The Academic Advising and Orientation Center is a unit within Appalachian’s University College. University College consists of the University’s integrated general education curriculum, academic support services, residential learning communities, and co-curricular programming—all designed to support the work of students both inside and outside of the classroom.
Get Yosef Ready to Be a Mountaineer!

Your guide to working with your Advisor
Where can I find academic help?

**Tutoring and Departmental Help Labs** [tutoring.appstate.edu](http://tutoring.appstate.edu)  Both individual and small group tutoring is available for most introductory and some specialty courses, depending on demand.

208 D. D. Dougherty  (828) 262-3060

**LEAD Tutoring** [lap.appstate.edu/lead-tutoring](http://lap.appstate.edu/lead-tutoring)  The LEAD program provides collaborative learning review sessions for challenging courses such as math and the natural sciences.

2nd floor, D. D. Dougherty  (828) 262-6809

**University Writing Center** [writingcenter.appstate.edu](http://writingcenter.appstate.edu)  The University Writing Center offers assistance to plan, improve, and revise written work.

008 Belk Library and Information Commons  (828) 262-3144

**Library Research Assistance** [library.appstate.edu/gethelp/rap](http://library.appstate.edu/gethelp/rap)  The Research Advisory Program (RAP) provides students the opportunity to meet with a librarian for in-depth reference assistance to identify appropriate sources for a research topic.

Library Reference Desk  (828) 262-2818

**Academic Strategy Instruction** [lap.appstate.edu/academic-strategy-instruction](http://lap.appstate.edu/academic-strategy-instruction)  Academic Strategy Instruction provides strategies for academic success to all undergraduates at Appalachian State through elective classes, peer academic coaching, individual consultations, standardized test preparation and online support.

246 D. D. Dougherty  (828) 262-3044

**Services for Students with Disabilities** [ods.appstate.edu](http://ods.appstate.edu)  The Office of Disability Services (ODS) assists eligible students and employees with documented disabilities by determining and coordinating reasonable academic or workplace accommodations.

Suite 112 Anne Belk Hall  (828) 262-3056

**As*U*R** [collegestar.appstate.edu/u-r/u-r](http://collegestar.appstate.edu/u-r/u-r)  As-U-R is a program focused on supporting students with executive function challenges (EFCs). Skills related to academic success such as organization, planning and setting priorities, getting started and completing tasks, monitoring progress on tasks, and decision-making are referred to as executive function skills.

2nd floor, D. D. Dougherty  (828) 262-6332

**Academic Services for Student Athletes** [ssa.appstate.edu](http://ssa.appstate.edu)  Academic Services for Student Athletes helps students prioritize academics by providing a comprehensive support system throughout their college careers. Components include academic advising, counseling, tutoring, assistance with registration and orientation, progress reports, and NCAA eligibility information.

226 D. D. Dougherty  (828) 262-6889

**Academic Services for ACCESS Students** [access.appstate.edu](http://access.appstate.edu)  ACCESS insures that students from qualifying low-income families in NC can attend Appalachian debt-free. Services include long-term academic advising through graduation, early assessment of academic progress, mentoring for freshmen, technology assessment and support, financial aid assistance, tutoring, career decision-making, college transition seminar, and social events. ACCESS is open to first-time freshmen only.

222 D. D. Dougherty  (828) 262-3053

**Student Support Services (SSS)** [sss.appstate.edu](http://sss.appstate.edu)  The Student Support Services program provides services to low income and/or first generation college students. Services include long-term academic and personal advising, early assessment of academic progress, priority tutoring, mentoring program for freshmen, as well as help with course selection, four year planning, financial aid assistance and financial literacy, career exploration and development including post graduate planning, and a scholarship program for freshmen and sophomores who qualify for the federal Pell Grant.

224 D. D. Dougherty  (828) 262-2291

*These services are available at no additional cost to undergraduates.*
You Said Yes to App!

You made it to Orientation at App! Here is a checklist to help you stay on task during this exciting time. Get busy—you’ll never get a chance to relive this first experience at Appalachian State!

- Arrive at Orientation and get checked in!
- Get AppCard made
- Complete Placement Testing
- Submit all AP/IB/Transfer Credit
- Submit Immunization & Medical History forms online
- Attend Departmental Meeting
- Start working on a Four Year Plan
- Understand General Education
- Get the inside scoop from your SOUL (Student Orientation Undergraduate Leader) about AppAlert, campus safety, the health insurance requirement, and more!
- Meet with an Academic Advisor to review first semester class schedule
- Complete course registration and leave with a full schedule of classes
- Meet at least one person who can be a resource during Orientation and beyond
- Use these resources. (This Mountaineer Advising Planner is your guide to Appalachian so keep it with you during Orientation and beyond!)
- Have fun and make friends!

Health Services is only taking Immunization and Medical History forms electronically through our new MedPortal system. This information must be submitted prior to the start of your first semester. healthservices.appstate.edu/medportal

How To Use Your Mountaineer Advising Planner

This Mountaineer Advising Planner is for your use as a supplemental resource throughout your first year at Appalachian and beyond. The first few pages will help you organize your Orientation information and experiences. The rest of the Planner is divided into segments designed to acquaint you with the academic advising program and campus resources, as well as to assist you in planning your semesters at Appalachian, both inside and outside the classroom.

Please be sure to bring your Mountaineer Advising Planner with you when you meet with your Academic Advisor. You will use the information we have provided as well as information you gather throughout Orientation and your first year to assist you and your Advisor in planning your academic career.
Connecting With Your Advisor

In order to have successful advising you must take the initiative in contacting your college Advisor and assume the responsibility for your schedule of classes. What you discuss with your Advisor is confidential, so be open and honest with your Advisor.

The main goal of advising is your academic success, and your Advisor is committed to that goal. However, you are responsible for your education. Your Advisor is just that—an Advisor; he or she is an important resource for your academic success, but you need to determine your goals and learn the requirements that must be met to achieve your goals.

Meet with your Academic Advisor once a semester and check your campus email daily for messages from your Advisor.

Your Academic Advisor may not be the same Advisor you work with during Orientation. You will receive notification, if there is a change, of your new Academic Advisor’s name soon after the start of your first semester. Your Advisor’s name will also be listed on DegreeWorks. Visit advising.appstate.edu to find out more about advising in University College.

Student and Advisor Responsibilities

As a student admitted to Appalachian State University, I will

☐ Enroll in appropriate courses as indicated by test results and academic requirements.
☐ Consult with my Advisor at least once per semester before registering.
☐ Come prepared for my academic advising appointment.
☐ Become familiar with Appalachian’s policies and procedures and understand my major, minor, and the requirements to graduate.
☐ Check my campus email frequently for messages from my Advisor.
☐ Make and keep appointments or call to change or cancel an appointment.
☐ Attend class and talk to my instructors if I have any questions or concerns.
☐ Make decisions concerning careers, choice of majors, and selection of courses.
☐ Take responsibility for my decisions.
☐ Learn about and use campus resources.
☐ Declare my major when I am eligible to do so.
☐ Let my parents know, in a timely manner, what's going on with me.

In return, my Academic Advisor will

☐ Confer with me about course selection for General Education and my major.
☐ Answer questions regarding University requirements, policies, and procedures when I can't find the answers on my own.
☐ Refer me to University resources that can help me.
☐ Help me explore courses, majors, career plans, and alternatives.
☐ Encourage my individual, academic, and personal development.
☐ Keep appointments, or call or e-mail to change or cancel an appointment.
☐ Provide accurate and specific information.
☐ Listen to me.
☐ Communicate with my parents, if necessary, in an appropriate way (see FERPA).
Your Required Advising Appointment

Be Prepared When You Meet with Your Advisor

☐ Use this Advising Planner to review the General Education requirements.

☐ Obtain a Program of Study for your major. Visit programsofstudy.appstate.edu. Also check out the Four Year Guide for your major at fouryearguides.appstate.edu.

☐ Compare Gen Ed requirements and major requirements: Do some of your Gen Ed classes also count towards your major? Check DegreeWorks for a thorough breakdown of what classes you still need and of how your current and completed classes are being applied to Gen Ed, your major/minor/concentration, or electives.

☐ Create a list of 5-6 courses you want to take. List alternates in case your first choices are not available.

☐ As you prepare your list of classes, jot down any questions that come to mind so that you can ask your Advisor during your advising appointment. Coming to your advising appointment prepared lets you and your Advisor get some real work done together!

To schedule an appointment, go to appalnet.appstate.edu and click on “Schedule an Advising Appointment.” You can also call the Academic Advising Center at 828-262-2167 for help scheduling an appointment.

Who has required advising?

☐ All new students must be advised regardless of how many hours they transfer to Appalachian.

☐ Continuing students who have fewer than 30 earned hours, undeclared students with 60 or more earned hours, and students who are on academic probation also have required advising.

☐ Students with required advising must get a PIN from their Advisor before they can register for the next term.
Placement Testing

Accessing Placement Testing
Students can access all placement tests through their myApp account or through orientation.appstate.edu/placement-testing.

Language Placement Tests
The French, German, and Spanish placement tests are online tests. Each exam contains questions on grammar, vocabulary, and reading comprehension. The on-line test (Part 1) takes 20-30 minutes to complete. Depending on your score, you may also be asked to do a writing sample (Part 2), which takes an additional 20-30 minutes. We expect you to do your own work on this exam.

You need the exam if:
☐ you took French, German or Spanish previously and you’re considering taking this language at Appalachian.
☐ you took the placement test previously, but allowed nine months or more to elapse without enrolling in a French, German or Spanish course.
☐ you are a transfer student who has taken courses in French, German or Spanish at another institution. Students with at least 3-hours of transfer credits in a language may register for the next level of the course without a placement test score, but are encouraged to take the placement test to ensure an accurate placement.

You do NOT need the exam if:
☐ you have no prior experience studying a language. Students without prior experience in a language may register for the beginning course in that language (SNH 1010, FRE 1010 or GER 1010) without having taken the placement test.
☐ you do not plan on studying French, German, or Spanish because they are not required for your major program of study.

Students with previous experience in Arabic, Chinese, Japanese, Portuguese, or Russian who do not think they belong in a beginning class should contact one of the professors at this link for assessment: orientation.appstate.edu/course-registration-placement-testing/language-placement-tests.

Not sure if you need to take a foreign language? Check your Program of Study to find out: programsofstudy.appstate.edu.

Studying another language enhances your appreciation of other cultures and opens up more opportunities for studying abroad.
Placement Testing continued

**Math Placement Test**

Take this test if you scored below 550 on your SAT Math test (or below 22 on your ACT Math test). You are allowed to take this test only **once**.

**Students with AP Credit:** You DO NOT need to take the test if Appalachian is awarding you AP math credit.

**Transfer Students:** You DO NOT need to take the test if Appalachian is awarding you 4 hours of college level transfer math credit. If you have fewer than 4 hours of college level math credit, talk to your Advisor about what additional math you should take.

**Calculus Readiness Test**

Take this test if you are planning to major in computer science, mathematics, pre-engineering, or science. You are allowed to take this test only **once**.

**Students with AP Credit:** You DO NOT need to take the test if you have Calculus I (MAT 1110) AP credit. If you are currently taking AP Calculus, you should take the Calculus Readiness Test anyway. If you score a 3 or higher on your AP test, the AP credit will override the placement test score.

**Transfer Students:** You DO NOT need to take the test if you have college transfer credit for Calculus I (MAT 1110).

**What if I don’t pass the Math Placement Test?**

You will take MAT 0010, Developmental Math. This course teaches basic algebra skills and may be taken by students who do not pass the Math Placement Test.

MAT 0010 DOES NOT count for credit toward graduation or classification; however, it is a graded course and is included in your grade point average. An additional mathematics course is needed to complete the General Education Quantitative Literacy requirement. You may not take any math, science, or other Quantitative Literacy course until you pass MAT 0010.

**Directed Self-Placement for Rhetoric and Composition**

At Appalachian, we believe that you know your own abilities as a writer far more fully than we do; thus, you will need to decide whether you should begin your study of writing at Appalachian with RC 0900 or RC 1000.

Students will receive more information at Orientation on Appalachian’s Vertical Writing Model and directed self-placement. The Vertical Writing Model requires students to enroll in at least one writing course during each of their four years at Appalachian. Only RC 1000 fulfills the first-year writing requirement, but some students elect to take RC 0900 to build the foundation needed for success in RC 1000 and later writing courses.

Finally, students will discuss their choice of writing courses with their Academic Advisor if they still have questions. Faculty members of the Rhetoric and Composition Program will also be available for consultation with students and/or Advisors.

**Chemistry Placement (Toledo Exam)**

Students will receive more information at Orientation about this placement exam if needed. Students can access all placement test information at orientation.appstate.edu/placement-testing.
Getting Credit Where Credit Is Due

**Petitioning Transfer Elective Credit**

Credits transfer differently from each institution. You should carefully review your Transfer Coursework Evaluation by selecting the “Class History” link on your Degree Works audit worksheet. A student may petition to have any course designated as Elective credit equated to a specific Appalachian course by initiating the Transfer Coursework Petition process. Please visit the Office of Transfer Services website for information on the petition process: [transfer.appstate.edu/current-students/petitioning-credit-visiting-coursework-unc-online](http://transfer.appstate.edu/current-students/petitioning-credit-visiting-coursework-unc-online).

**Advanced Placement Examination Credit Policy (AP)**

Each AP Exam is given an overall grade of 1, 2, 3, 4, or 5, with 5 indicating a student who is extremely well qualified to receive college credit and/or advanced placement. Appalachian does not accept any scores lower than “3” and sometimes gives additional credit for scores of “4” or “5.” Please visit our Credit by Examination site for more information on receiving college credit for AP examinations: [testing.appstate.edu/credit-by-exam-ap-ib-clep-as-a](http://testing.appstate.edu/credit-by-exam-ap-ib-clep-as-a).

**International Baccalaureate Credit**

The International Baccalaureate Organization's Diploma Program is a demanding two year, pre-university course of study that leads to examinations. It is designed for highly motivated secondary school students aged 16 to 19. Similar to Advanced Placement (AP) examinations, students enrolled in the International Baccalaureate (IB) Diploma Program earn credit hours or advanced placement in college courses.

Appalachian's IB Credit Policy undergoes a continual process of evaluation and as a result, the courses and credits received for each subject exam may change. For more information, you should consult [testing.appstate.edu/credit-by-exam-ap-ib-clep-as-a](http://testing.appstate.edu/credit-by-exam-ap-ib-clep-as-a).

**Military Credit**

Appalachian grants up to eight semester hours of military science credit to most veterans. The University may grant specific course credit for completion of certain types of military schools and for some CLEP work. To obtain an application, students should call (828) 262-6820. Veterans must provide a copy of their DD214 for review. For more information, visit [transfer.appstate.edu/prospective-students/transferring-credits/military-credit](http://transfer.appstate.edu/prospective-students/transferring-credits/military-credit).

**Cambridge International AS & A Levels**

Appalachian grants some credit for students who complete Cambridge International AS & A Levels. For the complete credit policy and course equivalencies, visit [testing.appstate.edu/credit-by-exam-ap-ib-clep-as-a](http://testing.appstate.edu/credit-by-exam-ap-ib-clep-as-a).

Are you an Early College High School student? If so, be sure to discuss your transcript thoroughly with your Advisor and start working immediately on your academic plan for your next few semesters.
Avoid These Rookie Mistakes!

Listed below are some things that commonly confuse new students.

Don’t say we didn’t warn you!

☐ Different sections of the same course may meet at the same time but in different rooms—pay attention to your course section number (the three-digit number after the course number) and the room where it meets as well as the time it meets.

☐ The Dougherty family founded Appalachian, so there are a lot of buildings named after them—B. B. Dougherty, D. D. Dougherty, and L. S. Dougherty. Pay attention so you make it to the correct one!

☐ There are also three buildings on campus that are, or used to be, libraries. The Belk Library and Information Commons is the new library. Anne Belk is the old library, but is now a classroom building. D. D. Dougherty is the old old library, but now houses University College Academic Advising as well as tutoring and other academic support services.

☐ When you see the letter “R” on your schedule, that means Thursday and you should go to class that day! “U” means Sunday, but luckily there aren’t many classes that meet on the weekend!

