalNet Self Service once the section is closed. The purpose of waitlisting is to allow students the ability to more easily monitor courses they need that are closed without having to frequently check back on AppalNet. Visit [registrar.appstate.edu](http://registrar.appstate.edu) for more information about the waitlisting option.

**Writing Center**

The University Writing Center is a free resource available to all Appalachian State University students and faculty as well as members of the Boone community. Our consultants are experienced writers and attentive readers who will work with you one-on-one to assist with any aspect of the writing process. Visit [writingcenter.appstate.edu](http://writingcenter.appstate.edu) for more information.



**Notes**

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## Welcome to University Housing

### Who's Who

#### Resident Assistant (RA)

An undergraduate student who lives in a residence hall and serves as a guide, mentor, and information resource for residents.

#### Residence Director (RD)

An administrative official who manages one residence hall while overseeing its community of residents and Residence Life initiatives.

#### Coordinator

A full-time student affairs professional who serves as the supervisor of a residential community (2-3 halls) on campus.

#### Facilities staff

Comprised of Maintenance, Support Services, and Housekeeping teams who work diligently to keep facilities clean and in optimal operational shape.

### Policies and Procedures

Refer to [housing.appstate.edu](https://housing.appstate.edu) for an inclusive list of University Housing policies, procedures, and guidelines.

### Housing After Your First Year

#### Reapplication

Current on-campus students who wish to live on campus for the 2021-2022 academic year must complete a housing reapplication (ReApp). ReApp will open in the first week of December and will close in the last week of January. On-campus housing for continuing students is **not** guaranteed. For more information, visit [housing.appstate.edu/reapp](https://housing.appstate.edu/reapp).

#### Open Waitlist Application

Students currently living off campus who wish to move back on campus, as well as on-campus students who did not reapply, may complete an open waitlist application. This application is typically available beginning in the first week in March.

### On-Campus Living

Students living on campus have convenient access to

- **campus resources** including classrooms, faculty offices, dining, recreation facilities, the library, service desks, and the Markets.
- **utilities** including wired and wireless internet access, heat, water, and recycling.

#### Residential Learning Plan

In addition to the convenience of living on campus, Housing developed a Residential Learning Plan that guides how we build community and how students connect with our staff. This includes:

- One-on-one meetings with RAs
- Hall events, programs, floor meetings
- Student leadership through Hall Council

#### Residential Learning Communities (RLC)

RLCs provide students with a unique housing opportunity. Joining a learning community is one of the best ways to develop friendships and succeed in college. Appalachian offers a number of RLCs for incoming first-year and transfer students alike.

#### Roommates

Unless two students request to room together, all roommates are matched based on compatibility factors. Students may request a roommate as part of the housing application process. Room change requests open two weeks into the start of the semester and are subject to space availability.

### Off-Campus Student Services

We encourage you to use Off-Campus Student Services as a resource to help make appropriate decisions about living off campus. This office will provide students who are planning to move off campus information about where, when, and how to find rental housing in Boone.

The University provides a searchable database of available rental properties, which includes listings by rental companies and posts by students who are looking to sublet or need a roommate. To access the Off-Campus Housing Database, visit [offcampushousing.appstate.edu](https://offcampushousing.appstate.edu).

## Submitting a Maintenance Request

The AiM Work Order System ([aim.appstate.edu/fmax](http://aim.appstate.edu/fmax)) is accessible only to computers on the Appalachian State University internal network.

If you encounter problems when using the link above, please be sure to verify the following:

- If you are using a wireless connection, you cannot use any of the “visitor” networks (these all have “visitor” as part of the network SSID - i.e., “asu-visitor”). Instead, you must use the “asu-secure” internal wireless network. Instructions for connecting your device to the “asu-secure” network can be found at [wifi.appstate.edu](http://wifi.appstate.edu).
- If you are using an ethernet connection, your device must be registered on the Appalachian network. You can register your device by going to [netreg.appstate.edu](http://netreg.appstate.edu) and completing the online form.
- Your login information for AiM will be the same as your '@appstate.edu' email account.
- The 'Problem Code' field is required when entering a customer request.