☐ Chemistry labs usually list two meeting locations. One room is used for pre-lab instruction and the other room is the actual lab. Check your email for notification from your lab instructor about which room you should go to first.

☐ If you try to register for a class and the system won’t let you, make sure it’s offered on the Main Campus (MC) and not at an off-campus location (EX).

☐ Don’t forget your AppCard when you leave your residence hall. The doors lock automatically and your AppCard is your key back in!

☐ Be careful about taking academic advice from parents, siblings, friends, or random strangers. The Gen Ed and major curricula change frequently and are not the same as when Uncle Frank was a Mountaineer back in the day! Always get your Advisor’s input!

☐ Check your post office box often in case you get a care package. Even cookies from Grandma get gross after a few weeks.
Quick Guide to Academic Policies

Even though you have access to an Advisor to help you, it is your responsibility to understand and complete your graduation requirements in accordance with the University's policies. Understanding the following policies can help you get to graduation on time. Consult the Undergraduate Catalog, the Mountaineer Advising Planner, or your Advisor if you need clarification. This list is not meant to be exhaustive—see the Undergraduate Catalog for additional important policies.

Dropping Courses and Replacing Grades
You have four of each for the whole time you're at ASU. Drops must be used before the deadline published on the Academic Calendar for each semester (see registrar.appstate.edu). See pp. 40 and 42 for more on these policies.

Academic Standing and Satisfactory Academic Progress
You need to maintain a cumulative 2.0 GPA to remain in good academic standing at Appalachian (see p. 20). In addition, you must earn at least 67% of the hours you attempt or you will receive an alert that you aren't making satisfactory academic progress. These are two totally separate policies, but trouble with one can lead to trouble with the other. You may need an even higher GPA for your major.

Academic Probation
If you fail to maintain the required cumulative 2.0 GPA you will be placed on academic probation. You then have two regular semesters in which to regain good academic standing before you are suspended. (See pp. 20 and 22).

0.0 GPA Policy
Any full-time student enrolled in his or her first semester who earns a 0.0 GPA will be academically suspended. He/she may return under one of the Forgiveness Policies (see p. 21).

140 Hour Rule/Tuition Surcharge
If you earn more than 140 hours for your first bachelor's degree, you will incur a 50% tuition surcharge. Ouch! (See pp. 47-48).

Required Advising
All students with fewer than 30 earned hours have required advising. New transfers have required advising their first semester regardless of how many hours they have. Any student on academic probation will have required advising regardless of earned hours. Any undeclared student who has 60 or more earned hours will have required advising regardless of GPA (see p. 3).

Mandatory Major Declaration
You must declare your major by the time you have 60 earned hours or you won't be able to register until you meet with your Advisor. The earliest you can declare is when you have 30 earned hours, a 2.0 GPA, credit for RC 1000, and UCO 1200 completed or in progress (see p. 28). You can declare your major under your Self Service tab. Go to “Student” and then “Student Records.”

NC Residency Determination
To qualify for in-state tuition rates, students must prove that they are NC residents by filling out a form through the NC Residency Service. For more information, visit ncresidency.cfnc.org.
What Does it Take to Be a Mountaineer?

understanding your degree requirements
Where can I find help understanding my degree requirements?

Academic Advising Center, University College advising.appstate.edu Academic Advising supports students who have not yet declared a major in the identification and achievement of their educational goals, as well as in their development as independent thinkers and learners.

101 D. D. Dougherty (828) 262-2167

DegreeWorks Online Degree Audit System dw.appstate.edu DegreeWorks is a comprehensive, easy-to-use, web-based academic advising and degree audit tool that helps students and their Advisors successfully navigate curriculum requirements.

Four Year Guides fouryearguides.appstate.edu This website contains information about how to sequence each major to finish within four years. The guides are only meant to be examples—you will need to adapt your major’s four year guide to fit your plans!

General Education Office generaleducation.appstate.edu Your liberal arts education at Appalachian begins with the General Education Program. About one-third of the courses you will take during your college years will be General Education courses from across the university. This website assists you with understanding the General Education requirements and course options.

250 Anne Belk Hall (828) 262-2028

Office of Transfer Services (OTS) transferservices.appstate.edu This website contains the information you need to determine how your credits will transfer and to assist you in choosing courses at other institutions that will transfer to Appalachian.

130 John E. Thomas Building (JET) (828) 262-7877

Programs of Study programsofstudy.appstate.edu The Programs of Study website is a comprehensive site for requirements for majors, minors, and certificates.

Undergraduate Bulletin/Course Catalog registrar.appstate.edu This online reference is your user’s manual for college, helping you understand university requirements, course descriptions, and policies. To find the Bulletin, look for “Undergraduate Bulletin” under the Quick Links on the Registrar’s website.

These services are available at no additional cost to undergraduates.

To make sure you can Finish in Four, use the resources on this page to create your own four year plan!
Bachelor’s Degree Requirements

Degree granting academic departments at Appalachian are organized into six colleges: the College of Arts and Sciences, the College of Fine and Applied Arts, the Hayes School of Music, the Beaver College of Health Sciences, the Reich College of Education, and the Walker College of Business.

Appalachian offers several types of Bachelor’s degrees, but the two most common are the Bachelor of Arts (BA) and the Bachelor of Science (BS). A major difference between the two is that all BA degrees require a foreign language and a minor in another subject. BS degrees typically do not require a foreign language (there are a few exceptions), and they usually require a career-oriented concentration. Always consult the Program of Study for the major and degree you are interested in earning to find out the exact requirements. You can access these online at programsofstudy.appstate.edu. Remember that you need to take an average of 15-16 hours of coursework each semester in order to earn the 122-128 hours required to graduate in four years!

**Understanding the Different Parts of your Bachelor’s Degree:**

**General Education**

These courses are the broad foundation of your academic program. They include 44 hours of interdisciplinary courses in a variety of areas in the arts, humanities, social sciences, natural sciences, and math.

**Major**

These courses provide you with an in-depth knowledge in at least one field of study. The number of hours required for the major part of a degree can vary widely (from 30 to over 70 hours), although the total number of hours required for a degree is still 122-128. The Program of Study for your major will give you a breakdown of how many hours are required for each part of your specific degree.

**Minor**

All Bachelor of Arts degrees require a minor, but sometimes Bachelor of Science degrees do as well. If a minor is required, it will always be indicated on your major Program of Study. A minor is typically about 18 hours of coursework in a particular subject. For a list of minors offered by Appalachian and what courses to take to complete them, visit programsofstudy.appstate.edu.

**Concentration**

Some majors require a concentration, a grouping of courses from several disciplines with a specific career-oriented focus. Sometimes you can choose the courses in your concentration (in consultation with an Advisor in your major area) and sometimes they are already determined for you. Always check your Program of Study to find out what you need to do if you have a required concentration.

**Free Electives**

These are courses that do not fit into any of the above categories, but they help you earn the minimum number of hours you need to graduate. You can take virtually any class as an elective, but some majors require you to take some of your free electives at the 3000-4000 level. Sometimes AP or transfer credits may count as electives if they do not fit into the major or General Education requirements. The number of required free electives will vary widely depending on your major, so examine your Program of Study carefully.
FIRST YEAR SEMINAR

_UCO 1200, HON 1515, or WRC 1103 (3 of 6 s.h. will count here) or ___UCO MET* (0 s.h.)

*open to students who transfer at least 30 s.h. AND are classified as transfer students by Admissions. The 30 s.h. must be completed prior to enrollment at ASU. Students using this option will have 41 s.h. of General Education.

WRITING ACROSS THE CURRICULUM (6 s.h. required)

___R C 1000, LLC 1000, or WRC 1103 (3 of 6 s.h. will count here)
___R C 2001 or WRC 2001

WELLNESS LITERACY (2 s.h. required)

Choose from the following:
1 s.h. courses: ___P E 1530-1549, P E 1700-1777
2 s.h. courses: ___DAN 1400, 1410, 1420, 1430, 2400, 2410, 2420, 3280, 3480, 3580, or 4580
___HED 1000, ___MSL 1101, ___P H 1105
3 s.h. courses (additional hour may count as elective): ___DAN 4460, ___HPE 4320, ___NUT 2202, ___P E 1718 or 1769

MAJOR REQUIREMENTS (hours count in major requirements)

___Junior Writing in the Discipline (“WID” on major Program of Study)
___Senior Capstone Experience (“CAP” on major Program of Study)

QUANTITATIVE LITERACY (4 s.h. required)

4 s.h. courses (These courses fully complete this requirement.):
___C S 1445, ___MAT 1010, ___MAT 1020, ___MAT 1110, ___STT 2820, ___WRC 1010
3 s.h. courses (These courses count toward, but do not fully complete, this requirement.):
___ECO 2100, ___ECO 2200, ___MAT 1035, ___STT 1810, ___STT 2810, ___STT 3820
1 s.h. courses (for students who transfer 3 s.h. of QL coursework): ___MAT 1005, ___STT 1805

If you have transferred 3 hours of QL coursework, please check with your advisor to see if your intended major requires a course which can count for the final QL hour.

SCIENCE INQUIRY requires 8 semester hours from one theme (underlined). Courses in themes marked with an * must be taken sequentially. Check the course descriptions for any pre- and/or co-requisites.

- **Biology in Society:**  
  BIO ___1201, ___1202, and ___1203 or (for transfer credit) BIO ___1201/1204 and ___1202/1205

- **The Blue Planet:**  
  GLY ___1104 and ___1105

- **Chemistry Connections to Our Changing World:**  
  CHE ___1101/1110 and ___1102/1120

- **Global Environmental Change:**  
  choose 2 from: ___BIO 1103, ___GHY 1011, ___GHY 1012, ___GLY 1103, ___GLY 1104

- **How Things Work:**  
  PHY ___1101 and ___1102

- **Life, Earth and Evolution:**  
  ___ANT 1430 and ___GLY 1102

- **The Physics of Our Technological World:**  
  PHY ___1103 and ___1104

- **Physics of Self Expression:**  
  PHY ___1101 and ___1812 or PHY ___1812 and ___1814

- **Physics with Calculus:**  
  PHY ___1150 and ___1151

- **Restless Planet: Earth, Environment and Evolution:**  
  choose 2 from: GLY ___1101, ___1102, ___1103

- **Voyages Through the Cosmos:**  
  AST ___1001 and ___1002

**NOTE:** A 1 hour lab option may be available for students who have transferred in a 3 hour science lecture course. Please contact the Office of General Education at (828) 262-2028 or gened@appstate.edu for more information.
INTEGRATIVE LEARNING EXPERIENCE: Complete 9 semester hours from a single theme. Students must take courses from at least two discipline prefixes in the chosen theme with the exceptions of “Appalachian Mountains: Community, Culture, and Land” and “Experiencing Inquiry: How to Ask Questions.”

☐ American Culture: Past and Present: ___COM 3130, ___ENG 2120 (LS), ___HIS 2525 (HS), ___IDS 2000, ___REL 3110, ___S W 2020 (SS)

☐ Appalachian Mountains: Community, Culture, and Land: ___A S/MUS 2016 (FA), ___A S 2200 (LS), ___A S/GLY 2301, ___AS 3000, ___HIS 3726 (HS), ___SOC 3710 (SS)

☐ Cultivating Creative Expression: ___ART 2022 (FA), ___ENG 2360 (LS), ___GLS 2525, ___HIS 1400 (HS), ___P S 3210 (SS)

☐ Experiencing Inquiry: How to Ask Questions: ___WRC 2201 (LS), ___WRC 2202 (HS), ___WRC 3000 (SS), ___WRC 3203 (FA)

☐ Expressions of Culture: ___COM 2124 (SS), ___DAN 2030 (FA), ___LLC 2050, ___THR 2020 (FA)

☐ From Empire to Globalization: ___ANT 1415 (SS), ___ENG 2040 (LS), ___GLS 2000, ___GWS 2525, ___HIS 1400 (HS), ___P S 2120

☐ How We Know What We Know About the Past: Method, Evidence, Knowledge: ___ANT 1420 (SS), ___GLY 1842, ___HIS 2312 (HS), ___HIS 2320 (HS), ___LLC 2045 (LS)

☐ How We Tell Stories: ___C I/ITC 2010, ___ENG 2170, ___IDS 3210, ___LLC 2025 (LS), ___PHL 1502, ___REL 2020 (LS), ___THR 2005 (FA), ___THR 3640 (FA)

☐ The Human-Animal Bond: ___ENG 2430 (LS), ___ENG/S D 3715 (LS), ___GLS 3580, ___PHL 2010, ___WRC 2100.

☐ Imagination, Innovation, and Meaning: ___DAN 2010 (FA), ___HIS 1110 (HS), ___MUS 2018 (FA), ___PHL 2013, ___THR 2010 (FA)

☐ Intersections: Race, Class, and Gender: ___ANT 2420 (SS), ___ENG 2130 (LS), ___GWS 2421, ___MUS 2023 (FA), ___PHL 3050, ___P S 3410, ___SOC 2050 (SS), ___S W 2615

☐ Las Américas: ___ANT 2300 (SS), ___GHY 3014 (SS), ___GLS 3020 (HS), ___HIS 2301 (HS), ___HIS 2302 (HS), ___LLC 2040 (LS), ___REL 3110, ___WRC 2400 (FA)

☐ Revolutions: Social and Political: ___C I 2250, ___C I 2350, ___FDN 2150, ___FDN 2250 (LS), ___FDN 2350 (SS)

☐ So You Want to Change the World?: ___C I/R M 2000

☐ Social Relations Across Contexts: ___COM 2121, ___HIS 1120 (HS), ___PSY 2100, ___PSY 2213 (SS), ___SOC 1110 (SS)

☐ Sustainability and Global Resources: ___FCS 2110, ___FDN 2250 (FA), ___GHY 1010, ___IDS 3010, ___PHI 2015, ___PHI 1830, ___S D 2400, ___TEC 2029 (SS)

☐ War and Peace: ___ANT 2222 (SS), ___GLS/JHP 2350, ___HIS/JHP 2300, ___HIS 3158(HS), ___HIS 3823 (HS), ___P S 4225 (SS), ___REL 3170, ___SOC 3800 (SS)

LIBERAL STUDIES EXPERIENCE: Complete 12 semester hours from at least three discipline prefixes.

Anthropology (ANT): ___2100 (SS), ___2235 (SS), ___2400 (SS), ___2430 (SS), ___2700 (SS), ___2800 (SS)

Appalachian Studies (A S): ___2020, ___2025, ___2411 (SS)

Apparel Design and Merchandising (ADM): ___1000 (SS)

Arabic (ARB): ___1050

Art (ART): ___2011 (FA), ___2016 (FA), ___2030 (FA), ___2130 (FA)

Astronomy (AST): ___1050

Business Education (B E): ___1590

Chinese (CHN): ___1050

Commercial Photography (PHO): ___2032

Communication (COM): ___2105, ___3300, ___3315

Criminal Justice (C J): ___3450 (SS)

Curriculum & Instruction (C I): ___C I/R M 2000

Dance (DAN): ___3430 (FA), ___3435 (FA)

Economics (ECO): ___2030 (SS), ___2040 (SS), ___2620 (SS)

English (ENG): ___1500, ___2030 (LS), ___2050 (LS), ___2060 (LS), ___2070 (LS), ___2175, ___2350 (LS)

Family & Child Studies (FCS): ___2103 (SS), ___2111

Finance (FIN): ___2860

French (FRE): ___1050 OR ___1060 (3 of 6 s.h. count in General Education)

Gender, Women’s, and Sexuality Studies (GWS): ___2600

Geography (GHY): ___1020 (SS), ___1040 (SS)

German (GER): ___1050 OR ___1060 (3 of 6 s.h. count in General Education)

History (HIS): ___1101 (HS), ___1102 (HS), ___1130 (HS), ___1200 (HS), ___1700 (HS), ___3728 (HS), ___WRC/HIS 3210

Industrial Design (IND): ___2012 (FA)

Interdisciplinary Studies (IDS): ___IDS/WRC 2302, ___3025, ___3250

Interior Design (INT): ___1300 (FA)

Japanese (JPN): ___1050

Languages, Literatures, and Cultures (LLC): ___LLC/WRC 2030, ___3430 (LS)

Latin (LAT): ___1050

Music (MUS): ___2011 (FA), ___2014 (FA), ___2052, ___2611 (HS) (2 s.h.), ___2612 (HS) (2 s.h.), ___2613, ___2616 (FA), ___3611 (HS) (2 s.h.)

Nutrition (NUT): ___2351 (SS)

Philosophy (PHL): ___1000, ___1100, ___1501, ___1503, ___2000, ___3000 (HS), ___3013, ___3015, ___3020, ___3200 (HS), ___3550, ___3600

Planning (PLN): ___2410 (SS)

Political Science (P S): ___1100 (SS), ___1200 (SS), ___2130 (SS)

Portuguese (POR): ___1050

Psychology (PSY): ___1200 (SS)

Recreation Management (R M): ___R M/C I 2000, ___2120 (SS), ___2140 (HS)

Religious Studies (REL): ___1010 (LS), ___1100 (SS), ___1110, ___1115, ___1120, ___1700, ___2010 (LS), ___2030 (LS), ___2110 (HS), ___2120 (HS), ___2130, ___2150 (HS), ___2180, ___3120

Russian (RSN): ___1050

Sociology (SOC): ___1000 (SS), ___2020 (SS), ___2850 (SS), ___3100 (SS)

Spanish (SNH): ___1050 OR ___1060 (3 of 6 s.h. count in General Education)

Technology (TEC): ___2601

Theatre (THR): ___2025 (FA), ___2300 (FA), ___2610 (FA), ___3730 (FA)

Watauga Residential College (WRC): ___1104 (6 s.h.) (This course is available only to Watauga Residential College students), ___WRC/LTC 2030, ___2204, ___WRC/IDS 2302, ___2401, ___2403 (LS), ___WRC/HIS 3210, ___3401 (LS), ___3402, ___3403 (FA), ___3665 (LS)
**GENERAL EDUCATION PROGRAM**
44 semester hours total

<table>
<thead>
<tr>
<th>Course Area</th>
<th>Hours</th>
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<tbody>
<tr>
<td><strong>FIRST YEAR SEMINAR</strong></td>
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<tr>
<td><strong>QUANTITATIVE LITERACY</strong></td>
<td>4</td>
</tr>
<tr>
<td><strong>WELLNESS LITERACY</strong></td>
<td>2</td>
</tr>
<tr>
<td><strong>LIBERAL STUDIES EXPERIENCE</strong></td>
<td>12</td>
</tr>
<tr>
<td><strong>INTEGRATIVE LEARNING EXPERIENCE</strong></td>
<td>9</td>
</tr>
<tr>
<td><strong>SCIENCE INQUIRY</strong></td>
<td>8</td>
</tr>
</tbody>
</table>

Within the Liberal Studies Experience and/or the Integrative Learning Experience, students must complete at least 3 hours in each course designation: **Historical Studies, Literary Studies, Fine Arts, Social Sciences**

You can find an interactive version of this Gen Ed model at [generaleducation.appstate.edu](http://generaleducation.appstate.edu). It’s a great resource for descriptions of Gen Ed classes.
The General Education Program

A college education does more than train students for a career. It helps them develop intellectual skills that will enhance their professional, civic, and personal lives for years to come. Students will learn how to analyze the world around them from different perspectives, how to communicate their ideas and understand the ideas of others, how to solve problems, and how to apply their knowledge to real-world projects. Employers repeatedly tell us that they value these skills in employees as much as or more than skills specific to their field.

This approach to learning is called “liberal education.” In this usage, the word liberal refers to the ancient Roman word meaning “free, unrestricted.” A liberal education is designed to introduce students to new ways of understanding and interacting with their world so they can think more freely and develop abilities to their fullest potential.

Liberal education at Appalachian begins with the General Education Program. About one-third of the courses taken during the college years will be General Education courses from across the University. In them, students will encounter new perspectives on important subjects and explore connections between different areas of study. The General Education Program is designed to help students achieve four goals:

1. Thinking Critically and Creatively
2. Communicating Effectively
3. Making Local to Global Connections
4. Understanding Responsibilities of Community Membership

**Required coursework for General Education**

☐ First Year Seminar (UCO 1200 or equivalent) 3 semester hours*
☐ First Year Writing (RC 1000 or equivalent) 3 semester hours
☐ Sophomore Writing (RC 2001 or equivalent) 3 semester hours
☐ Quantitative Literacy 4 semester hours
☐ Science Inquiry 8 semester hours
☐ Integrative Learning Experience 9 semester hours**
☐ Liberal Studies Experience 12 semester hours**
☐ Wellness Literacy 2 semester hours

TOTAL 44 semester hours

*First Year Seminar is optional for those students classified as transfer students by Admissions who have earned 30 or more semester hours prior to entering Appalachian.

** In the Integrative Learning Experience and/or Liberal Studies Experience, students must complete 3 semester hours in each designation: Fine Arts (FA), Historical Studies (HS), Literary Studies (LS), and Social Sciences (SS).
Components of the General Education Program

First Year Seminar
Appalachian’s First Year Seminar (UCO 1200) introduces students to the General Education Program and the rigor of academic study at the University level. These small seminar-style classes are taught by experienced faculty who will help you make the transition from high school to college by developing creative and critical thinking abilities, cultivating effective communication skills, and learning to use a variety of research tools and methods. Each First Year Seminar focuses on a different topic. To see the topics offered, visit firstyearseminar.appstate.edu/course-offerings.

Writing Across the Curriculum
During your four years at Appalachian State University, you will receive instruction and experience in writing at every level, beginning with an introductory course your first year and concluding with a capstone in your major during your senior year. Students report that they find this program prepares them for greater success in their understanding and practices for writing in the major. Strong writing skills have also been identified by future employers as one of the leading factors for hiring and promotion. For more information, check out WAC’s video about student writing at wac.appstate.edu.

The Vertical Writing Model
- Year 1: RC 1000: Expository Writing
- Year 2: RC 2001: Introduction to Writing Across the Curriculum (WAC)
- Year 3: Writing in the Discipline (WID) course
- Year 4: Capstone experience in the major

Major Requirements
In addition to the two General Education writing classes, your Junior Writing in the Discipline course and Senior Capstone course will help you shape your advanced writing skills within the context of your major discipline. The hours earned for these two courses count in the major, not as part of the General Education requirements. You will see them identified on the Program of Study (checksheet) for each major with the labels “WID” (Junior Writing in the Discipline) and “CAP” (Senior Capstone).

Quantitative Literacy
Quantitative Literacy courses help you develop your ability to use numbers and mathematical functions as part of the reasoning process. In these courses, you will analyze, synthesize, and represent quantitative information from real-life problems and experiential data. When choosing which Quantitative Literacy course you will take, it is important to remember that your major may dictate which Quantitative Literacy course you need. You should always talk to your Advisor about which Quantitative Literacy course is appropriate for you.
Components of the General Education Program continued

**Wellness Literacy**

Wellness Literacy is “the capacity to obtain, process, and understand basic health information and services needed to make appropriate health decisions” (adapted from the U.S. Department of Health and Human Services). Wellness Literacy courses help you develop a greater awareness of your own health and give you valuable tools for sustaining your health and well-being. There are a few ways to meet this requirement. You may take one of the 2- or 3-hour courses listed on the checksheet in this section. You also may take two 1-hour Physical Activity (PE) courses that each include a required online wellness unit.

**Science Inquiry**

Science provides us with knowledge about the natural world. The process of gaining this knowledge involves a systematic method of inquiry. To understand important issues related to your health, environment, and the universe in which you live, you need to understand the scientific process. Themes in Science Inquiry examine how the physical world is interpreted using the scientific method. Courses in the themes utilize an inquiry-based pedagogy and focus on interpreting scientific information and findings through an examination of the nature of contemporary debates.

**Integrative Learning Experience**

The Integrative Learning Experience (ILE) gives students the opportunity to study a focused, thematic topic from multiple disciplinary perspectives. The ILE offers a choice of integrated themes made up of from four to eight courses. Each student chooses one theme and completes nine semester hours of coursework from at least two different disciplines within that theme. The goal of this multidisciplinary structure is to help students develop the intellectual habits of seeking out diverse perspectives on issues or problems and integrating a variety of information into their decision-making and creative processes.

**Liberal Studies Experience**

The Liberal Studies Experience (LSE) gives students an opportunity to explore several disciplines from across the campus. Each student chooses 12 semester hours of courses from at least three disciplines. The goal of the Liberal Studies Experience is to provide students with a broad and varied curriculum where they can explore many different perspectives on the human experience.

**Designations**

A strong liberal education needs to include the study of human cultures through time. To ensure that you will experience different perspectives on human culture, the 21 hours of courses you take in the ILE and LSE must include at least 3 hours of coursework in each of the following areas: Fine Arts (FA), Historical Studies (HS), Literary Studies (LS), and Social Sciences (SS).
Resources for Academic Planning

Degree Works

During Orientation, you will be introduced to DegreeWorks, an online tool you and your Advisor will use to track your progress towards graduation. Although you’ll still need to use your Advising Planner, the Undergraduate Catalog, and your Program of Study, DegreeWorks offers some interactive features that you’ll want to take advantage of like a GPA calculator and a “What If” option that lets you compare requirements for different majors. Your Advisor can also make notes in DegreeWorks that you can access later. For more information about DegreeWorks and to access tutorials, visit degreeworks.appstate.edu. You can login through appalnet.appstate.edu by clicking the DegreeWorks link or by going to dw.appstate.edu.

Choosing your General Education Themes

For DegreeWorks to work best for you, you’ll need to choose your General Education Themes in AppalNet Self Service. It’s easy. Login to AppalNet Self Service, and then choose the “Student” tab and look for the “General Education Theme Selection” option. You can always change your selections later if necessary.

DegreeWorks is a valuable tool, but remember that it is also not an official graduation audit, nor is it an official transcript.
Resources for Academic Planning continued

The Undergraduate Bulletin

The Undergraduate Bulletin (also called the Undergraduate Catalog or General Bulletin) is available exclusively online! It can answer almost any question you have about prerequisites, majors, minors, General Education, course descriptions, and more. To find the Bulletin online, go to the Registrar’s homepage at registrar.appstate.edu and click on “Undergraduate Bulletin.” Make sure you are using the bulletin for the year you entered Appalachian. This catalog will provide you with details on the courses being offered during a specific semester. It will show whether a course is being offered during that time, what the course entails, and what prerequisites you need in order to take the course.

Programs of Study

Your major Program of Study is one of the most important tools you will use in planning your classes each semester. The POS is the faculty-approved document that spells out the courses you are required to take for a particular major. Programs of Study vary, but they typically spell out how many hours you will take for Gen Ed, the major, a foreign language (if required), a minor or concentration, and free electives. Get familiar with your POS and ask your Advisor if you have any questions about it. Access Programs of Study at programsofstudy.appstate.edu.

Bachelor of Arts (BA)

Degree Code 251A

I. GENERAL EDUCATION CURRICULUM .................................44

II. LANGUAGE (Completion of 6 semester hours at the “Intermediate level,” or higher) .......................................................... 6

III. MAJOR REQUIREMENTS .................................................. 44

IV. MINOR REQUIRED ......................................................... 12

V. ELECTIVES (taken to total 122 hours for the degree) ...................... 93

Minimum of 9 semester hours of courses taken to fulfill minor requirements must be courses offered through Appalachian.

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Resources for Academic Planning continued

Creating your own four year plan is a great way to make sure you can graduate on time. Here are some tips for planning your time at ASU.

- Use the Four Year Guide ([fouryearguides.appstate.edu](http://fouryearguides.appstate.edu)) for your major to get started creating your personalized FYG!
- The Program of Study ([programsofstudy.appstate.edu](http://programsofstudy.appstate.edu)) is the official curriculum document for each major, so use it as well as the FYG.
- Take UCO 1200 and RC 1000 your first year! If you aren’t sure of your major, take Gen Ed courses for the rest of your schedule as well.
- If you know your major, aim for a mixture of major and Gen Ed courses if possible.
- Take RC 2001 either semester of your second year.
- The math you take depends on what your major is, so discuss your math choice with your Advisor, especially if you’re undecided.
- Deciding on your major early is key to finishing in four years! Take advantage of the campus resources that can help you make the decision.

<table>
<thead>
<tr>
<th>Semester One: [15-16 Credit Hours]</th>
<th>Courses</th>
<th>Hours</th>
<th>Min. Grade</th>
<th>GPA</th>
<th>Notes</th>
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</thead>
<tbody>
<tr>
<td>RC 1000 OR UCO 1200</td>
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<td></td>
<td></td>
<td></td>
<td>Take in either first or second semester</td>
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<tr>
<th>Semester Two: [15-16 Credit Hours]</th>
<th>Courses</th>
<th>Hours</th>
<th>Min. Grade</th>
<th>GPA</th>
<th>Notes</th>
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<tbody>
<tr>
<td>RC 1000 OR UCO 1200</td>
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<td>Take in either first or second semester</td>
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<tr>
<th>Semester Three: [15-16 Credit Hours]</th>
<th>Courses</th>
<th>Hours</th>
<th>Min. Grade</th>
<th>GPA</th>
<th>Notes</th>
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<tbody>
<tr>
<td>RC 2001</td>
<td></td>
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<td>Take in either third or fourth semester</td>
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<thead>
<tr>
<th>Semester Four: [15-16 Credit Hours]</th>
<th>Courses</th>
<th>Hours</th>
<th>Min. Grade</th>
<th>GPA</th>
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Resources for Academic Planning continued

If you would prefer to create your four year plan digitally instead of on paper, you can create and update your plan in DegreeWorks using the Student Educational Planner. You can create it from scratch or select a template, and you can easily drag and drop classes into the semester in which you plan to take them. You can find instructions for using the Student Educational Planner at degreeworks.appstate.edu/overview/tutorials.

<table>
<thead>
<tr>
<th>Semester Five: [15-16 Credit Hours]</th>
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<table>
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<tr>
<th>Semester Six: [15-16 Credit Hours]</th>
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<table>
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<tr>
<th>Semester Seven: [15-16 Credit Hours]</th>
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<table>
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<th>Semester Eight: [15-16 Credit Hours]</th>
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Appalachian students asked for the University to adopt a degree audit system like DegreeWorks as a tool for them to keep track of their progress towards graduation. Don’t forget to use this powerful tool!
Academic Standards

Maintaining Good Academic Standing
To continue at Appalachian in good academic standing, you must maintain a 2.0 or higher cumulative GPA. Students who fall below this standard will be placed on academic probation and will have two regular semesters in which to regain good standing before being academically suspended.

There Are Lots of Reasons to Stay Above “C” Level!
Keep in mind that the more hours you earn, the harder it will be to raise your cumulative GPA if it falls below a 2.0. Some majors at Appalachian require an even higher GPA for admission, and of course employers want to hire students with evidence of strong academic performance, so maintaining a solid GPA is always a good idea. If you plan to go to graduate or professional school, you will likely need a very high GPA. Talk to your Advisor if you are concerned about your GPA.

Making Satisfactory Academic Progress
In addition to maintaining a minimum 2.0 cumulative GPA, students must make satisfactory academic progress by earning at least 67% of the hours they attempt. Attempted hours include credits from courses you took and completed at Appalachian (regardless of the grade earned), courses from which you withdrew or dropped after the drop/add period (the first five days of the semester), courses you repeated at Appalachian, and developmental courses (MAT 0010, ENG 0900). Students who fail to achieve this ratio will receive an academic probation warning notice at the end of the semester. Failing to make satisfactory academic progress alone does not result in academic suspension, but it does signal that you may soon be in academic difficulty or indicate that you are not on track to graduate in four years. You should always consult your Academic Advisor if you are on academic probation for a low GPA or if you are on academic probation warning because of your ratio of earned hours to attempted hours. You can always view your grades and cumulative GPA at the end of each semester by looking at your final grade report or your unofficial transcript on AppalNet. DegreeWorks also displays your overall GPA and grades for each class you have completed.