Please be as descriptive as possible when describing an issue. This will help our maintenance staff ensure that the problem is resolved quickly and efficiently. Always include your contact information when submitting a work request. Occasionally our staff may need to get in touch with you regarding a work request, usually when we need more information from you about an issue that you have encountered.

## Hall Office & Hall Duty Phone Numbers

For safety and security measures, your residence hall is staffed with a hall supervisor on duty at all times. If you need assistance, please contact the duty phone number, which is typically posted at the residence hall front desk.

In the event of an emergency, please call **911** or the ASU Police Department at **(828)-262-8000** or **(828)-262-2150**.

## Important Dates

- **Third week of classes:** Room change request is made available to students
- **December 1 – January 31:** Reapplication opens for returning students who currently live on campus
- **Day after final exams end:** Residence halls close at noon.\*
- **February 1 – March 1:** Reapplication general selection process (emails are sent to students until all on-campus housing spaces are filled). Appeals may be granted for students who did not receive a ReApp selection email.
- **February 1:** Summer housing application is available
- **March 1:** Open waitlist application available for students who did not reapply or for students who don't currently live on campus

\*Housing is not provided during Winter Break, the break between Spring and Summer terms, or the break between Summer and Fall terms

## Service Desks & Packages

### Hours of Operation

Monday - Friday: 8:00 a.m. - 11:30 p.m.

Saturday - Sunday: 10:00 a.m. - 11:30 p.m.

*\*University breaks may impact these hours*

The service desks receive packages that meet the following criteria:

- All packages shipped via UPS except those shipped using UPS Innovation
- All packages shipped via FedEx except those shipped using Ground Smart Post Service
- All packages shipped using DHL
- Perishable items will only be accepted and held for two days

For more information regarding Service Desks, including delivery addresses and policies, visit [housing.appstate.edu](http://housing.appstate.edu), click the dropdown menu on *On-Campus Living*, then click *Service Desks*.

**OUR MISSION:** *To provide students with convenient, well-maintained housing and foster a learning-oriented community that creates connections and opportunities for meaningful experiences.*

**OUR VISION:** *We strive to provide safe and sustainable housing for the Appalachian community and create a learning-centered home that engages residents to become active citizens of the world.*

# Course Prefixes

ACC	Accounting	FRE	French	NUR	Nursing
ADM	Apparel Design and Merchandising	GER	German	NUT	Nutrition
AMU	Applied Music	GES	Geological and Environmental Sciences	PA	Public Administration
ANT	Anthropology	GHY	Geography	PE	Physical Education
ARB	Arabic	GLS	Global Studies	PH	Public Health
ARH	Art History	GCM	Graphic Communications Management	PHL	Philosophy
ART	Art	GS	General Science	PHO	Commercial Photography
AS	Appalachian Studies	GWS	Gender, Women's and Sexuality Studies	PHY	Physics
AST	Astronomy	HCM	Health Care Management	PLN	Community and Regional Planning
AT	Athletic Training	HE	Higher Education	POR	Portuguese
BIO	Biology	HIS	History	PS	Political Science
BUS	Business	HON	Honors	PSY	Psychology
CAS	College of Arts and Sciences	HOS	Hospitality Management	RC	Rhetoric and Composition
CHE	Chemistry	HPC	Human Development and Psychological Counseling	RE	Reading Education
CHN	Chinese	HPE	Health and Physical Education	REL	Religious Studies
CHS	College of Health Sciences	IDS	Interdisciplinary Studies	RES	Research
CI	Curriculum and Instruction	IND	Industrial Design	RM	Recreation Management
CIS	Computer Information Systems	INT	Interior Design	RSN	Russian
CJ	Criminal Justice	ITC	Instructional Technology/Computers	SCM	Supply Chain Management
COM	Communication	JHP	Judaic, Holocaust and Peace Studies	SD	Sustainable Development
CS	Computer Science	JPN	Japanese	SNH	Spanish
CSD	Communication Sciences & Disorders	LAT	Latin	SOC	Sociology
CTE	Career and Technical Education	LAW	Law	SPE	Special Education
DAN	Dance	LIB	Library Science	SSU	Somatic Sustainability
ECO	Economics	LLC	Languages, Literatures and Cultures	STT	Statistics
ENG	English	MAT	Mathematics	SW	Social Work
ENT	Entrepreneurship	MBA	Master of Business Administration	TEC	Technology
ES	Exercise Science	MGT	Management	THR	Theatre
FCS	Family and Child Studies	MKT	Marketing	UCO	University College
FER	Fermentation Sciences	MSL	Military Science and Leadership	US	University Studies
FDN	Foundations of Education	MUS	Music	WRC	Watauga Residential College
FIN	Finance, Banking and Insurance				