Academic Probation and Suspension
To continue at Appalachian in good academic standing, or to return to good standing after being on probation, undergraduate students must maintain a:
1. 2.0 cumulative grade point average
2. 67% ratio or higher of cumulative earned credit hours to cumulative attempted credit hours

If you do not meet the cumulative 2.0 GPA requirement, your grade report will indicate one of the following:

Academic Probation (First probation semester)
Continued Probation (Second probation semester)
Suspended (Suspension from Appalachian)

If you use both of your probation semesters and your grades are still not high enough to meet the academic standards or if you make 0.0 GPA during your first semester, you will be suspended. If you fail to achieve the 67% ratio of earned to attempted hours, you will receive a warning, which should prompt you to make some changes to avoid future academic difficulty. We hope you won’t need to know about probation policies, but here are some things to keep in mind in case you find yourself in academic difficulty.
Academic Standards continued

0.0 GPA in the First Semester Policy

The exception to the two-semester probation policy is that any undergraduate, degree-seeking, full-time student enrolled in his/her first semester (fall or spring) at Appalachian will be academically suspended if he/she receives a GPA of 0.0 (including “I” Incomplete grades) for that semester. Full-time students are defined for these purposes as students who are registered for 12 or more hours at the end of the drop/add period. A student who is suspended under the 0.0 in the first semester policy does NOT receive the two semesters of probation and, upon his/her return, must maintain a 2.0 cumulative GPA or will again be academically suspended.

Students who are academically suspended under either of these policies can return to Appalachian for summer sessions or under one of the Forgiveness policies but should first meet with an Academic Advisor (Refer to the “Academic Regulations” section of the Undergraduate Bulletin).

How to Predict my GPA

You can predict your semester GPA if you understand quality points, GPA hours, and how they are figured. You earn quality points and GPA hours for each course in which a grade is given. Your GPA is the total number of quality points you’ve earned divided by your GPA hours. Quality points are awarded for each course graded A, B, C, D, F or WF. GPA hours are semester hours attempted which receive a grade of A through F or WF. Courses which are graded S/U, P/F or audit do not earn quality points.

Using the scale and table below, figure out your predicted grade point average for this semester. For example, if you think you will receive a B in RC 1000, you would give yourself nine quality points for that course (a B in a 3 semester hour course = 3.0 × 3 hours = 9 quality points). If you think you will earn a D- in MAT 1010, you would put down .2 grade points for that course, because math is a 4 semester hour course and a D- is worth .7 grade points.

If you are not doing well academically, get help. Very few students get through college without assistance of some kind. Contacting your Advisor is a good first step towards getting back in good standing.

An online GPA calculator is available in DegreeWorks.

You may transfer appropriate courses to Appalachian if you made at least a C in the course at another institution, but the grades you made there do not affect your GPA here—you will establish your GPA at Appalachian at the end of your first semester. However, your grades at other schools still matter because some majors will consider your grades in courses from other institutions when deciding on admission.
Academic Standards continued

Effective Strategies for Regaining Good Academic Standing

☐ Reflect
Examine the factors that led to your academic situation, and reflect on ways to adopt positive behaviors.

☐ Meet with your Academic Advisor
Develop a plan for academic improvement that might include repeating a course, taking a study skills course, limiting the number of hours in your job, or taking a reduced course load. You may also be required to participate in an academic success workshop or seminar.

☐ Utilize the resources on campus
Refer to the resources in this Mountaineer Advising Planner and ask your Advisor for recommendations on where to get help.

☐ Use the Grade Forgiveness Policy
You may retake up to four different courses in which the new grade replaces the initial grade in your GPA. This is the fastest way to improve your grade point average. Discuss retaking courses with your Academic Advisor; he or she can help you crunch the numbers to see how many courses you should take over and how soon.

☐ Attend summer session(s) at Appalachian
Summer sessions do not count as probation semesters for GPA purposes. You may always (even if you’ve been suspended) attend summer sessions at Appalachian to try to improve your grade point average. But take note: consult with your Academic Advisor before enrolling in summer school to regain good standing because it might not be a good idea in your case. If you are seeking to return under one of the forgiveness policies, you must not attend summer school at Appalachian. Also note that courses taken at other schools do not affect your grade point average because only hours transfer, not grades. All courses retaken to replace the initial grade must be done at Appalachian. Even though grades from other schools don’t affect your GPA here, some majors at Appalachian do consider all grades from all institutions when determining admission to their program.

You may retake up to four different courses in which the new grade replaces the initial grade in your GPA.
Reach for The Rock!
planning for your major and career
Where can I find major and career help?

**Academic Advising Center**, University College [advising.appstate.edu](http://advising.appstate.edu) Your advisor can help you begin to explore majors and choose courses for the next term. Your advisor can also help you by making referrals when you need additional help on campus.
101 D. D. Dougherty  
(828) 262-2167

**Career Development Center** (Job research) [careers.appstate.edu](http://careers.appstate.edu) From career counseling to job search tools, the CDC offers many resources to help you launch and manage a successful and satisfying career.
3rd floor, John Thomas Building  
(828) 262-2180

**Career Exploration Office** [careercounseling.appstate.edu](http://careercounseling.appstate.edu) Trained counselors assist you through a four-step process of self-assessment, information gathering, decision making, and career planning. Resources include self-directed searches, computer career guidance programs, assessment inventories, and information about majors and careers. Login to [careergear.appstate.edu](http://careergear.appstate.edu) to make an appointment online.
2nd floor, Plemmons Student Union  
(828) 262-2029

**Health Professions Advising** [hpa.appstate.edu](http://hpa.appstate.edu) The HPA office provides a centralized point of contact for all pre-health profession students regardless of major.
102 Edwin Duncan Hall  
(828) 262-8970

**Academic Civic Engagement, ACT Office** [engagement.appstate.edu](http://engagement.appstate.edu) Many ASU students get real world experience by signing up for a designated service-learning course. Students can take several service-learning classes to pursue the Civic Engagement Certificate to give their resume an edge.
ACT Office, Plemmons Student Union  
(828)262-2545

**Internship Office** [careers.appstate.edu](http://careers.appstate.edu) An internship combines work and learning in a possible career field, offers on-the-job training, and is a great resume builder.
Career Development Ctr., 3rd floor, John Thomas Building  
(828) 262-2180

**AppState in DC** [dc.appstate.edu](http://dc.appstate.edu) AppState in DC is a housing opportunity for currently enrolled undergraduate and graduate students of all majors while they participate in an internship in Washington, DC. All interested students are encouraged to apply and seek assistance from the Career Development Center.
3rd floor, John Thomas Building  
(828) 262-2180

*The services above are available at no additional cost to undergraduates!*

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**You don't need a referral to take advantage of University Resources!**
Choosing Your Major

It’s a Major Decision!

Start searching for your major as soon as you arrive on campus! The first step is to assess your values, interests, work preferences, abilities, and skills. The Career Exploration Office in the Student Union is here to help you. While your major choice is important, don’t confuse choosing a major with choosing a career. Well-educated people with marketable and transferable skills can work successfully in a variety of fields. Keep in mind the following when making this major decision:

College isn’t just job training.
It is a time for you to learn a lot about yourself and the world through a variety of learning experiences.

Employers want to hire well-rounded people.
People who have performed well in college and who can talk knowledgeably and enthusiastically about a variety of subjects are desirable employees. Become actively involved in all of your courses and learn as much as you can. Use part-time jobs, volunteer work, and internships to gain additional experience.

Employers look for transferable skills when hiring new personnel.
University requirements are designed to improve your communication, analytical, and technical skills. Combined with your own talents and strengths, your education gives you a solid foundation on which to build your career.

Your major should reflect your values as well as your skills.
Take time to reflect on your values and how you will incorporate them in your major and career. For some, values may include job security and pay; for others, values may include independence and creativity. Reflect on what is important to you before deciding.

Your major may be related to many careers, and your desired career may be attainable with many different majors.
You may change jobs and careers throughout your life. Many people have 7–10 different jobs and just as many different careers, so your major doesn't determine the rest of your life.

Your major won’t just happen!
You must take an active role in making the decision. Have a goal in mind when you plan your classes. Fortunately, there are many resources on campus to help you—check out the ones listed in the rest of this section and on the back of the section tab.

Visit the Career Exploration Office to assess your values, interests, and skills as part of your process in choosing a major.
Planning for Success

Have a preferred major AND a parallel major

Create your preferred major plan and a parallel plan for success. Some programs at Appalachian can only admit a limited number of students and therefore have a highly competitive admissions process. Other major programs require a higher than average GPA or a high skill level in a particular subject (e.g., mathematics) in order to succeed in the program. Finally, some careers (e.g., medicine, physical therapy, speech pathology) require a certain undergraduate GPA in order to have a chance of getting into the necessary post-graduate programs. Choosing a parallel major gives you a backup plan if you are unable to gain admission to a particular program or if your interests change.

Questions to Consider When Choosing Your Preferred Major and Your Parallel Major

☐ What were your favorite subject areas in high school?

☐ In which courses did you earn the highest grades?

☐ What do you do well (organization, creativity, physical activity, communication, etc.)?

☐ What subjects or skills are normally a struggle for you?

☐ What kind of work have you pictured yourself doing?

☐ What classes would you prefer NOT to take in college and why?

☐ We form impressions about careers based on the people we know. Think of the people in your life. Which of their careers appeals to you and why?

☐ What kind of work environment would you prefer after you graduate? For example, would you like to work in an office or outdoors? Do you want to work with people or more by yourself? How important is flexibility? Autonomy?

Narrow It Down

Look at the list of majors on the next page. Which majors would fit into your career goals and plans? Cross off any majors you would NOT consider doing. If you are unfamiliar with a major, do some research by going to the Career Exploration Office, reviewing the departmental website, or talking to a professor who teaches in that department. You can view the requirements for any major at programsofstudy.appstate.edu.

As you develop your plans, talk to your Advisor about whether there are courses that can count for both majors, and if possible, work on those courses until you decide for sure which major you will do. Doing so can help you graduate on time.

Preferred Major:     Target GPA:

Parallel Major:      Target GPA:

Consider GPA requirements when making your preferred and parallel plans.
**College of Arts and Sciences**  
262-3078

<table>
<thead>
<tr>
<th>Major</th>
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<tbody>
<tr>
<td>Anthropology 262-2295</td>
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<tr>
<td>Archaeology BS</td>
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<tr>
<td>Biological Anthropology BS</td>
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<tr>
<td>Multidisciplinary BS</td>
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<tr>
<td>Sociological Anthropology BA</td>
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<tr>
<td>Social Practice &amp; Sustainability (SPS) BA</td>
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<tr>
<td>Biology 262-3025</td>
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<tr>
<td>Ecology/Evolution/Environmental Biology BS</td>
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<tr>
<td>Cell &amp; Molecular Biology BS</td>
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<tr>
<td>Biology Secondary Education BS</td>
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<tr>
<td>Biology BA</td>
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<tr>
<td>Chemistry 262-3010</td>
</tr>
<tr>
<td>Certified Chemist BS</td>
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<tr>
<td>Environmental BS</td>
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<tr>
<td>Fermentation Sciences BS</td>
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<tr>
<td>Forensic Science BS</td>
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<tr>
<td>Individually Designed BS</td>
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<tr>
<td>Marketing &amp; Business BS</td>
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<tr>
<td>Pre-Professional &amp; Paramedical BS</td>
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<tr>
<td>Chemistry Secondary Education BS</td>
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<tr>
<td>Chemistry BA</td>
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<tr>
<td>Computer Science BS 262-2370</td>
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<tr>
<td>Cultural, Gender and Global Studies 262-3177</td>
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<tr>
<td>Global Studies BA</td>
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<tr>
<td>IDS Individually Designed BA</td>
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<tr>
<td>Gender, Women's, &amp; Sexuality Studies BA</td>
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<tr>
<td>English 262-3098</td>
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<tr>
<td>Creative Writing BA</td>
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<tr>
<td>Professional Writing BA</td>
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<tr>
<td>Film Studies BA</td>
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<tr>
<td>Literary Studies BA</td>
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<tr>
<td>English Secondary Education BS</td>
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<tr>
<td>Fermentation Sciences BS 262-8345</td>
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<tr>
<td>Geography &amp; Planning 262-3000</td>
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<tr>
<td>Community &amp; Regional Planning BS</td>
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<td>Geography BA</td>
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<tr>
<td>General Geography BS</td>
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<tr>
<td>Geographic Information Systems BS</td>
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<tr>
<td>Geology &amp; Environmental Sciences 262-3049</td>
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<tr>
<td>Geology BA</td>
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<td>Geology BS</td>
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<tr>
<td>Earth Environmental Science, Secondary Education BS</td>
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<td>Environmental Geology BS</td>
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<td>Environmental Professional BS</td>
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<td>Environmental Science BS</td>
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<tr>
<td>Paleontology BS</td>
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<tr>
<td>Quantitative Geoscience BS</td>
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<tr>
<td>Government &amp; Justice Studies 262-3085</td>
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<tr>
<td>Criminal Justice BSCJ</td>
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<tr>
<td>Criminal Justice International Studies BSCJ</td>
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<tr>
<td>Political Science BA</td>
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<tr>
<td>American Politics BS</td>
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<tr>
<td>International &amp; Comparative Politics BS</td>
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</tbody>
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Pre-Professional Legal Studies BS  
Public Administration BS  
History 262-2282  
History BA  
Applied & Public BS  
Multidisciplinary BS  
History, Social Studies Ed BS  
Languages, Literatures, and Cultures 262-3095  
French & Francophone Studies BA  
French & Francophone Studies Ed. K-12 BS  
Spanish BA  
Spanish Education K-12 BS  
Mathematics 262-3050  
Actuarial Science BS  
Mathematics BA  
General Mathematics BS  
Business BS  
Computation BS  
Life Sciences BS  
Physical Sciences BS  
Statistics BS  
Mathematics Secondary Education BS  
Philosophy & Religion 262-3089  
Philosophy BA  
Religious Studies BA  
Physics 262-3090  
Physics BA  
Applied Physics BS  
Physics Secondary Education BS  
Psychology 262-2272  
Psychology BA  
Business BS  
Educational Studies BS  
Health Studies BS  
Human Services BS  
Natural Science BS  
Social Science BS  
Sustainability BS  
Sociology 262-2293  
Applied Research Methods BS  
Criminology & Deviance & Law BS  
Health & Aging BS  
Family & Intimate Relationships BS  
Individually Designed BS  
Social Inequalities BS  
Sociology BA  
College of Fine and Applied Arts 262-7129  
Applied Design 262-7333  
Apparel Design & Merchandising BS  
Industrial Design, Furniture Design BS  
Industrial Design, Product Design BS  
Interior Design  
Art 262-2020  
Art Education K-12 BFA  
Art & Visual Culture, Art History BA  
Art & Visual Culture, Art Management BA  
Art & Visual Culture, Studio Art BA  
Commercial Photography BS  
GAIT, Cross Media Production BS  
GAIT, Print, Packaging and Production BS  
Graphic Design, BFA  
Studio Art BFA  
Communication 262-2221  
Advertising BS  
Electronic Media/Broadcasting BS  
Communication Studies BS  
Journalism BS  
Pulbic Relations BS  
Sustainable Development 262-6926  
Sustainable Development BA  
Agroecology & Sustainable Agriculture BS  
Community, Regional & Global Development BS  
Environmental Studies BS  
Sustainable Technology & the Built Environment 262-3110  
Sustainable Technology BS  
Building Science, Architectural Technology & Design BS  
Building Science, Construction Management BS  
Building Science, Sustainable Building Systems BS  
Theatre & Dance 262-3028  
Dance Studies BA  
General Theatre BA  
Performance BA  
Theatre Design/Technology BA  
Theatre Education BA  
Beaver College of Health Sciences 262-8145  
Communication Sciences and Disorders BS 262-7182  
Health & Exercise Science 262-7148  
Exercise Science, General BS  
Exercise Science, Pre-Professional BS  
Exercise Science, Clinical Exercise Physiology BS  
Exercise Science, Strength & Conditioning BS  
Public Health BS  
Nursing BSN 262-8039  
Nutrition & Health Care Management 262-8619  
Health Care Management BS  
Nutrition & Foods, Dietetics BS  
Nutrition & Foods, Food Systems Management BS  
Recreation Management & Physical Education 262-7148  
Health & Physical Education K-12 BS  
Recreation Management, Commercial Recreation & Tourism Management BS  
Recreation Management, Outdoor Experiential Ed. BS  
Recreation Management, Recreation & Park Management BS  
Social Work BSW 262-2299

Hayes School of Music 262-3020  
Choral Music Education K-12 BM  
General Music Education K-12 BM  
Institutional Music Education K-12 BM  
Music Industry Studies BS  
Music Performance, Composition & Theory BM  
Music Performance, Instrument BM  
Music Performance, Sacred Music BM  
Music Performance, Vocal BM  
Music Therapy BM  
Reich College of Education 262-2232  
Curriculum and Instruction 262-2232  
Career & Technical Education: Business, Finance, & Information Technology BS  
Career & Technical Education: Business, Marketing, & Entrepreneurship BS  
Career & Technical Education: Family & Consumer Sciences BS  
Career & Technical Education: Technology, Engineering, & Design BS  
Career & Technical Education: Trade & Industry BS  
Elementary Education BS  
Middle Grades Language Arts & Social Studies BS  
Middle Grades Language Arts & Science BS  
Middle Grades Language Arts & Math BS  
Middle Grades Math & Science BS  
Middle Grades Math & Social Studies BS  
Middle Grades Science & Social Studies BS  
Family & Child Studies 262-3120  
Child Development, Family & Consumer Sciences BS  
Child Development, Birth-Kindergarten BS  
Reading & Special Education 262-2182  
Special Education, General Curriculum, K-12 BS  
Special Education, Adapted Curriculum, K-12 BS  
Walker College of Business 262-2057  
Accounting BSBA 262-6205  
Computer Information Systems & Supply Chain Management BSBA 262-2034  
Economics BSBA 262-2148  
General Economics BA  
Environmental Economics & Policy BA  
International Economics BA  
Regional Economic Development BA  
Finance & Banking BSBA 262-4030  
Risk Management & Insurance BSBA  
Management BSBA 262-8685  
Hospitality & Tourism Management BSBA  
International Business BSBA 262-6194

This list is subject to change. For the most up-to-date list of majors, visit programsofstudy.appstate.edu.
Start Thinking About Your Career Now!

Don’t wait until you walk across the stage to think about your career! Start planning now to gain experience, network with professionals, and build your resume. Visit the Career Exploration Office in 216 Plemmons Student Union to find majors and careers that fit with your interests, skills, values, and personality. Use the tips below and on the next page to guide your career planning each year that you are at Appalachian.

First Year

☐ Meet regularly with your Academic Advisor.
☐ Complete a self-assessment survey in Career Exploration to learn about majors and careers that fit your interests, skills, values, and personality. Make an appointment at careergear.appstate.edu.
☐ Speak with academic departments across campus to learn about their majors, minors, and concentrations and find out what graduates in that major are doing now. Visit appstate.edu/academics/majors.
☐ Acquire work experience through a part-time job on or off campus. Visit studentemployment.appstate.edu.
☐ Join a club or organization related to your major. Visit campusactivities.appstate.edu.
☐ Attend the Majors Fair and other events offered by the Career Development Center. Visit careers.appstate.edu.
☐ Research career titles and job outlooks at onetonline.org.
☐ Volunteer with a local organization that relates to your interests. Visit act.appstate.edu.
☐ Schedule an appointment with Career Exploration to find out more about the resources they offer. Visit careergear.appstate.edu to make an appointment.

Already know your major?
Schedule an appointment with the career counselor for your college in the Career Development Center. Schedule appointments at careergear.appstate.edu.

What is Aportfolio? Aportfolio is an academic website where you can reflect on your learning and design a digital presence for a professional audience. You can post your research projects, document your international experience, or showcase multimedia work in an online portfolio to show to potential employers or graduate schools. You will continue to have access to your Aportfolio even after you graduate! For more information on Aportfolio and how to get started, visit aportfolio.appstate.edu.
Start Thinking About Your Career Now! continued

Second Year
☐ Continue to meet regularly with your Advisor.
☐ Take additional self-assessments at Career Exploration if you are still undecided.
☐ Attend the Majors Fair and other Career Development events.
☐ Utilize careergear.appstate.edu to research internships. See also internships.appstate.edu.
☐ Create a LinkedIn profile and network with fellow students, alumni, and professionals with similar interests.
☐ Complete informational interviews and job shadowing with professionals in your interest area.
☐ Pursue summer volunteer and internship opportunities.

Third Year
☐ Work with your career counselor to update and refine your resume and apply to internships.
☐ Explore research opportunities in your major field.
☐ Take on leadership roles in your clubs and organizations.
☐ Join a regional or national professional organization in your field of study.
☐ Attend Career Development events: workshops, career fairs, info sessions, and etiquette dinners.
☐ Attend the Graduate and Professional Schools Fair if you are interested in graduate study.
☐ Practice your elevator speech and networking skills; learn more about professional attire.
☐ Update your LinkedIn profile to enhance your professional image and continue to connect with professionals in your field.

Fourth Year
☐ Schedule an appointment with your career counselor to review your resume and discuss your job search strategy.
☐ Update your resume to include internships, volunteer and leadership experience, involvement, and work and professional organizations.
☐ Identify a list of references and professional contacts.
☐ Complete a practice interview through Interview Stream, appstate.interviewstream.com, or in person with employers or career counselors.
☐ Attend Career Development events.
☐ Research company information for your field.
☐ Attend a regional or national professional conference or workshop in your field of study.
☐ Take graduate school admissions test if applicable.
☐ Apply for jobs and/or graduate programs.
☐ Follow up with a thank you letter to employers after you complete an interview.
Declaring Your Major

You probably indicated an intended major when you applied for admission to Appalachian, but you must officially declare that major once you meet the requirements for doing so.

You can declare your major once you have

☐ earned 30 semester hours
☐ completed RC 1000
☐ completed or enrolled in UCO 1200*
☐ have at least a 2.0 GPA

Once you’ve met these criteria, you can declare your major by filling out the major declaration form in Appalnet (under your “Student” tab, then “Student Records.”) Your records will then be sent to your college and major department, where you will go for advising until you graduate.

A few majors require that you be admitted to that program before you can declare: Art, Athletic Training, Communications/Electronic Media concentration, Exercise Science, Graphic Design, Music, and Nursing. You should declare your major as soon as you are eligible. If you haven't declared your major by the time you have 60 earned hours, you will be required to see your Advisor before you can register for classes.

Note For Transfer Students

In addition to the above declaration criteria, you must make sure that Admissions has a final transcript from any other school you attended. If you have questions, call Admissions at (828) 262-2120.

* UCO 1200 is waived for transfer students who enter Appalachian with 30 or more earned hours.
Get Your Hands Dirty
your guide to leadership, diversity, sustainability, and service
Mountaineers:
Welcome to Appalachian State University! We are excited that you have joined our community and look forward to the many contributions you will make to our campus.

As you begin this journey, you join us from various locations around our great state, country and world. Your experiences throughout your life make up your story, and define where you have been, and assist in determining where you want to go. Here at Appalachian, your story is important as we strive for inclusion, tolerance and respect for all members of society regardless of race, sexual orientation, religion or thought. Our goal is to have a campus community that is welcoming to all and hostile to none. This spirit is reflected best in our recently adopted Strategic Plan, and states:

"We promote a spirit of inclusion that inspires students, faculty, and staff to form relationships extending well beyond graduation. Our students think critically, communicate effectively, make local to global connections, and understand the responsibilities of community engagement. We embrace our obligation to help create healthy, just, and sustainable societies by equipping our students to live with knowledge, compassion, dedication, humility, and dignity."

In this journey you will be challenged academically, socially, and in many other ways as a student. We are here to support this journey as you find your voice, learn and grow as a member of our community. I believe that a key to having the deep experience we want you to have is to be open to new ideas, perspectives, and learning new skills. This is your time to start a new chapter in your life and as a community we look forward to working on these goals together.

Again, welcome and we are so glad that you are part of the Black and Gold community.

With Appalachian Pride,

J.J. Brown
Associate Vice Chancellor & Dean of Students
Get Involved: Leadership

“We bring people together in inspiring ways. The transformational Appalachian experience develops individuals who are eager to acquire and create knowledge, to grow holistically, to act with passion and determination, to embrace diversity and difference, and to become contributing members of society.” —from the Appalachian State University Mission Statement

Department of Student Engagement and Leadership engageandlead.appstate.edu Enrich your Appalachian State experience as an active contributor to the vibrant campus community. Four foundational areas of the Department of Student Engagement & Leadership - Leadership Development, Campus Activities, Plemmons Student Union and A.C.T. (Appalachian and the Community Together) - offer programs and facilities that give students opportunities to get involved and stay successful.

231 Plemmons Student Union (828) 262-3032

Leadership Development leadership.appstate.edu Want to minor in leadership or just be a better leader? The Leadership Development Program provides opportunities to develop as active leaders on campus and beyond.

244 Plemmons Student Union (828) 262-6252

Campus Activities campusactivities.appstate.edu Explore new hobbies, build friendships, and gain transformational experiences! Get involved in one or more of over 400 clubs, organizations, and learning opportunities offered through The Office of Campus Activities! Campus Activities is also home to Fraternity and Sorority Life as well as our campus programming board APPS.

244 Plemmons Student Union (828) 262-6252

Appalachian Popular Programming Society (APPS) apps.appstate.edu This student-run organization selects, plans, and presents popular, cultural, educational, and social co-curricular programming for Appalachian students, including concerts, plays, movies, festivals, activities, and more!

223 Plemmons Student Union (828) 262-3032

AppSync appsync.appstate.edu This resource is the online portal for all student involvement opportunities from clubs and organizations to jobs and events on campus. All students are given an account with their username and password to explore the co-curricular possibilities that App has to offer. The app is available in the Apple App Store and Google Play Store.

219 Plemmons Student Union (828) 262-3032

Welcome Weekend: What is it? Welcome Weekend is a multi-day welcome festival for incoming students at Appalachian. This event features a number of exciting opportunities for students to have fun, learn more about the University, and find ways to get involved with the Appalachian Community. See the following pages for more info about this event!
Get Involved: **Service**

“Learning takes place within formal and informal instructional settings with dedicated faculty members, in co-curricular programs that enrich classroom experience, in interdisciplinary educational formats, and through outreach to local community and beyond. Appalachian cultivates diverse and vibrant arts that enrich the cultural and intellectual climate of the campus and region.” —from the Appalachian State University Mission Statement

- **Appalachian and Community Together** act.appstate.edu Appalachian and the Community Together (A.C.T.) provides service experiences as opportunities to connect and engage with others to build authentic relationships, stimulate critical thinking and skill building, and recognize individual impact and responsibility to our local and global community. Signature programs include the Homecoming Blood Drive, Dance Marathon, The Big Sale and Alternative Service Experience (ASE).
  138 Plemmons Student Union (828)-262-2545

- **Alternative Service Experience** ase.appstate.edu Are you taking your education beyond the classroom? Consider an Alternative Service Experience and explore a variety of social issues while working with communities across the globe. Whether a domestic program on the Gulf Coast or an international program south of the equator, use your time during fall, winter or spring break to create deeper connections between your classroom work and the communities of the world.
  138 Plemmons Student Union (828)-262-2545

- **Internship Office** internships.appstate.edu An internship combines work and learning in a possible career field, offers on-the-job training, and is a great résumé builder.
  369 John E. Thomas Hall (828) 262-2180

“Never forget that justice is what love looks like in public.”
—Cornel West

“Getting involved at App through service has taught me a lot about myself! Serving others, whether it be through clubs I am involved with or classes in my major with service learning requirements, has turned me into a strong leader with the ability to help others. Service is a great way to give back to the University and the Boone community.”
—Krista Dancy, Elementary Education major

**Welcome Weekend: Club Expo** Club Expo is at the beginning of every semester at Appalachian State and it is the opportunity for every new student to learn about the 400+ clubs and organizations on campus at App. Whether you have an interest in Quidditch, knitting, service, intramural sports, online gaming, social justice and minority issues, or anything else, Club Expo will give you a chance to find your place in the Appalachian Community!
“Sustainability at Appalachian State University is not a trend, it is a tradition. We are active stewards of our state’s interconnected financial, cultural, and natural resources. Through engaged scholarship, we balance critical, creative, and global thinking in a living laboratory, transforming theory into practice and fostering responsible citizenship.”
— from the Appalachian State University Statement of Sustainability

Get Involved: **Sustainability**

**Sustain Appalachian** sustain.appstate.edu This office is the premiere location on campus to learn about sustainability research and opportunities on campus and in the surrounding community. Stop by to learn more about sustainable initiatives, such as the Zero Waste program and Renewable Energy program.
Basement Level of East Hall (828) 262-2659

**Sustainable Living Guide** sustain.appstate.edu/sustainabilityguide The Appalachian State community is living our commitment to sustainability and you are an integral part of this commitment and this community. The daily choices you make matter. Together, 20,000-strong, Appalachian State has a major impact on our environment, our local economy and the health of our community. The sustainable lifestyle depicted here is not a mere suggestion, it represents who we are, Appalachian State Mountaineers, leading by example as engaged citizens.

**ASU Renewable Energy Initiative (ASUREI)** rei.appstate.edu The ASU Renewable Energy Initiative is intended to reduce the environmental impact of Appalachian State University by replacing the existing sources of energy with cleaner forms of renewable energy technology on campus. ASUREI serves as a resource for students and faculty by identifying and investing in the most appropriate energy projects. Get involved by attending meetings or joining a committee.

**A.C.T. (Appalachian and the Community Together)** act.appstate.edu A.C.T. provides service experiences as opportunities to connect and engage with others to build authentic relationships, stimulate critical thinking and skill building, and recognize individual impact and responsibility to our local and global community. Signature programs include the Homecoming Blood Drive, Dance Marathon, The Big Sale and Alternative Service Experience (ASE).
138 Plemmons Student Union (828)-262-2545

“One of the main reasons I came to App was because of their commitment to sustainability! Our world and our mountains are beautiful and we have a responsibility to protect them. Sustainability is central to our life here, so I try to always do my part. This includes being mindful of where I spend my money, how I use water, and how much trash I produce. However, I think the most important part of keeping our world clean is by encouraging others to make changes in their lives to promote sustainability.”
— Kelly Hoeltzel, Sustainable Development major

**Welcome Weekend: The Big Sale** Appalachian and the Community Together (ACT) hosts this annual sale just before the beginning of the fall semester in mid-August. By taking donations of unwanted residence hall items at the end of the previous school year, a massive sale is brought together at Legends (our on-campus night club) to encourage students to purchase recycled items to avoid filling landfills with run-off. The proceeds of this event benefit a local organization or nonprofit!
Get Involved: **Diversity**

Diversity is inclusive, not exclusive; therefore, it embraces and advances knowledge of difference, while also recognizing and celebrating our similarities. Multicultural Student Development aspires to offer leadership, advocacy, and serve as a resource to all Appalachian State University constituents and residents of Northwest North Carolina in matters concerning diversity.

**Multicultural Student Development** [multicultural.appstate.edu](http://multicultural.appstate.edu)
The Office of Multicultural Student Development contributes to the academic mission of Appalachian State University by providing marginalized and underrepresented students with mentoring, advocacy, community and identity affirmation; as well as by offering multiple and varied learning opportunities for all Appalachian students to develop an appreciation for diversity.

255 Plemmons Student Union  
(828) 262-6158

**Henderson Springs LGBT Center** [lgbt.appstate.edu](http://lgbt.appstate.edu)
The Henderson Springs LGBT Center relies on dedicated student volunteers to provide resources, support, and information for LGBT individuals and their allies.

108 Plemmons Student Union  
(828) 262-8566

**Multicultural Center** [multicultural.appstate.edu](http://multicultural.appstate.edu)
The Multicultural Center serves as a connection point for ASU’s multicultural clubs. Staffed by students, the Center promotes diversity and inclusion through educational and social programming that is open to all students.

112 Plemmons Student Union  
(828) 262-6158

**Women’s Center** [womenscenter.appstate.edu](http://womenscenter.appstate.edu)
The Women’s Center is run by volunteers and is committed to educating the community, eliminating gender discrimination, promoting equity, and empowering women and girls.