# Academic Building Abbreviations

AH	Appalachian Hall	ESR	East Hall	PSU	Plemmons Student Union
AHEC	Watauga Medical Center	GH	I.G. Greer Hall	QC	Quinn Recreation Center
AOC	Appalachian Off Campus	GWH	Garwood Hall	RCOE	Reich College of Education
APHR	Appalachian PanHellenic Hall	HCC	George M. Holmes Convocation	RSN	Rankin Science North
ASM	Appalachian Ski Mountain	HSB	Howard Street Hall	RSS	Rankin Science South
BH	Belk Hall (Old Library)	HW	Herbert Wey Hall	RSW	Rankin Science West
BLIC	Belk Library Information Commons	JET	John E. Thomas Hall	SH	Sanford Hall
BM	Broyhill Music Center	KB	Kidd Brewer Stadium	SRC	Student Recreation Center
BMC	Beasley Media Complex	KH	Katherine Harper Hall	SW	Smith Wright Hall
CW	Chapell Wilson Hall	LLA	Living Learning Academic Center	TCV	Turchin Center for Visual Arts
DCF	Dutch Creek Farm Valle Crucis	LLHS	Leon Levine Hall of Health Sciences	UH	University Hall
DDD	D.D. Dougherty Hall	LLR	Living Learning Residential Center	VG	Varsity Gym
DH	Lillie Shull Dougherty Hall	NLR	Newland Hall	WA	Walker Hall
ED	Edwin Duncan Hall	MAB	Miles Annas Building		
EDA	Edwin Duncan Annex	PH	Peacock Hall		

# Days of the Week Abbreviations

M: Monday      T: Tuesday      W: Wednesday      R: Thursday      F: Friday      S: Saturday      U: Sunday

# Get in Touch!

**Academic Services for Student Athletes**  
[studentlearningcenter.appstate.edu/asa](http://studentlearningcenter.appstate.edu/asa)  
(828) 262-2291

**Admissions**  
[admissions.appstate.edu](http://admissions.appstate.edu)  
(828) 262-2120

**Appalachian and the Community Together (ACT Office)**  
[act.appstate.edu](http://act.appstate.edu)  
(828) 262-2545

**AppalCART (bus service)**  
[appalcart.com](http://appalcart.com)  
(828) 297-1300

**AppalNet**  
[appalnet.appstate.edu](http://appalnet.appstate.edu)  
(828) 262-6266

**AppCard/Meal Card**  
[appcard.appstate.edu](http://appcard.appstate.edu)  
(828) 262-6141

**Bookstore**  
[bookstore.appstate.edu](http://bookstore.appstate.edu)  
(828) 262-3070  
1-800-ASU-WEAR (1-800-278-9327)

**Campus Dining**  
[dining.appstate.edu](http://dining.appstate.edu)  
(828) 262-3061

**Career Development Center**  
[careers.appstate.edu](http://careers.appstate.edu)  
(828) 262-2180

**Counseling & Psychological Services**  
[counseling.appstate.edu](http://counseling.appstate.edu)  
(828) 262-3180

**Disability Resources**  
[odr.appstate.edu](http://odr.appstate.edu)  
(828) 262-3056

**Financial Aid**  
[financialaid.appstate.edu](http://financialaid.appstate.edu)  
(828) 262-2190

**General Education**  
[generaleducation.appstate.edu](http://generaleducation.appstate.edu)  
(828) 262-2028  
**Health Professions Advising**  
[hpa.appstate.edu](http://hpa.appstate.edu)  
(828) 262-8590