110 Plemmons Student Union  
(828) 262-6744

**International Education and Development (Study Abroad)** [international.appstate.edu](http://international.appstate.edu)
The Office of International Education and Development is the place to start for students considering an international experience. Program opportunities ranging from one week to an entire year give you the chance to connect with new cultures and experiences.

321 Plemmons Student Union  
(828) 262-2046

**Student Veteran Services** [studentveteranservices.appstate.edu](http://studentveteranservices.appstate.edu)
Student Veteran Services are committed to the educational success of service-members, veterans, and their dependents.

251 Plemmons Student Union  
(828) 262-2722

“The one thing that all Appalachian students have in common is diversity. We are all individuals and we should embrace our individuality. The most important aspect of diversity is understanding each other and embracing our differences. We should be unified, rather than divided. As a minority student leader on campus, I have found multiple outlets and organizations through which I can be a voice for myself and other minority students on campus. Everyone has a voice and everyone should be heard.”  
—Alexis Fegan, Criminal Justice major

“**I, too, am America.**”  
—Langston Hughes

Intercultural competence includes being self-aware, having knowledge of difference, and being able to interact across differences.

**Why Is Diversity Important?** Appalachian considers it an essential public service to recruit, retain and graduate a diverse student body that is able to apply innovative solutions to the complex cultural, economic, social, environmental and political challenges of a global society.
Get Involved: Global Learning

Students at Appalachian are expected to gain global competence through multiple and varied experiences both at home and abroad throughout their University career. Check out qep.appstate.edu.

Be an engaged global citizen!

- **Study abroad through a short or long-term experience.** international.appstate.edu Appalachian offers numerous opportunities for students to study abroad while meeting their academic goals through faculty-led programs, exchange and affiliate programs, international internships, independent studies, international student teaching, and international service.

- **Participate in an international or domestic service experience.** ase.appstate.edu Whether a domestic program on the Gulf Coast or an international program south of the equator, use your time during fall, winter and spring break to create deeper connections between your classroom work and the communities of the world.

- **Take a Global Learning Opportunities (GLO) course.** qep.appstate.edu Courses tagged with a GLO symbol cover one or more of the global competency goals. When searching for classes, look for ones with an attribute of Global Learning Opportunity to expand your global knowledge.

- **Learn another language.** dllc.appstate.edu During your time at Appalachian State, dive into our language, literature, and cultural course offerings.

- **Earn a Global Connections Certificate.** globalstudies.appstate.edu/global-connections-certificate The Global Connections Certificate is administered through the Global Studies program and is available to all Appalachian undergraduate students. The certificate includes 15-21 hours of course work, study abroad, and at least 40 hours of community service.

“Here, at Appalachian, I found many opportunities to study abroad. I am hoping to spend a month in South Korea through a program in my department. However, if you do not want to leave the country, you will find classes to develop your global knowledge and there are many international students who are happy to interact with you and share a little bit about their cultures—like me, an international student from Brazil!” —Murilo Artese, Communication major

**Don’t Wait!** Start planning an international experience during your first semester at Appalachian. Attend a Study Abroad 101 Workshop to learn more about available programs and opportunities. Then meet with an OIED advisor to talk about your academic needs, personal goals, and the application process. Visit international.appstate.edu/education-abroad for more information!
Get Involved: **Transfer Students**

We hope that you’re at Orientation because you plan to become a permanent part of the Appalachian family. The transition to a new school can be difficult, but studies show that transfer students who become involved have better graduation rates. You are also likely to enjoy your time here even more if you get involved!

1. **Office of Transfer Services** [transfer.appstate.edu](http://transfer.appstate.edu) The Office of Transfer Services provides the knowledge and resources necessary to empower students through their Appalachian State journey by advocating and collaborating to build the bridges necessary for student transition, integration, and success.
   130 John E. Thomas Hall  
   (828) 262-7877

2. **Jump Start Appalachian** [jumpstart.appstate.edu](http://jumpstart.appstate.edu) Jump Start Appalachian is a transfer student transition and support program helping students find the answers and resources they need to successfully transfer to Appalachian State University’s main campus. Jump Start Appalachian helps students before, during and after their transfer to Appalachian. Email jumpstart@appstate.edu for more information.

3. **Tau Sigma National Transfer Honor Society** [tausigma.appstate.edu](http://tausigma.appstate.edu) Tau Sigma is a national academic honor society designed specifically to “recognize and promote the academic excellence and involvement of transfer students.” The Gamma Nu Chapter of Tau Sigma at Appalachian State University recognizes the academic achievement of the most outstanding transfer students each semester and strives to help our University better serve the transfer population. Tau Sigma members are a great resource made available to serve current and future ASU transfer students.
   130 John E. Thomas Hall  
   (828) 262-7877

4. **Transfer Student Organization** The Transfer Student Organization aims to bring transfers together in a constructive and educational environment. It’s a great way to meet other transfer students and get involved on campus and in the community. Find more information by searching for Transfer Student Organization on AppSync.

5. **Walker College of Business Transfer Student Association** This group seeks to help transfer students transition to Appalachian by providing information about academic and social opportunities available to them through the College of Business. Find more information by searching for Walker College of Business Transfer Student Association on AppSync.

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“The one thing that I took most from orientation was to get involved, so that’s exactly what I did. I went to Club Expo and got to talk to people that were involved in the organizations already and ask any questions I had. I signed up for every club that interested me and then filtered out from there. I am currently involved in the Men’s Club Volleyball team, Transfer Student Mentors, and, of course, I’m a SOUL. The best advice that I could give to any incoming student is to get involved! These organizations have made me the person I am today.”

—Gaige Cogswell, Sociology major

**Transfer Involvement** We want to see you on campus! Studies show that students who get involved in co-curricular activities like clubs, service, and leadership are more likely to do well in other aspects of college life. Even though you may live off campus, we encourage you to become a part of campus life.
Boone has over two million acres of wild, rugged, and undeveloped land at its doorstep. It will take a lifetime to experience it all, so you better get started now. If you prefer indoor adventure, Appalachian has plenty of opportunities for that as well.

- **Outdoor Programs** [op.appstate.edu](http://op.appstate.edu) Outdoor Programs introduces students, no matter what level of experience, to various outdoor opportunities such as rock climbing, whitewater rafting, kayaking, hiking and climbing. Students can also earn certifications such as Wilderness First Aid and Leave No Trace. Outdoor Programs also sponsor events such as Banff Mountain Film Festival, the Appalachian Mountain Photography Competition, and service opportunities.

  150 Bodenheimer Dr., Student Recreation Center (SRC)  
  (828) 262-4077

- **Club and Intramural Sports** [urec.appstate.edu](http://urec.appstate.edu) The Club Sports Program allows students to play a sport they love against other regional colleges and universities while the Intramural program allows students to play on teams against other Appalachian students.

  150 Bodenheimer Dr., Student Recreation Center (SRC)  
  (828) 262-2100

- **Recreation Facilities** [urec.appstate.edu](http://urec.appstate.edu) Three on-campus fitness centers are available to students (student ID required for entry). The Quinn Center, Mount Mitchell Life Fitness Center and the Student Recreation Center offer various types of equipment and fitness classes.

  (828) 262-2100

- **Group Fitness** [fitness.appstate.edu](http://fitness.appstate.edu) Group Fitness offers over 50 classes per week ranging from yoga to spin to cardio dance and more. Group classes are a great way to meet people while developing life-long wellness habits.

  (828) 262-2100

“In the spring, at the end of the day, you should smell like dirt.”
—Margaret Atwood

**Welcome Weekend: UREC Night** Welcome Weekend is a great time to learn about recreation opportunities at Appalachian. UREC Night is held on Friday at the Student Recreation Center. Look for more info about groups that can help you get active at Club Expo!
Appalachian Cares

Staying Safe and Well on Campus

One thing students love about college is their newfound freedom in a less structured environment. Your first year in college is a wonderful time of increasing responsibility and growth, but that new freedom can also be stressful. You may need some help adjusting to your new responsibilities. Make sure you know about campus resources that can help you deal with these ups and downs. Visit appcares.appstate.edu for a full listing of helpful resources and to download the Appalachian Cares app.

- **Appalachian Cares appcares.appstate.edu** The Appalachian Cares website is a clearinghouse for all the resources available to support students’ safety, health, and wellness on campus.
  
  123 I.G. Greer Hall
  
  (828) 262-6156

- **Dean of Students deanofstudents.appstate.edu** The office of the Dean of Students can provide tailored resources and assistance to help students along their collegiate journey. The Dean’s office seeks to connect students to the resources they need.
  
  324 Plemmons Student Union
  
  (828) 262-8284

- **Counseling and Psychological Services counseling.appstate.edu** The Counseling Center provides students with a chance to meet with a mental health professional to determine the best course of treatment for a variety of issues. The Counseling Center offers individual and group counseling as well as workshops on many topics and has walk-in hours for students in crisis.
  
  1st Floor, Miles Annas Building
  
  (828) 262-3180

- **Health Services healthservices.appstate.edu** Student Health Services exists to meet the health needs of the students of Appalachian State University. Services include appointments, walk-in clinic, laboratory services, x-ray, injury clinic, and pharmacy services.
  
  2nd floor, Miles Annas Building
  
  (828) 262-3100

- **Wellness Center wellness.appstate.edu** Learn healthy stress management methods and approaches to prevent psychological and physical problems due to stress. The Wellness Center focuses on encouraging good nutrition, exercise, and restful sleep and also provides alcohol and drug assistance programs through individual and group counseling.
  
  1st Floor, Miles Annas Building
  
  (828) 262-3148

- **Office of Equity, Diversity and Compliance (EDC) edc.appstate.edu** The EDC office helps to ensure that students, employees, and campus visitors are treated with dignity and fairness. EDC staff investigate complaints about harassment and discrimination, provide workshops and training on responsible human relations, and sponsor the Open Door program which honors every person’s contributions to the community.
  
  123 I.G. Greer Hall
  
  (828) 262-2144

“Take care of yourself. Take care of each other. Take care of this place.”

—Unknown

You can download the Appalachian Cares app at appcares.appstate.edu. It gives you fast and easy access to information about campus resources!
Appalpedia

your guide to university resources & policies
Where can I find answers to financial questions?

**Financial Aid** financialaid.appstate.edu The Financial Aid Office administers financial assistance programs for students. The website lists a great deal of information as well as forms and deadlines.

2nd floor, John Thomas Building  
(828) 262-2190

**Scholarships** scholarships.appstate.edu Scholarships are available from many sources. This website lists scholarships for first year students, transfers, and continuing students as well as outside, need-based, and additional scholarships. The site also includes deadlines for some scholarships. You should also check with your major department to see if funding is available.

1st floor, John Thomas Building  
(828) 262-8453

**Student Employment** studentemployment.appstate.edu Part-time job opportunities for students on and off campus are publicized through this office. The website is frequently updated with current job listings, and there is a listserv for students looking for odd jobs.

3rd floor, John Thomas Building  
(828) 262-4099

**Mapping Your Future** mappingyourfuture.org/Money This nonprofit website seeks to help students of all ages borrow money wisely and establish themselves financially.

**College Foundation of North Carolina** cfnc.org CFNC.org is a free service of the state of North Carolina that helps students plan, apply, and pay for college. Their website also contains information about how to understand financial aid, find scholarships, explore careers, and access other helpful resources.

**Federal Student Aid** studentaid.ed.gov This office is part of the U.S. Department of Education, the largest provider of financial aid in the country. Their website includes information about different types of aid, who can get aid, and how to apply for aid. Other resources include how to explore careers and manage student loans.

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How will I get my bill each semester?

**Appalachian does not send paper bills!** Each semester Appalachian will send you an email notifying you of your account statement. The email is sent to your ASU email address and any parent email addresses that you authorize in AppalNet.

An email statement for students registered for fall semester classes is normally issued in mid-July. An email statement for students registered in spring semester is normally issued in November. The email will outline how much you owe. Additional statement notifications are sent after the first week of classes with any additional charges from registration.

It is critical for you to authorize your parents/guardians if you want them to receive billing information. Keep their information updated. Important dates can be found on the calendar tab at studentaccounts.appstate.edu. If payment or authorized financial aid has not been posted to your account by the due date, Appalachian may delete your class schedule or charge late fees. Bills may be paid online via your AppalNet or Parent Portal accounts.

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**Housing Tip!** Living on campus is awesome, but if you decide to move off-campus later on, check out offcampus.appstate.edu for tips on finding housing, transportation, and emergency information. Off-Campus Services also helps sponsor the Student Legal Clinic and helps students become part of the larger Boone community.
Academic Integrity

The Appalachian Academic Integrity Code sets forth the standards of academic integrity and describes student and faculty responsibilities. It is the responsibility of every student to abide by the Academic Integrity Code. The code can be accessed on the web at academicintegrity.appstate.edu or you may call (828) 262-2704.

Academic Probation and Suspension—see Probation and Suspension

Adding a course

You may add a course that has an open seat anytime during the first five days of classes (the drop/add period) of the fall and spring terms. If a class you need is full and that course offers waitlisting, you can add yourself to the waitlist to potentially reserve a seat and receive notification if a seat opens before the end of drop/add. If a class is full and does not offer waitlisting, you can sit in on the first day and ask the professor for permission to add the course. If the professor agrees, the professor should notify the office of the department in which the course is offered so that the chairperson or his/her representative can enter the permit. You will still need to log into the registration system through AppalNet to add the class.

Aportfolio

Aportfolio is an academic website where you can reflect on your learning and design a digital presence for a professional audience. You can post your research projects, document your international experience, or showcase multimedia work in an online portfolio to show to potential employers or graduate schools. You will continue to have access to your Aportfolio even after you graduate! For more information on Aportfolio and how to get started, visit aportfolio.appstate.edu.

AppalNet

AppalNet is a landing page for students to have convenient access for campus information and services (e.g. Mountaineer Mail, Advising Appointments, Degree Works, etc.). Students can access and update much of their personal student information by logging into AppalNet Self Service from appalnet.appstate.edu.

AppCard —see Identifications Cards

AppState-ALERT Emergency Notification System

AppState-ALERT is the University’s official emergency messaging system consisting of voice and text alerts, outdoor sirens, computer pop-ups, and web messages. Students can sign up to receive emergency voice and text messages by visiting emergency.appstate.edu. To learn more about the AppState-ALERT system and emergency preparedness, go to appstatealert.com and click on the AppState-ALERT system link.

AppState Homepage

Appalachian's homepage is a tool for finding answers to almost any questions you have while you’re here. You can link to AppalNet, AsULearn, the library, and a wealth of other information. Search the homepage for links to the websites of departments and University offices, or use the A-Z Index found in the upper right
Every degree at Appalachian requires at least 122 and up to 128 hours to complete.

AsULearn
AsULearn is the University’s official online course management system. It allows instructors to post course information like handouts or videos, make assignments, give quizzes, and hold class discussions. AsULearn allows students to easily access class information, submit assignments, and communicate with the instructor and other students in the class. To log into AsULearn, visit asulearn.appstate.edu.

BA/BS/BM/BFA/BSBA/BSCJ/BSW/BSN
These are abbreviations of the degrees offered at Appalachian. They represent the Bachelor of Arts (BA), Bachelor of Science (BS), Bachelor of Music (BM), Bachelor of Fine Arts (BFA), Bachelor of Science in Business Administration (BSBA), Bachelor of Science in Criminal Justice (BSCJ), Bachelor of Science in Social Work (BSW), and Bachelor of Science in Nursing (BSN). There are different requirements for each degree. In addition to major requirements, the Bachelor of Arts degree requires a minor in another subject area and a foreign language through the intermediate level. With the exception of the Bachelor of Science degree in English, Secondary Education, and the BSBA in International Business, the Bachelor of Science degrees have no foreign language requirement. Instead of a minor, the BS degree typically requires the completion of a career-oriented concentration.

Chancellor’s List
The Chancellor’s List recognizes full-time students who receive a grade-point average of 3.85 or higher in any semester. (Semester hours must earn grade points and credit toward graduation.)