**Health Services**  
[healthservices.appstate.edu](http://healthservices.appstate.edu)  
Main & After-hours: (828) 262-3100  
Appointments: (828) 262-6577  
Insurance: (828) 262-7463  
Medical Records: (828) 262-6578

**Honors College**  
[honors.appstate.edu](http://honors.appstate.edu)  
(828) 262-2083

**Housing (University Housing)**  
[housing.appstate.edu](http://housing.appstate.edu)  
(828) 262-2160

**Information/Campus Directory**  
[search.appstate.edu/directory.php](http://search.appstate.edu/directory.php)  
(828) 262-2000

**Library and Information Commons**  
[library.appstate.edu](http://library.appstate.edu)  
(828) 262-2818

**Office of Intercultural Student Affairs**  
[multicultural.appstate.edu](http://multicultural.appstate.edu)  
(828) 262-6158

**Office of International Education and Development (Study Abroad)**  
[international.appstate.edu](http://international.appstate.edu)  
(828) 262-2046

**Office of Student Research**  
[osr.appstate.edu](http://osr.appstate.edu)  
(828) 262-7655

**Office of Transfer Services**  
[transfer.appstate.edu](http://transfer.appstate.edu)  
(828) 262-7877

**Orientation & Welcome to App**  
[orientation.appstate.edu](http://orientation.appstate.edu)  
(828) 262-2167

**Parking and Transportation**  
[parking.appstate.edu](http://parking.appstate.edu)  
(828) 262-2878

**Post Office**  
[postoffice.appstate.edu](http://postoffice.appstate.edu)  
(828) 262-2242

**Registrar's Office**  
[registrar.appstate.edu](http://registrar.appstate.edu)  
(828) 262-2050

**Student Accounts (billing)**  
[studentaccounts.appstate.edu](http://studentaccounts.appstate.edu)  
(828) 262-2113

**Student Conduct**  
[studentconduct.appstate.edu](http://studentconduct.appstate.edu)  
(828) 262-2704

**Student Employment Office**  
[studentemployment.appstate.edu](http://studentemployment.appstate.edu)  
(828) 262-4099

**Student Learning Center**  
[studentlearningcenter.appstate.edu](http://studentlearningcenter.appstate.edu)  
(828) 262-2291

**Tech Support**  
[support.appstate.edu](http://support.appstate.edu)  
(828) 262-6266

**Testing Services**  
[testing.appstate.edu](http://testing.appstate.edu)  
(828) 262-6801

**University College Academic Advising**  
[advising.appstate.edu](http://advising.appstate.edu)  
(828) 262-2167

**University Writing Center**  
[writingcenter.appstate.edu](http://writingcenter.appstate.edu)  
(828) 262-3144

**University Police**  
[police.appstate.edu](http://police.appstate.edu)  
[appstatealert.com](http://appstatealert.com)  
(828) 262-2150

**Wellness and Prevention**  
<https://wellness.appstate.edu/>  
(828) 262-3148

## EMERGENCY CONTACTS

Fire, Police and Ambulance

911 (from off campus) or 9-911 (from on campus land lines)

University Police

Emergency: (828) 262-8000

AppState-ALERT is the University's 24/7 voice and text emergency messaging system. To register, visit [emergency.appstate.edu](http://emergency.appstate.edu).



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## MAIN CAMPUS

Interactive Campus Map  
MAPS.APPSTATE.EDU

Orientation Locations Highlighted

**ACCESSIBILITY**  
Accessibility parking and ramp locations can be found at [maps.appstate.edu](http://maps.appstate.edu).