Civic Engagement
Service-learning and community-based research are two forms of civic engagement. Many professors use civic engagement as a way to teach course material. Students connect with the local or international community to meet environmental and human needs as a way to develop an understanding of course content as well as civic responsibility.

Classification
At the end of each semester, students are classified based on the number of hours earned. Classification affects your declaration of major, your assigned registration time, your housing and parking assignments, and financial aid, but it does not affect continued enrollment at Appalachian. The classifications are listed below.

<table>
<thead>
<tr>
<th>Classification</th>
<th>FIRST YEAR</th>
<th>SOPHOMORE</th>
<th>JUNIOR</th>
<th>SENIOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>0–29 s.h.</td>
<td>30–59</td>
<td>60–89</td>
<td>90+</td>
<td></td>
</tr>
</tbody>
</table>

College-Level Examination Program (CLEP)
The CLEP is a series of examinations in 35 introductory college subjects that allow individuals to earn college credit for what they already know regardless of how that knowledge was acquired—through advanced coursework, independent study, work experience, professional development, or extracurricular activities. CLEP exams make it possible for you to save time and money in your college career and to advance to higher level classes.

The 90 minute exams are administered via computer at the Testing Center. Contact the Testing Center (828-262-6801) to make an appointment for an examination and to inquire about fees. You can view Appalachian’s CLEP testing policy at testing.appstate.edu.
Common Reading Program

Every year, Appalachian chooses a book that the whole campus can read together. By participating in the program, students engage in a common intellectual activity with other students, faculty, and staff that introduces them to academic life on campus. First year students receive a copy of the chosen book at Orientation in the summer so that they have several weeks to read the book before they arrive on campus in fall. During Welcome Weekend, students will have a chance to discuss the book in small groups led by members of Appalachian's faculty and staff, and students will have assignments and activities relating to the book in some of their classes over the course of the year. The University's fall Black and Gold Convocation features a speaker associated with the year's book, and many groups in the community also read the book.

Computers

Many students choose to bring a computer to Appalachian; however, there are numerous computer labs on campus. A listing of all computer labs, their locations and software is located at support.appstate.edu/labs.

The Appalachian Campus Computer Program is administered by the University Bookstore. You can see recommended systems provided to the University by Apple and Dell through technology partnerships at special educational pricing. Additional information is available at bookstore.appstate.edu.

All of the residence halls have access to the Internet through Appalachian’s Ethernet system. If you are in one of these residence halls, you do not need an outside Internet provider. Additional information can be found at resnet.appstate.edu.

For additional information, please contact Technical Support at (828) 262-6266, email at techsupport@appstate.edu, or consult the website at support.appstate.edu.

Co-requisites

Co-requisites are courses you must take in the same semester, such as Chemistry 1101 (lecture) and Chemistry 1110 (lab). Because you can't take one without the other, be sure to register for both courses at the same time. Always check the Undergraduate Bulletin to find information on which courses require co-requisites.

Course Numbers

What do all the numbers mean? As a general rule, the 1000 and 2000 level courses are first year and sophomore courses, the 3000 level are junior courses, 4000 are senior courses, and 5000 are for graduate students. These are general guidelines. Students sometimes take courses higher than their level of classification if they've met prerequisites.

Credit by Exam

Students who wish to challenge a regularly listed course should consult the appropriate department chairperson. If arrangements can be made, a moderate fee is charged for each examination. If the examination is passed, credit without a grade is noted on the student's transcript.

Dean's List

The Dean’s List recognizes students who carry 12-14 hours of coursework and attain a grade point average of 3.45 or higher. A student with 15 hours or more of coursework who attains a grade point average of 3.25 or higher is also recognized for the Dean’s List. (Coursework must receive grade points and count toward graduation.)

Declaring Your Major—see Major Declaration

Degrees Offered—see BA/BS/BM/BFA/BSBA/BSCJ/BSW/BSN
**DegreeWorks**

DegreeWorks is a web-based tool designed to help students monitor their academic progress towards degree completion. It can be accessed through the student's AppalNet account. Students can view courses they have completed and see what requirements still need to be completed before they can graduate. DegreeWorks also allows students and their Advisors to plan courses to be taken in future terms to meet those requirements. For more information about DegreeWorks visit [www.degreeworks.appstate.edu](http://www.degreeworks.appstate.edu).

**Drop/Add Period**

Students may drop courses through the first five days (or other designated Drop/Add Period) of a fall or spring semester and during the first two days of a five-week summer session. The Drop/Add Period is posted each term on the University Registrar's website under the Detailed Registration Calendar ([registrar.appstate.edu](http://registrar.appstate.edu)). After the designated Drop/Add period, a student will only be allowed to drop a total of *four courses* during his or her undergraduate career at Appalachian.

A course dropped after the Drop/Add Period will use one of your four career drops. The class must be dropped by the end of the ninth week of the regular academic term (or by the last day to drop a class as published in the Summer Schedule of Classes). Exceptions to Drop/Add Period policy are granted only under extenuating circumstances and require the signatures of the instructor, the chairperson, and the dean of the college/school in which the course is offered. Students seeking exceptions should go to the Dean's office of the college/school in which the course is offered.

**Dropping a Course**

You may drop a course from your schedule after the designated Drop/Add Period up to *four* times, but with careful planning and a willingness to seek out academic assistance, you shouldn't need to drop any courses. Remember, to stay on track to graduate in 4 years, you will need to take 15-16 hours each semester. The following rules apply to dropping courses after the designated Drop/Add Period:

◊ If you decide to drop a course, you must officially drop the course or you will receive an F.
  You may drop a course by using the Web Registration System (WRS), or by assistance in the Registrar's Office.

◊ The class must be dropped by the end of the ninth week of the regular academic term (or by the last day to drop a class as published in the Summer Schedule of Classes). The last day to drop a class is posted on the Detailed Registration Calendar each term ([registrar.appstate.edu](http://registrar.appstate.edu)).

**Early College**

Early College students complete high school while simultaneously earning college credit towards an Associate’s degree or credits that will transfer to a four year institution. Currently, North Carolina has over fifty Early College high school programs throughout the state.

**ERA: Early Registration Advising**

New students are required to complete ERA before they arrive on campus for Orientation. Early Registration Advising is an online course that helps you get familiar with general education and your degree requirements and lets you register for classes before you even step on campus for Orientation. If you did not complete ERA before arriving at Orientation, you will be expected to complete it at Orientation.
**Electives**

Free electives are classes that do not fulfill requirements for your General Education, major, minor, or concentration. All majors require at least two hours of free electives, but some majors may have room for many more. Some majors or minors include required electives that need to be chosen in consultation with an Advisor in the appropriate department. If you’re not sure you have room for electives in your degree program, discuss your options with your Advisor before signing up for classes.

**Emergency Notification System**—see AppState-ALERT

**Express Accounts**

You can establish an Express Account, which is a debit account, so that you can use your Appalachian ID card in the University Bookstore, all food services and vending areas, and in some campus laundry facilities. There is no fee to open an Express Account. Contact the AppCard Office at (828) 262-6141 or visit appcard.appstate.edu.

**FERPA**

The Family Educational Rights and Privacy Act (FERPA) of 1974, sometimes known as the Buckley Amendment, mandates that, with the exception of “directory information,” no student data can be released without the written permission of the student. Parent access to information can be granted through an option on your AppalNet account. You may grant your parents access to some or all of the following types of information: Academic Records, Student Accounts, Financial Aid, Housing and/or Conduct Records. Visit registrar.appstate.edu/resources/ferpa/ferpa-students for more information.

**Financial Aid**

Make sure you understand how your financial aid works by keeping in touch with your financial aid counselor in the Office of Student Financial Aid in the John E. Thomas Building (financialaid.appstate.edu). Keep in mind that your financial aid can be affected if you drop below 12 hours (full-time status) or if you withdraw or take courses that are not required. Failure to attend class can also affect your aid as can a low GPA and failure to make adequate progress toward a degree. To avoid problems, make sure you understand the terms under which you are receiving aid. Contact the Financial Aid Office at (828) 262-2190.

Veterans should contact the VA Certifying Official in the Financial Aid Office once they have been accepted to Appalachian and have registered for classes. The VA Certifying Official will help the student process the GI Bill paperwork so that he/she can receive benefits.

It is your responsibility to ensure that the courses you are enrolled in are required for your degree program as listed on the appropriate Program of Study. Courses not required for your degree program may not be counted in the enrollment status for financial aid eligibility. If you are registered for courses that do not meet your degree requirements, your financial aid could be adjusted or canceled accordingly.

** Forgiveness**

If students leave Appalachian after experiencing academic difficulty, they may be eligible to return under a forgiveness policy after one or two years without enrolling at Appalachian. Contact the Registrar’s Office for information on how to return to Appalachian under a forgiveness policy. See registrar.appstate.edu/records/probation.html for the complete Academic Probation and Suspension policy.
**Four Year Guides**

The Four Year Guides are meant to serve as examples of how a degree can be completed in four years. Because each student's situation is different, you will probably not be taking courses in exactly the order they are listed on the guide for your major, but you should use the online guides to tailor the degree requirements to meet your own graduation goals. Any AP, IB, or transfer coursework can affect your particular four year plan. Work with your Advisor (especially your major Advisor after you declare) to adapt the four year guide to your situation. View Four Year Guides at fouryearguides.appstate.edu.

**Grade Forgiveness Policy**

The first four courses that students retake will be automatically processed using grade forgiveness. The initial grade remains on the transcript, but is no longer part of the GPA calculation. Students may elect to exclude one of these first four courses from grade forgiveness if they submit a request by the drop/add deadline in the term in which they are taking that course. The entire policy can be found at registrar.appstate.edu/records/repeatpolicy.html.

**Graduation Requirements**

The minimum number of hours required for graduation is 122, although some majors may require up to 128 hours. You probably entered college with a goal of graduation after four years of collegiate work. This means you need to take 15-16 hours of appropriate coursework each semester in order to graduate in four years. Students enrolling in more than 140 semester hours for the first baccalaureate degree will be assessed a 50% surcharge on the excess hours, so it pays to plan your degree program carefully.

Some of the factors that might increase your length of time to graduation are listed below:

◊ Taking fewer hours than advised per semester
◊ Changing majors
◊ Dropping, failing, and repeating courses
◊ Taking unnecessary or inappropriate courses
◊ Transferring from one institution to another
◊ Adding a second major or minor
◊ Delaying entry into specific degree-granting programs
◊ Withdrawing from school for a semester or more
◊ Entering Appalachian with an incomplete academic background therefore requiring developmental courses

Please note that to graduate from Appalachian, an undergraduate student must complete the following in residence:

◊ as a minimum, the final thirty (30) semester hours of his/her degree (students who study abroad on an Appalachian approved exchange or study abroad program are excluded from this provision); and,
◊ a minimum of eighteen (18) semester hours in the major and (if applicable) nine (9) semester hours in the minor; and,
◊ at least 25% of the credit hours required for the degree.
◊ in addition to these residency requirements, at least 50 semester hours must be taken at a
senior institution (a four-year college). Consult your Undergraduate Bulletin at
registrar.appstate.edu/catalogs for more information about graduation requirements.

Health Services Immunization and Insurance Requirements

The UNC System requires that eligible students must have health insurance. Students who do not
submit an online waiver for verification of outside health insurance will be automatically enrolled
in the UNC system-wide plan and the insurance premium will be added to their student account.
For more information, visit healthservices.appstate.edu and click on “Student Insurance.”

North Carolina state law (General Statute 130A-155.1) requires anyone entering college to
present a certificate of immunization that documents their compliance with all required
immunizations. At Appalachian, we ask that students enter their immunizations and medical
history via the MedPortal. Immunization Forms / Documentation should then be uploaded via
the MedPortal. Visit healthservices.appstate.edu/medportal. If you do not have access to a
computer to accomplish this task, you may go to Student Health Service and they can assist you
with this process by providing computer access.

Hold—see Registration Hold

Identification Cards (AppCard)

The Appalachian ID card, called the AppCard, provides admission
to campus events and fee supported services (use of the library,
admittance to athletic events, etc.). In addition to the official
identification function of the AppCard, it also manages two
separate debit accounts – the Meal Account and the Express
Account (see Meal Account and Express Account for further
information).

If you run out of money in either of your accounts, you may add to your accounts at any time during
the semester. Food Services, located in Trivette Hall, handles all ID card matters including the Meal
Account and the Express Account.

You may get your ID card whenever you have time during your Orientation session. ID cards are
made on the bottom floor of Trivette Hall, Monday-Friday, 8–5 p.m. The cost of your first card
is included in your fees. There is a replacement fee of $15 if you lose your card. For additional
information, contact Food Services, (828) 262-6141, or visit foodservices.appstate.edu.

Institutional Credit

Developmental courses, such as RC 0900 and MAT 0010, count toward determining full-time status,
but they do not count in the hours earned toward graduation. The hours in these courses do not count
in determining classification such as first year, sophomore, etc.

Major Declaration

You may have indicated an intended major when you applied for admission to Appalachian. However,
to officially declare your major, you must:

1. Have 30 earned hours
2. Have earned credit for RC 1000
3. Have a 2.0 GPA (or be a first semester transfer student)
4. Have earned credit for or currently be taking First Year Seminar (UCO 1200 for most
   students; HON 1515 for Honors students; or WRC 1103 for students in Watauga Residential
   College)

Transfer students with 30 or more earned hours are not required to take First Year Seminar
(UCO1200).
Note: Transfer or Early College students must make sure that Admissions has received a final copy of all transcripts before they can declare. Some major programs may require a higher GPA or admission before a student can declare that major.

MAP-Works

MAP-Works (Making Achievement Possible) is an online tool that helps students to be successful in college. Students respond to an online survey that identifies campus resources that may be helpful to them. Faculty and staff are able to interact with students and each other through MAP-Works and help students connect to other areas on campus that can contribute to their success. Students will receive more information about MAP-Works and when to take the survey early in their first semester. More information is available at map-works.appstate.edu.

Meal Accounts

The money in the Meal Account can only be used to purchase food and drink in any of the food facilities and through any of the vending machines located on campus. Additional amounts may be added to your Meal Account throughout the semester. For further information, contact Food Services at (828) 262-6141 or foodservices.appstate.edu.

MountaineerApps

MountaineerApps is the ASU brand for Google Apps for Education, and includes Gmail, Calendar, Drive, Hangouts, Sites, Google+, and more. To login to your MountaineerMail, go to google.com and login using your username@appstate.edu. MountaineerApps is free and includes unlimited email and file storage. For more information about ASU’s use of Google Apps, go to gogoogle.appstate.edu.

Office of Transfer Services—see Transfer Services

Online Courses

It is a common misconception that online courses are easier than “regular” classes—they are not, in general, at all easier. The truth is that students who tend to rely on having someone available for frequent face-to-face contact are likely to have trouble in the online environment where that kind of interaction is not available. On the other hand, students who are highly self-motivated and independent tend to flourish with the freedom offered by this type of course.

Here are some general rules of thumb for success in online courses:

◊ You must be able to motivate yourself to work on a regular schedule;
◊ You must take responsibility to focus on your studies without someone looking over your shoulder;
◊ You must have access to and familiarity with a reliable, modern computer, either your own or one in a University lab; and
◊ You must be comfortable with and proficient in using the Internet for communication and research.

These are not the only considerations, but if you can’t truthfully say that you meet these four criteria, an online course may not meet your needs and you may want to consider whether a “regular” class would serve you better.

Parent Access to Student Information

To grant a FERPA release to your parents, guardians, or spouse to access your student information, you should log into your AppalNet account, click on the Student tab and then click on the Parent Access link. Enter the name of the party to whom you are granting access and create a 6-digit pin for your designee to use to access your information.
Parking
You may register your car for campus parking over the web by accessing this site: parking.appstate.edu. All students registered for classes are eligible to apply for a permit. The parking area depends on your class standing and availability of spaces. All campus parking lots are located on the AppalCart route, our local bus service. The Parking and Traffic Department is located on Rivers Street in the parking deck. Call (828) 262-2878 for additional information.