### Off-Campus Facilities

73 74 75 76 77 78  
Full list of locations on [maps.appstate.edu](http://maps.appstate.edu)

### ACADEMIC BUILDINGS

- 32 Anne Belk Hall
- 24 Appalachian Hall
- 67 Beasley Media Complex
- 30 Belk Library and Information Commons
- 64 Broyhill Music Center
- 38 Chapell Wilson Hall
- 36 Edwin Duncan Hall
- 44 Garwood Hall
- 27 Howard Street Hall
- 11 I.G. Greer Hall
- 4 Katherine Harper Hall
- 73 Leon Levine Health Sciences #1 (1179 State Farm Rd.)
- 63 Living Learning Center
- 23 L.S. Dougherty Building
- 41 Peacock Hall
- 35 Rankin Sciences (North, South, West)
- 28 Reich College of Education
- 12 Sanford Hall
- 37 Smith-Wright Hall
- 40 Turchin Center for the Visual Arts
- 76 University Hall (400 University Hall Dr.)
- 65 Walker Hall
- 60 Wey Hall

### STUDENT SUPPORT/ADMIN./DINING

- 24 Appalachian Hall
- 68 Appalachian House
- 8 B.B. Dougherty Hall
- 31 D.D. Dougherty Hall
- 9 Founders Hall
- 75 Human Resources Bldg. (330 University Hall Dr.)
- 3 John E. Thomas Hall (Admissions)
- 1 McKinney Alumni Center
- 26 Miles Annas Student Support Building (Health Services/Post Office)
- 24 Plemmons Student Union & Solarium #1 (1179 State Farm Rd.)
- 33 Roess Dining Hall #1
- 50 Trivette Dining Hall #1
- 25 University Bookstore
- 76 University Hall (400 University Hall Dr.)
- 43 University Police

### RESIDENCE HALLS

- 69 Appalachian Heights
- 74 Appalachian Panhellenic Hall (949 Blowing Rock Rd.)
- 59 Belk Hall
- 55 Bowie Hall
- 14 Cannon Hall
- 46 Coltrane Hall
- 20 Cone Hall
- 17 Doughton Hall
- 13 East Hall
- 56 Eggers Hall
- 47 Frank Hall
- 48 Gardner Hall
- 15 Hoey Hall
- 45 Justice Hall
- 63 Living Learning Center (LLC)
- 18 Lovill Hall
- 70 Mountaineer Hall
- 61 Newland Hall
- 21 Summit Hall
- 19 White Hall

### ATHLETICS/RECREATION

- 78 Appalachian Soccer Stadium (574 Brookshire Rd.)
- 5 Bob Light Tennis Courts (Durham Park)
- 2 Holmes Convocation Center
- 51 Kidd Brewer Stadium
- 52 Mark E. Ricks Athletics Complex
- 24 Plemmons Student Union & Solarium
- 48 Quinn Recreation Center
- 72 Smith Baseball Stadium
- 53 State Farm Fields Complex/Brandon and Erica M. Adcock Field (Bale St.)
- 77 Stoffel Indoor Practice Facility
- 66 Student Recreation Center
- 54 Sywassink/Lloyd Softball Stadium
- 34 Varsity Gymnasium

### ADDITIONAL LOCATIONS

- 71 Child Development Center
- 49 Duck Pond (Tomlinson Park)
- 10 Founders Plaza
- 27 Lucy Brock Child Development Center (Howard Street Hall)
- 7 NPHC Plots and Garden
- 6 Steam Plant

### PARKING

- 29 College Street Parking Deck
- 57 Stadium Parking Deck
- 42 Rivers Street Parking Deck/ Parking & Transportation

### VISITOR PARKING

A University Parking Permit is required to park anywhere on campus from 7:00 a.m. to 5 p.m. Monday through Friday. All visitors are welcome to park in the Rivers Street Parking Deck for an hourly fee. After 5:00 p.m. weekdays, and at all times on weekends, visitors may park free of charge in any campus surface lot unless otherwise posted.



# Academic Advising & Orientation

APPALACHIAN STATE UNIVERSITY