Post Office Box on Campus
Students who live on campus will be assigned a post office box at Appalachian. You can access your box number through your AppalNet account under the Student Services tab. Your combination will be provided with your box number in AppalNet. You should check your AppState PO box at least twice a week because mail from many campus offices is sent to that address. Students living off campus must opt-in and pay a $41 per semester fee in order to have a PO box on campus. The post office is located behind the Student Union in the Miles Annas Building. For more information, call (828) 262-2242 or visit postoffice.appstate.edu.

Praxis Core Academic Skills for Educators (Core)
The Praxis Core standardized test consists of three sections: Reading, Writing and Math. Students at Appalachian must earn a passing grade in each area in order to be admitted to the College of Education, or they must have earned high enough scores on the SAT or ACT tests to be exempt. Passing the Praxis Core is part of the overall admission process in the College of Education. Until this process is completed, students cannot take some of the key classes to complete their majors in education. For more information, refer to www.ets.org/praxis and lap.appstate.edu/praxis-core.

Prerequisites
A prerequisite is a requirement that must be completed before taking a course. A prerequisite could be a class, a certain grade in a class, or a placement test, for example. Similarly, a co-requisite is a course that must be taken at the same time that you take another class. To find out whether a course has a pre- or co-requisite, look it up online in the Undergraduate Bulletin or on your Program of Study.

Probation and Suspension—see pages 20-22
(Please see the Undergraduate Catalog for the complete probation and suspension regulations.)

Program of Study/Checksheet
Each major has a Program of Study that lists all the requirements for earning a degree in that major. Sometimes the Program of Study is also called a checksheet. Programs of Study are updated every year, but students follow the Program of Study from the academic year that they entered Appalachian. Current Programs of Study as well as ones from previous years are archived online at programsofstudy.appstate.edu. Always have a hardcopy of your Program of Study with you when you meet with your Advisor, and make sure you become familiar with your degree requirements!

Quality Enhancement Plan (QEP)
Appalachian State University's five-year Quality Enhancement Plan topic is called “Global Learning: A World of Opportunities for Appalachian Students.” We are committed to introducing students to different cultures and teaching them how to live and interact in a global society. We help students explore the world – in multiple and varied ways. Visit the website at qep.appstate.edu.

Registrar’s Office
The Registrar's Office serves as the official depository for all academic records, undergraduate and graduate. Here are just a few of the services the Registrar's Office provides: plan and implement
registration for classes; compile and maintain academic records; provide both official and unofficial transcripts; certify enrollment status; process official withdrawals from the University; evaluate coursework to be taken at other collegiate institutions by Appalachian students; determine residency status for the purpose of tuition; plan and manage the University’s Fall Convocation Ceremony; plan and manage the University’s commencement ceremonies; process applications for graduation; and process former students who wish to re-enroll. The Registrar’s website provides information about registration, calendars, catalogs and more: registrar.appstate.edu

**Registration Hold**
A registration hold may be placed on a student’s account to deny him/her access to the Web Registration System (WRS). All holds must be cleared by the appropriate office(s) before access can be granted. You can check your Registration Status through the AppalNet Self Service tab in order to determine if you have any outstanding holds.

**Repeat Policy**—see Grade Forgiveness Policy

**Required Advising**
All first year students have required advising starting their first semester and until they have 30 earned hours. New transfer students who do not declare their majors right away will also have required advising, regardless of how many hours they transfer in to Appalachian. These students will have to see their University College Advisor to get their PIN (personal identification number) which will allow them to access the registration system. When students declare, they should contact their major departments to inquire about how advising is done in that department. Students who have not declared by the time they have 60 earned hours will have an advising PIN placed on their account that will deny them access to registration until they have seen an Advisor to declare or discuss why they have not yet declared.

**Satisfactory Academic Progress—see page 20**
(Please see the Undergraduate Catalog for the complete Satisfactory Academic Progress (SAP) policy.)

**Secondary Advising**
Students who intend to major in chemistry, environmental science, geology, and physics are required by their major department to see an Academic Advisor in that department prior to early registration for the next semester.

**Semester Hours**
A semester hour (sh) indicates the number of credits you earn for a particular course and an approximate number of hours you spend in that class each week. We recommend that you take 15-16 semester hours of appropriate coursework each term in order to graduate in four years. Full-time status is 12 hours and the maximum is 18. As a general rule, you should plan to spend two hours of study time outside class for every hour in class. If you take 16 hours and you follow this general rule, you should spend 48 total hours per week on your academic work!

**Sustainable Living Guide**
The Appalachian community is living our commitment to sustainability and every citizen is an integral part of this commitment and this community. The daily choices you make matter. Together, 20,000-strong, Appalachian has a major impact on our environment, our local economy, and the health of our community. The sustainable lifestyle depicted in this guide is not a mere suggestion, it represents who we are, Appalachian State Mountaineers, leading by example as engaged citizens. Visit sustain.appstate.edu/sustainabilityguide to read the guide and take the pledge.
Syllabus

A syllabus is an outline or summary of a course of study. Each professor provides a syllabus, usually on the first day of class, which outlines for you the areas of study, required texts, extra items needed for the course, conduct policies and other policies such as grading and attendance. Be sure to review the syllabus of each of your courses to ensure that you understand what is expected of you.

Taking Coursework at Another School

Students sometimes attend universities or community colleges in the summer near where they live to earn additional hours towards their degrees. However, before you enroll at another school, you must get approval from the Office of Transfer Services (OTS) and you must be in good academic standing. The courses you plan to take at the other institution must be approved before you enroll in them to ensure that they will transfer back to Appalachian. Students also cannot be concurrently enrolled at Appalachian and at another school without prior approval. To request permission, go to the Office of Transfer Services website (transfer.appstate.edu), click on “Current Students,” and then “Visiting Coursework.”

Technology Support Services

Technology Support Services provides computing service, support, and consultation to the students of Appalachian State University. They are located in room 1022 Anne Belk Hall. Call (828) 262-6266 or visit support.appstate.edu.

Textbook Rental

Appalachian operates a textbook rental program that saves you money. The only books you have to purchase are paperbacks or other supplemental texts required by your professors. All rental textbooks may be picked up in the University Bookstore, top floor, at the beginning of each semester. Call (828) 262-3070 or visit bookstore.appstate.edu and click on “Textbooks.”

Transfer Articulation

The goal of the Office of Transfer Services (OTS) is to ensure that the credit evaluation process for transfer students is seamless and student-friendly. They can answer your questions regarding the transfer of credit and can provide you with resources that will aid in your course selection at other institutions. You can contact a Transfer Credit Evaluator at (828) 262-7877.

Transfer Credit Evaluation

A Transfer Credit Evaluation lists all the courses that you took prior to attending Appalachian and indicates how the courses transfer to the Appalachian curriculum. You may have a transfer credit evaluation that does not include classes in which you are still enrolled or have just finished. If your evaluation still does not include all of your courses, you should contact the Office of Transfer Services at (828) 262-7877. You may need to contact the Registrar at your previous school to request that a complete transcript be sent to Appalachian. You may access the course equivalencies database at transfer.appstate.edu. You can view your credit evaluation in your myApp account or via AppalNet.

Transfer Credit Restrictions

Coursework with a “C” or better from a regionally accredited institution that is comparable to the course offerings at Appalachian State University is acceptable as transfer credit. Appalachian accepts credit under the guidelines of the North Carolina Comprehensive Articulation Agreement. For more information, see “Transfer Credit Policy” at transfer.appstate.edu.
**Tuition Surcharge**

Legislation passed by the NC General Assembly requires a 50% tuition surcharge on:

◊ all credit hours in excess of one hundred and forty (140) when taken as part of student’s first baccalaureate degree; and

◊ all credit hours in excess of one hundred and ten percent (110%) of the number required for a second or subsequent baccalaureate degree.

Included in the calculation of credit hours will be:

◊ all coursework attempted at Appalachian (i.e., courses earned, courses failed, courses repeated, and courses dropped after the UNC system “census” date published in the academic calendar), and

◊ all coursework transferred to Appalachian from any UNC system school or NC community college.

Excluded from the calculation will be:

◊ credit by examination,

◊ advanced placement credit,

◊ all coursework transferred to Appalachian from any private or out-of-state institution before August 15, 2013,

◊ all hours taken during high school,

◊ military credit, and

◊ credit earned through an extension program or during the summer.

(Note: Every baccalaureate degree at Appalachian requires a minimum of 122 credit hours; Appalachian does not offer a baccalaureate degree that requires more than 128 credit hours.) To view this policy online, visit registrar.appstate.edu/students/ tuition-surcharge.

**Waitlisting**

Some course sections will offer a waitlist option that students can sign up for via AppalNet once the section is closed. The purpose of waitlisting is to allow students the ability to more easily monitor courses they need that are closed without having to frequently check back on AppalNet. Visit registrar.appstate.edu for more information about the waitlisting option.
### Course Prefixes

| ACC | Accounting |
|ADM | Apparel Design and Merchandising |
|AMU | Applied Music |
|ANT | Anthropology |
|ARB | Arabic |
|ART | Art |
|AS | Appalachian Studies |
|AST | Astronomy |
|AT | Athletic Training |
|BE | Business Education |
|BIO | Biology |
|BUS | Business |
|CHE | Chemistry |
|CHN | Chinese |
|CI | Curriculum and Instruction |
|CIS | Computer Information Systems |
|CJ | Criminal Justice |
|COM | Communication |
|CS | Computer Science |
|CSD | Communication Sciences & Disorders |
|CTE | Career and Technical Education |
|DAN | Dance |
|ECO | Economics |
|EDL | Educational Leadership |
|ENG | English |
|ENT | Entrepreneurship |
|ENV | Environmental Science |
|ES | Exercise Science |
|FCS | Family and Consumer Sciences |
|FER | Fermentation Science |
|FDN | Foundations of Education |
|FIN | Finance, Banking and Insurance |
|FRE | French |
|GER | German |
|GHY | Geography |
|GLS | Global Studies |
|GLY | Geology |
|GRA | Graphic Arts and Imaging Technology |
|GRD | Graduate Studies |
|GWS | Gender, Women's and Sexuality Studies |
|HCM | Health Care Management |
|HE | Higher Education |
|HED | Health Education |
|HIS | History |
|HON | Honors |
|HOS | Hospitality Management |
|HPC | Human Development and Psychological Counseling |
|IDS | Interdisciplinary Studies |
|IND | Industrial Design |
|INT | Interior Design |
|ITC | Instructional Technology/Computers |
|JPN | Japanese |
|LAT | Latin |
|LAW | Law |
|LIB | Library Science |
|LLC | Languages, Literatures and Cultures |
|LSA | Leadership in School Administration |
|MAT | Mathematics |
|MBA | Master of Business Administration |
|MGT | Management |
|MKT | Marketing |
|MSL | Military Science and Leadership |
|MUS | Music |
|NUR | Nursing |
|NUT | Nutrition |
|PA | Public Administration |
|PE | Physical Education |
|PH | Public Health |
|PHL | Philosophy |
|PHO | Commercial Photography |
|PHY | Physics |
|PLN | Community and Regional Planning |
|POM | Production/Operations Management |
|POR | Portuguese |
|PS | Political Science |
|PSY | Psychology |
|RC | Rhetoric and Composition |
|RE | Reading Education |
|REL | Religious Studies |
|RES | Research |
|RM | Recreation Management |
|RSN | Russian |
|SCM | Supply Chain Management |
|SD | Sustainable Development |
|SNH | Spanish |
|SOC | Sociology |
|SPE | Special Education |
|STT | Statistics |
|SW | Social Work |
|TEC | Technology |
|THR | Theatre |
|UCO | University College |
|US | University Studies |
|WRC | Watauga Residential College |

### Building Abbreviations

| AH | Appalachian Hall |
|AHEC | Watauga Medical Center |
|AOC | Appalachian Off Campus |
|ASM | Appalachian Ski Mountain |
|BH | Belk Hall (Old Library) |
|BEC | Broyhill Events Center |
|BLIC | Belk Library Information Commons |
|BM | Broyhill Music Center |
|BMC | Beasley Media Complex |
|CW | Chapell Wilson Hall |
|DCF | Dutch Creek Farm Valle Crucis |
|DDD | D.D. Dougherty Hall |
|DH | Lillie Shull Dougherty Hall |
|ED | Edwin Duncan Hall |
|EDA | Edwin Duncan Annex |
|ESR | East Hall |
|FFC | Foscoe Fly Fishing Company |
|GH | I.G. Greer Hall |
|GWH | Garwood Hall |
|HCC | George M. Holmes Convocation |
|HW | Herbert Wey Hall |
|JET | John E. Thomas Hall |
|KB | Kidd Brewer Stadium |
|KH | Katherine Harper Hall |
|LLA | Living Learning Academic Center |
|LLR | Living Learning Residential Center |
|NLR | Newland Hall |
|MAB | Miles Annas Building |
|OFH | Owens Field House |
|PH | Peacock Hall |
|PSU | Plemons Student Union |
|QC | Quinn Recreation Center |
|RCOE | Reich College of Education |
|RSN | Rankin Science North |
|RSS | Rankin Science South |
|RSW | Rankin Science West |
|SH | Sanford Hall |
|SRC | Student Recreation Center |
|SW | Smith Wright Hall |
|TCV | Turchin Center for Visual Arts |
|UH | University Hall |
|VG | Varsity Gym |
|WA | Walker Hall |

### Days of the Week Abbreviations

- **M**: Monday
- **T**: Tuesday
- **W**: Wednesday
- **R**: Thursday
- **F**: Friday
- **S**: Saturday
- **U**: Sunday
Get in Touch!

Admissions
admissions.appstate.edu/admitted
admissions.appstate.edu/contact-us
(828) 262-2120

Appalachian and the Community Together (ACT Office)
act.appstate.edu
(828) 262-2545

AppalCART (bus service)
appalcart.com
(828) 297-1300

AppalNet
appstate.edu (click on “AppalNet”)
(828) 262-6266

AppCard/Meal Card
appcard.appstate.edu
(828) 262-6141

Bookstore
bookstore.appstate.edu
(828) 262-3070
1-800-ASU-WEAR (1-800-278-9327)

Career Exploration Office
careerexploration.appstate.edu
(828) 262-2029

Counseling & Psychological Services Center
counseling.appstate.edu
(828) 262-3180

Disability Services
ods.appstate.edu
(828) 262-3056

Financial Aid
financialaid.appstate.edu
(828) 262-2190

Food Services
foodservices.appstate.edu
(828) 262-3061

General Education
generaleducation.appstate.edu
(828) 262-2028

Health Services
healthservices.appstate.edu
After-hours nurse: (828) 262-3100
Appointments: (828) 262-6577
Insurance: (828) 262-7463
Main number: (828) 262-3100
Medical Records: (828) 262-6578

Honors College
honors.appstate.edu
(828) 262-2083

Information/Campus Directory
search.appstate.edu/directory
(828) 262-2000

Library and Information Commons
library.appstate.edu
(828) 262-2186

Office of International Education and Development (Study Abroad)
international.appstate.edu
(828) 262-2046

Office of Student Research
osr.appstate.edu
(828) 262-7655

Office of Transfer Services
transfer.appstate.edu
(828) 262-7877

Orientation & Welcome Weekend
orientation.appstate.edu
(828) 262-2167

Parking and Traffic Department
parking.appstate.edu
(828) 262-2878

Post Office
postoffice.appstate.edu
(828) 262-2242

Registrar’s Office
registrar.appstate.edu
(828) 262-2050

Student Accounts (Billing)
studentaccounts.appstate.edu
(828) 262-2113

Student Conduct
studentconduct.appstate.edu
(828) 262-2704

Student Employment Office
studentemployment.appstate.edu
(828) 262-4099

Tech Support
support.appstate.edu
(828) 262-6266

Testing Services
testing.appstate.edu
(828) 262-6801

University College Academic Advising
advising.appstate.edu
(828) 262-2167

University Writing Center
writingcenter.appstate.edu
(828) 262-3144

University Police
police.appstate.edu
appstatealert.com
(828) 262-2150

EMERGENCY CONTACTS
Fire, Police, and Ambulance
911 (from off campus) or 9-911 (from on campus land lines)
University Police
Emergency: (828) 262-8000

AppState-ALERT is the University’s 24/7 voice and text emergency messaging system.
To register, visit emergency.appstate.edu.
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